

SEPT 18-OCT 1



coop deals

VEG

OUT



american table
local rolled hotcakes
crepe mix

\$4.49

14 oz
reg.
\$5.99



proud source
local sparkling
spring water

\$2.29

25.3 oz
reg.
\$2.79



teton valley
broncos bbq
kettle chips

2/\$9

7 pz
reg.
\$5.49



FRESH and LOCAL SINCE 1973



siete family foods
tortilla chips

\$3.79

7.5 oz
reg.
\$6.29



late july
tortilla chips

\$3.79

10.1 oz
reg.
\$5.49



vital farm
alfresco pasture raised eggs

\$5.99

dozen
reg.
\$7.99



chomps
beef sticks

2/\$4

1.15 oz
reg.
\$2.79



essentia
electrolyte water

\$2.29

50.7 oz
reg.
\$3.29



malk
almond milk

\$4.99

28 oz
reg.
\$7.79



unreal
assorted candy

\$4.49

6 oz
reg.
\$6.99



lakewood
assorted juices

\$7.49

32 oz
reg.
\$10.99



maple hill creamery
grass fed milk

\$6.49

64 oz
reg.
\$8.49



unique
pretzel splits

\$3.79

11 oz
reg.
\$5.29



primal kitchen
avocado oil mayonnaise

\$7.99

12 oz
reg.
\$12.99



oatly
oat milk

\$4.49

64 oz
reg.
\$6.79



pacific natural foods
bone broths

\$5.99

32 oz
reg.
\$8.79



mary's gone crackers
gluten free crackers

2/\$8

6.5 oz
reg.
\$6.29



gt's kombucha
cocoyo yogurt

\$5.49

8 oz
reg.
\$7.99



**WE SOURCE FROM OVER
300 LOCAL VENDORS**



housemade
**local pork
beer brats**
\$5.99/lb

reg-
\$7.99/lb



organic prairie
**summer
sausage**
\$10.99

12 oz
reg-
\$13.39



organic valley
**organic pork &
beef pepperoni**
\$5.49

5 oz
reg-
\$8.49



thomas cattle co.
**local ground
beef**
\$5.99

16 oz
reg-
\$6.99



organic valley
**select organic
cheeses**
\$4.99

6-8 oz
reg-
\$7.49



organic valley
**organic mozzarella
stringles**
\$5.99

8 pk
reg-
\$7.99



farmed fresh
steamer clams
\$6.99/lb

reg-
\$8.99/lb



pacific seafood
**cold water
salad shrimp**
\$8.99

16 oz
reg-
\$10.99



bulk
**organic roasted
& salted pistachios**
\$8.49/lb

reg-
\$10.99/lb



smart chicken
**organic boneless
chicken breast**
\$8.99/lb

reg-
\$10.99/lb



bulk
**salted deluxe
mixed nuts**
\$12.99/lb

reg-
\$17.99/lb



**LOCAL MEANS FROM IDAHO OR WITHIN
150 MILES FROM OUR STORES**



LOOK FOR **YELLOW SALE TAGS** AROUND THE STORE TO FIND EVEN MORE GREAT DEALS!

bitner vineyards
tempranillo
disfrutar

15% OFF!

750 ml
reg.
\$28



matchbook wines
flying feet
cabernet

15% OFF!

750 ml
reg.
\$11.99



chocolove
chocolate
bars

2/\$5

3.2 oz
reg.
\$3.79



lovebird
breakfast
cereals

\$7.49

7 oz
reg.
\$8.99



cascadian farm
organic hash
browns

2/\$8

16 oz
reg.
\$5.69



gt's kombucha
sparkling
ciders

2/\$6

16 oz
reg.
\$3.99



wyld cbd
elderberry cbd
gummies 500mg

\$25.99

20 ct
reg.
\$39.99



life-flo
magnesium
flakes

\$19.99

44 oz
reg.
\$22.99



harmless harvest
organic raw
coconut water

\$3.99

16 oz
reg.
\$5.29



harmless harvest
organic coconut
water

\$7.99

32 oz
reg.
\$10.49



oregon's wild harvest
organic
ashwagandha

\$15.99

90 ct
reg.
\$21.79



oregon's wild harvest
aller-aid

\$17.99

90 ct
reg.
\$23.99



siete family foods
grain free
tortillas

\$7.99

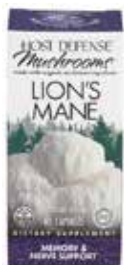
8 pk
reg.
\$10.99



host defense
lion's mane

\$25.99

60 c
reg.
\$31.99



host defense
breathe

\$15.99

30 c
reg.
\$19.99



**BOISE CO-OP
MARKET**

north end • the village
pet supply • wine shop • uncorked!

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