THE FIFTH ANNUAL  
WOMEN IN MEDICINE  
SUMMIT

SEPTEMBER 22-23, 2023

THE DRAKE HOTEL
CHICAGO, ILLINOIS

WIMSummit2019@gmail.com
@WIMSummit
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@WomenInMedicineSummit

#WIMStrongerTogether
WomenInMedicineSummit.org

This is a continuing medical education activity.
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https://cvent.me/4KAgBe
Dear WIMS Attendee,

We are excited to welcome you to the Women in Medicine Summit at the historic Drake Hotel in Chicago!

At WIMS, we are excited to be building a community of empowered women and allies, while providing a contemporary scholarly update presented by highly regarded international experts. This meeting adopts an evidence-based, guideline-driven update of the critical barriers for women in medicine and provides take home skills and toolkits to allow you to develop your own actions plan and strategies to positively disrupt the healthcare systems and structures in your institutions and organizations.

The meeting is designed to allow interaction among participants, including small group breakouts and a networking Poster Reception on Friday, September 22nd at 5:30 – 7:30 PM in the Palm Court followed by the WIM Fashion Show featuring clothing and items from Green Cloud Apparel, Tribal Eyes, Enrico Cuini with Taryn Rose and WIM swag! The Fashion show will be from 7:30 -9:30 pm in the Grand Ballroom.

We hope you enjoy the program. Thank you for attending.

COURSE DIRECTOR
Shikha Jain, MD, FACP
Tenured Associate Professor of Medicine

#WIMStrongerTogether
The Women in Medicine Summit is a certified continuing medical education activity. It has been endorsed and sponsored by national organizations including the ACP, AMWA, ASCO, the Association of Women Surgeons, and many others. The summit is an interactive live CME activity delivered by national and international thought leaders. The 2023 conference is being developed by a steering committee comprised of women from each of the major academic institutions in Chicago, and leaders from national organizations across the country. Our aim is to empower women in medicine and male allies with the tools they need to change the system at their home institutions and in their specialty-specific organizations.

This educational initiative was developed to amplify the lives of women in medicine and work towards gender parity in healthcare through: skill development, action plans, advocacy, professional growth, education and inspiration. The focus of this summit is to unify women physicians and their allies and identify barriers women in medicine face to create action plans that can be executed at both the local and national level.

TARGET AUDIENCE

The target audience of the summit includes women in the medical field, both MD/DO and nurses, other allied health, and men in the healthcare industry who work with women.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be better able to:

1. Exemplify the advancement of women in medicine.
2. Cite evidence-based data and peer reviewed studies relating to gender equity and equality and implicit bias.
3. Analyze the data and research on gender bias and gender equity. Gain the ability to instruct others on the topic.
4. Identify barriers existing for women physicians and create constructive solutions to be implemented for systemic change.
5. Develop skills for career development and tools to help create programming at other institutions.
6. Define strategy to overcome impostor phenomenon syndrome.
7. Describe the differences between sponsorship, mentorship, coaching, and the utility of each.
8. Indicate ways to become involved in advocacy through medicine.
9. Describe the best way to use social media to help further your message, advance your career, gain career satisfaction, and to network.
10. Identify tools to best utilize your voice to work towards meaningful change.

ACCME ACCREDITATION AND CREDIT DESIGNATION

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Illinois College of Medicine at Chicago designates this live activity for a maximum of 15.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFERENCE WI-FI

