

Instead of:  
 "you guys"  
 "ladies"  
 "ma'am"  
 "everybody"  
 "people"  
 Try:  
 "you"  
 "y'all"  
 "folks"

**AVOID ASSUMPTIONS!!**

GENDER EXPRESSION  
 is how we express our gender. It can be a mix of traditional gender roles or totally outside the world of gender roles. It can be a unique expression that feels right to us. Our gender expression does not have to match our sex assigned at birth or our gender identity.

SEXUAL ORIENTATION

is separate and distinct from gender identity please avoid assuming someone's sexual orientation based on their identity, sex at birth, gender expression or pronoun!

CIS GENDER

is gender identity that aligns with sex assigned at birth.

TRANS GENDER

people's gender identity and/or expression does not align with sex assigned at birth.

SEX ASSIGNED AT BIRTH:  
 is the genitalia and body we were born into and how people labelled it. This does not define our gender!  
GENDER IDENTITY:  
 is how we identify within our own being, who we inwardly know ourselves to be. This could be non-binary, female, gender fluid, male, gender queer and more. For engagement with it could be fun-apart as well. We do not "choose" our gender identity. It is an intrinsic part of our essential being.

PRONOUNS

one cannot guess someone's pronoun just by looking at them. Avoid assuming someone's gender based on appearance.

PLEASE ASK: "What is your pronoun?"

PLEASE EFFORT: to use this pronoun and if you forget, as we all do sometimes, please correct the mistake and move on. Excuses and dramatic lamenting make things worse. Possible pronouns: they/their/them, she/her, zie/zim/zir, he/him...



TRANS PEOPLE NEED SUPPORT

What might seem a little awkward to you, such as using a pronoun you are not used to or taking the time to ask someone's pronoun instead of assuming, could possibly save a life and very likely will contribute to the well-being of someone who is marginalized and has probably experienced a lot of abuse and oppression for being who they are!

non-binary genders are not a new concept!! from ancient times up to present, cultures all over the world have understood and embraced the truth!

TWO GENDERS!! THERE ARE MORE THAN

**GENDER LIBERATION**

A MINI GUIDE TO HONORING PEOPLE OF ALL GENDERS by Keath Silva

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