NETWORK: Drake Meeting
PASSWORD: drakemeeting23

PLANNED BY

MEETING Achievements®
Dr. Shikha Jain is an innovative thought leader in the healthcare leadership space and founder and chair of the Women in Medicine Summit as well as founder and President of the 501©(3) nonprofit Women in Medicine™. She is a board-certified hematology-oncology physician and associate professor of medicine in the Division of Hematology and Oncology at the University of Illinois Cancer Center in Chicago. Dr. Jain is the Director of Communication Strategies in Medicine and the Associate Director of Oncology Communication & Digital Innovation. She is also a founder and the CEO of the 501©(3) nonprofit IMPACT. Dr. Jain’s mentorship and sponsorship have resulted in the advancement of numerous young women and men in medicine across the country. Dr. Jain is a nationally-renowned educator, leader, speaker, and trailblazer in healthcare. She was named one of Medscapes 25 Rising Stars in Medicine in 2020, one of Modern Healthcare’s Top 25 Emerging Leaders in 2019 and was also awarded the Rising Star award by the LEAD Oncology Conference in 2019. She was selected as a ResearchHERS ambassador by the American Cancer Society and was honored by 500 Women in Medicine. Dr. Jain is a TEDx speaker, and a nationally renowned keynote speaker. She has been published in NEJM, PNAS and Nature as well as CNN, USA Today, Scientific American. She is a regular medical contributor to local and national news media and has been appointed to several local and national misinformation task forces, including Committee on Addressing Inaccurate and Misleading Information on Biological Threats led by NASEM and the Department of Homeland Security.
KEYNOTE SPEAKERS

Rana Awdish, MD, MS
Medical Director of Care Experience
Henry Ford Health
Clinical Professor of Medicine
MSU College of Human Medicine

Genein Letford, Med
Creative Chief Officer
CAFFE Strategies, INC

Tiffany Moon, MD
Associate Professor of Anesthesiology
UT Southwestern Medical Center

Megan Ranney, MD, MPH, FACEP
Dean
Yale School of Public Health
Yale University

SPEAKERS

Halleh Akbarnia, MD
Attending Physician of Emergency Medicine
Advocate Aurora Lutheran Medical Center

Vineet Arora, MD, MAPP
Herbert T. Abelson Professor of Medicine
Dean for Medical Education
University of Chicago
Pritzker School of Medicine

Laurie Baedke, MHA, FACHE, FACMPE
Program Director
Assistant Dean of Physician Leadership Education
Creighton University

Hansa Bhargava, MD, FAAP
Chief Medical Officer
Medscape Education

Rakhee Bhayani, MD
Vice Chair for the Advancement of Women’s Careers
Washington University
School of Medicine

Karen Catlin, ScB
Author of Better Allies

Anita Chandrasena, MD
Chief Medical Officer of the Northern California Division
CommonSpirit Health

Serena H. Chen, MD
Founding Partner at the Institute for Reproductive Medicine and Science
Director for the Division of Reproductive Medicine in the Department of Obstetrics and Gynecology
Cooperman Barnabas Medical Center
Clinical Associate Professor
Rutgers NJ Medical School

Laura Desveaux, PhD, PT
Scientific Director
Trillium Health Partners
Institute for Better Health

Shola Ezeokoli, MD
CEO
Balance With Dr. Shola LLC

Carol Faulk, MD
Assistant Professor of Medicine
Washington University
School of Medicine in St. Louis

Barrett Fromme, MD, MHPE
Professor of Pediatrics
University of Chicago
Pritzker School of Medicine

Jessi Gold, MD, MS
Assistant Professor of Psychiatry
Washington University
School of Medicine

Lt. General Mark Hertling, DBA
Adjunct Professor
Strategic Leadership
Crummer School of Business
Rollins College

Amanda Hill, JD
Attorney
Guard My Practice
Hill Health Law

DJ Himstedt, PhD, MS, MBA
Clinical Instructor of Anesthesiology
Faculty Leadership Development
University of Illinois at Chicago

Heather Irobunda, MD
Obstetrician Gynecologist
NYC Health + Hospitals

Brad Johnson, PhD
Professor of Psychology
United States Naval Academy

Kierstin Cates Kennedy, MD, MSHA
Associate Professor of Medicine
University of Alabama at Birmingham

Adaira Landry, MD, Med
Assistant Professor
Harvard Medical School

Kimberly D. Manning, MD
Associate Vice Chair of Diversity, Equity, and Inclusion
Professor of Medicine
Emory University School of Medicine

George Naum, DO
Co-Founder
Best Friends Again LLC

Vanessa Naum, MBA
Co-Founder
Best Friends Again LLC

Shirlene Obuobi, MD
Cardiovascular Fellow
University of Chicago
Pritzker School of Medicine

Avital O’Glasser, MD, FACP, SFHM
Associate Professor of Medicine
Oregon Health & Science University

Lipi Roy, MD, MPH, FASAM
Clinical Assistant Professor
NYU Langone Health

Stella Safo, MD, MPH
Assistant Professor Clinical Medicine
Icahn School of Medicine
Founder, CEO
Just Equity for Health

Arghavan Salles, MD, PhD
Associate Professor of Medicine
Stanford University

Sara Serritella
Lecturer & Faculty Leader of the Science Communication Track
University of Chicago
Pritzker School of Medicine

Diane Shannon, MD, MPH, PCC
Physician Coach and Author
Shannon Coaching for Life

Mark Shapiro, MD
Host & Producer
Explore The Space Podcast

David Smith, PhD
Associate Professor
Johns Hopkins Carey Business School

Disha Spath, MD, FACP
Internal Medicine Physician
Trinity Health

Vidya Sri, MBA
Global Speak Up Coalition

Robyn Tiger, MD, DipABLM
Founder & CEO
StressFreeMD

Monica Vela, MD, FACP
Professor of Medicine
Director of the Hispanic Center of Excellence
University of Illinois
College of Medicine

Angela Christine Weyand, MD
Associate Professor of Pediatrics
University of Michigan Medical School

Stacy Wood
Certified Coach, Founder
Through the Woods Consulting
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<th>Speaker(s)</th>
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<tr>
<td>7:30 pm</td>
<td><strong>STUDENT PRE-CONFERENCE</strong></td>
<td>intra-venue</td>
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<tr>
<td>8:00 am</td>
<td><strong>WELCOME</strong></td>
<td>Gold Coast</td>
<td>Shikha Jain, MD, FACP</td>
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<tr>
<td>8:20 am</td>
<td><strong>KEYNOTE ADDRESS:</strong></td>
<td>Gold Coast</td>
<td>Rana Awdis, MD, MS</td>
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<td><strong>Q&amp;A</strong></td>
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<td><strong>Plenary Session</strong></td>
<td>Gold Coast</td>
<td>Heather Iroabunda, MD</td>
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<td>Gold Coast</td>
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<td>9:40 am</td>
<td><strong>Should I Stay or Should I Go</strong></td>
<td>Gold Coast</td>
<td>Monica Vela, MD, FACP</td>
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<td>10:40 am</td>
<td><strong>Beyond the Struggle: Advocacy in Healthcare Delivery</strong></td>
<td>Gold Coast</td>
<td>Stella Safo, MD, MPH</td>
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<td><strong>Q&amp;A</strong></td>
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<td><strong>Allyship in Action: Getting Men to the Table</strong></td>
<td>Gold Coast</td>
<td>Brad Johnson, PhD</td>
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<td>Moderated by: Karen Catlin, ScB</td>
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<td>11:50 am</td>
<td><strong>Break</strong></td>
<td>Gold Coast</td>
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<td>12:00 pm</td>
<td><strong>ABSTRACT LUNCH</strong></td>
<td>Georgian Room</td>
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<td><strong>GENERAL LUNCH</strong></td>
<td>Grand Ballroom</td>
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<td><strong>STATE OF WOMEN’S HEALTH LUNCH</strong></td>
<td>Camellia Room</td>
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<tr>
<td>1:00 pm</td>
<td><strong>Professional Career Development:</strong></td>
<td>Drake Balcony</td>
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<td>2:00 pm</td>
<td><strong>SESSION 2</strong></td>
<td>Gold Coast</td>
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<td>2:50 pm</td>
<td><strong>SESSION 3</strong></td>
<td>Huron Room</td>
<td>Lipi Roy, MD, MPH, FASAM</td>
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<tr>
<td>3:00 pm</td>
<td><strong>SESSION 4</strong></td>
<td>Superior Room</td>
<td>Diane Shannon, MD, MPH, PCC</td>
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<td>3:50 pm</td>
<td><strong>ADJOURN</strong></td>
<td>Huron Room</td>
<td>Laura Desveaux, PhD, PT</td>
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<tr>
<td>4:00 pm</td>
<td><strong>SESSION 5</strong></td>
<td>Superior Room</td>
<td>Amanda Hill</td>
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<td>4:50 pm</td>
<td><strong>SESSION 6</strong></td>
<td>Gold Coast</td>
<td>Tiffany Moon, MD</td>
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<td>5:00 pm</td>
<td><strong>Closing Remarks</strong></td>
<td>Palm Court</td>
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<td>5:30 pm</td>
<td><strong>Poster Walk, Cocktails, Book Signing &amp; Networking</strong></td>
<td>Palm Court</td>
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<td>7:30 pm</td>
<td><strong>EVENING ACTIVITIES</strong></td>
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<td>6:30 am</td>
<td>Stress Less, Thrive More!</td>
<td>Camellia Room</td>
<td>Robyn Tiger, MD, DipABLM</td>
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<td>7:00 am</td>
<td>Registration</td>
<td>Drake Room</td>
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<td>Continental Breakfast &amp; Exhibits</td>
<td>French Room</td>
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<td>8:00 am</td>
<td>Welcome</td>
<td>Gold Coast</td>
<td>Shikha Jain, MD, FACP</td>
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<td>Megan Ranney, MD, MPH, FACEP</td>
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WOMEN IN MEDICINE SUMMIT
AN EVOLUTION OF EMPOWERMENT
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The course directors, planners and faculty of this activity have the following relevant financial relationships to disclose:

Laurie Baedke, MHA, FACHE, FACMPE, Royalty: Book, American College of Healthcare Executives, Health Administration Press
Hansa Bhargava, MD, FAAP, Consultant to: Freespira and Cognoa
Karen Catlin, Speaker for: Biogen and Genentech
Lt. General Mark Hertling, DBA, Speakers Bureau for: All American Entertainment Speakers Bureau, Consultant to: Leadership Instructor, Health First; CNN Military Analyst
Jessica D. S. Himstedt, PhD, MS, MBA, Speakers Bureau for: Women In Medicine, Consultant to: Women in Medicine Leadership Accelerator and Basil Consultants, Grant/Research Support from: University of Chicago
Shikha Jain, MD, FACP, Consultant to: Healio, Grant/Research Support from: NIH Leadership Development
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Heather Abraham, MD
Rebecca Batnett
Sarah McNeily
Pooja Sing, MD
1. Exploring the Role of Biological Sex, Estrogen, and Social Determinants in Chronic Kidney Disease and COVID-19 Outcomes: A Retrospective Study
   PRESENTER: Margo Mekjian

2. Gender Based Differences in Vaccine Hesitancy Amongst Healthcare Workers in a Tertiary Hospital in India
   PRESENTER: Anmol Goyal

3. A Case of Postpartum Angiopathy
   PRESENTER: Whitney Dawson

4. Unlocking the Gaze and Gait: A Tale of Percheron Syndrome and Stroke Rehabilitation
   PRESENTER: Ravi Tummala

5. Obstetric Outcomes in Syrian Refugees Seeking Asylum in Turkey: A Systematic Review
   PRESENTER: Kally Dey

6. “Little Streams Make Big Rivers” – Creating a Diversity Pipeline Pilot Program for a Midwest Radiology Residency Program
   PRESENTER: Yolanda Shaw

7. Gender Trends in Dermatology Research Published in India
   PRESENTER: Meghana Bhatari

8. Gender-Based Behavioral Differences Towards COVID-19 and Preventive Protocols: A Narrative Literature Review
   PRESENTER: Meghana Bhatari

   PRESENTER: Yasmin Dias

10. Diversity-Driven Initiatives in a Radiology Residency Program: A Historical Timeline and Analysis of Demographic Changes
    PRESENTER: Rylee Friel

11. Student and Physician Perceptions of How Overturning Roe Affects Their Location Preferences for Training and Practice: An Inductive Analysis of Survey Free Response Answers
    PRESENTER: Morgan Levy

12. Costs of Family-Building in Physicians and Medical Students
    PRESENTER: Morgan Levy

13. Paying it Forward: Assessing the impact of nominating deserving women for awards on confidence level and future behavior of nominees
    PRESENTER: Julie Oyler

14. Gender Gap in Industry Relationships – Alexandra Rogers

15. Exploring Disruption Score and Gender Disparities in Dermatologic Literature: A Bibliometric Analysis
    PRESENTER: Olivia Negris

    PRESENTER: Kally Dey

17. A disproportionately high percentage of women chose to write op-eds and had op-eds published
    PRESENTER: Alexandra Beem

    PRESENTER: Carly Tymm

19. Retention and Promotion in Academic Medicine: Understanding the Perspectives and Experiences of Mid-Career Women Faculty
    PRESENTER: Kait Macheledt

20. The depiction of miscarriages on television shows: How Representative of the patient population are they?
    PRESENTER: Youstina Abdallah

21. Gender-Based Trends of Neuroscience Research Projects in Rural Appalachia
    PRESENTER: Maghan Kuzmic

22. Attitudes, Trends, and Complications of Pregnancy Amongst Female Orthopaedic Residents and Attendings
    PRESENTER: Nazanin Kermanshahi

23. Group Coaching Program for Physician Moms: Pilot Program
    PRESENTER: Yara Mikhaili-Demo

24. Filling in the Gaps: Intimate Partner Violence from a Youth Perspective – Farah Hashim

25. Perceived Barriers in Accessing Hormone Replacement Therapy for the Management of Perimenopausal and Menopausal Symptoms, a Cross-Sectional Study
    PRESENTER: Lillya Roldan

26. The association of hypertensive disorders of pregnancy in an NTSV population and extended postpartum follow-up
    PRESENTER: Monique Holod

27. Integrating the care of sexual assault survivors into an Emergency Medicine residency curriculum: Themes from the residents’ perspective
    PRESENTER: Jennifer Chen

28. Investigating Baseline Characteristics, Triggers, and Mortality Outcomes in Takotsubo Syndrome and Spontaneous Coronary Artery Dissection - A Systematic Review and Meta-analysis
    PRESENTER: Preksha Shah

29. Initial evaluation of pelvic organ prolapse in the emergency department: A retrospective study
    PRESENTER: Angela Rutkowski

30. Enrollment of Women in Clinical Trials on Anti-Hypertensives: A review of literature in the last 25 years
    PRESENTER: Puneet Anand

31. Understanding the Underrepresentation of Women in Clinical Trials For Alzheimer’s Disease
    PRESENTER: Vyshnavy (Vee) Balendra

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    PRESENTER: Madhurima Chaudhuri

33. Fertility Awareness is Decreased Amongst Medical Trainees Due to Lack of Formal Education
    PRESENTER: Hayden Hartman

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    PRESENTER: Michaela Juels

35. A Novel National Student-Led Sex- and Gender-Based Education Initiative: Closing the Gap in Medical School Curricula
    PRESENTER: Monica Ybarra

36. The Impact of Gender on Surgical Performance in Wedge Osteotomies
    PRESENTER: Michaela Juels

37. Investigating Sex and Gender Differences in Morbidity and Mortality Related to Surgical Complications: A Comprehensive Review
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    PRESENTER: Nia Khalifa

40. A Unique Case of Female Hyposexual Disorder and Cerebellar dysfunction
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41. Early Breast Cancer Detection: A Case For Screening Mammography
    PRESENTER: Mehrzad Manouchehr-Pour

42. Successful mechanical percutaneous thrombectomy in pregnant patient with massive pulmonary embolism and subsequent uncomplicated full term vaginal delivery
    PRESENTER: Leshae Cenac

43. Role reversal: Case report on multiple sclerosis for a physician in obstetrics and gynecology
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