

THE OREGON INTERSCHOLASTIC CYCLING LEAGUE PRESENTS

RACE #3

CASCADE CHALLENGE

SEPT 21 - SOUTH CONFERENCE
SEPT 22 - NORTH CONFERENCE



WWW.OREGONMTB.ORG

START TIMES

SHOW UP 15 MIN BEFORE YOUR WAVE STARTS

Category	Race Plates	Start Time	Laps w. Bonus	Bonus Lap Cut-Off Time	Approx. Mi.
WAVE 1					
MS3 Boys	3000	8:30	2	8:56	6
MS2 Boys	2000	8:32	2	8:58	6
MS1 Boys	1000	8:34	2	9:00	6
WAVE 2					
Varsity Girls	50	9:45	4	11:03	12
HS3 Girls	100	9:45	4	11:03	12
HS2 Girls	200	9:45	3	10:37	9
HS1 Girls	700	9:45	3	10:37	9
MS3 Girls	6000	9:48	2	10:14	6
MS2 Girls	5000	9:48	2	10:14	6
MS1 Girls	4000	9:48	2	10:14	6
WAVE 3					
Varsity Boys	10	11:30	4	12:48	12
HS3 Boys	300	11:30	4	12:48	12
HS2 Boys	500	11:32	3	12:24	9
HS1 Boys	800	11:34	3	12:26	9

PRE-RIDING TIMES

RACE PLATES REQUIRED FOR PRE-RIDING!

FRIDAY: 3-5:30, **GRIT RIDE AT 4:30**

SATURDAY: 7-8AM AND 3:30-5:30PM, **GRIT RIDE AT 4:30**

SUNDAY: 7-8AM

THERE IS NO PRE-RIDING ALLOWED OUTSIDE OF THESE TIMES.



WE ACKNOWLEDGE THAT THESE EVENTS OCCUR ON THE TRADITIONAL HOMELANDS OF THE CAYUSE, UMATILLA, WALLA WALLA, MOLALLA, AND KLAMATH

REGISTRATION

There is no on-site registration. Students must register online.

Race Plates

Number plates can be picked up at the registration/merch tent on Friday-Sunday. Each athlete is assigned a number plate for the season. You will be using the same race plate (your race number) for your bike for the whole season. If you lose it, you can get another one for \$10 at the merchandise booth. Coaches, parents, and student-athletes can pick up race plates.

VOLUNTEERS

Our races wouldn't be what they are without our incredible volunteers! If you have a couple hours to spare and want to help make this race happen, sign up online or on-site at the volunteer tent (next to registration). From course marshaling to finish line support to helping stage our riders, we can use your help!

DIRECTIONS & PARKING

Address: Mt Bachelor Ski Resort, 13000 SW Century Dr, Bend OR
This event will be staged from Mt. Bachelor Ski Resort. Follow directions to the resort and you'll find us!

Parking

Our Oregon League staff will help you park in the designated parking areas. Handicapped parking will be available. Please allow ample time to get into the venue.

WHILE YOU'RE VISITING

If you're looking for more fun to get into, check out the other activities at Mt. Bachelor while you visit! Guided Zip Tours, Scenic Chairlift Rides, Downhill Mountain Bike Park, Disc Golf and more await!

COACH MEETING

Saturday and Sunday at 7:45am

Coaches, this is where you'll get info about the race day, such as risk management, race conditions, and anything else of importance to mention. Sometimes we have to make changes due to weather or other circumstances, so it's important you're at the meeting to keep your team and riders informed! Meet near the registration tent.

CAMPING AND LODGING

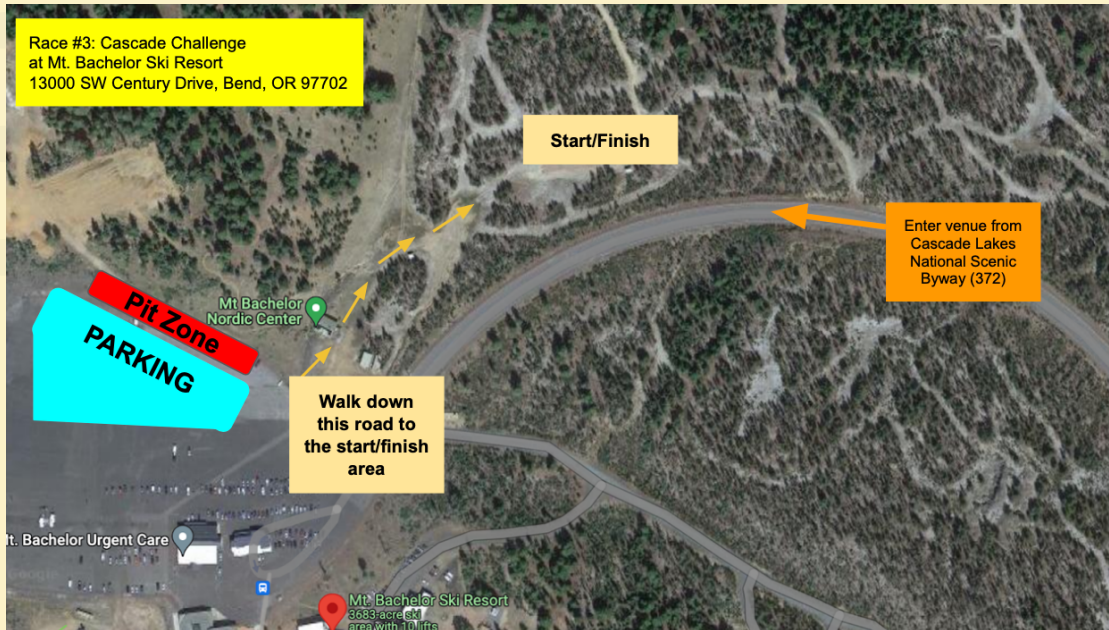
1. Onsite at Mt. Bachelor: RVs allowed at venue. NO TENT CAMPING.
2. Kapka Sno-Park: Dispersed camp sites <10 miles from venue
3. Airbnb options - Various within and outside of town
4. Hotels - Various within town

WANOGA SNO PARK IS NOT OPEN FOR CAMPING

OTHER IMPORTANT NOTES

- Please don't smoke in the team pit or infield areas
- No inappropriate language is allowed in team pit or infield areas
- Any conflicts and/or disputes with any race official or volunteer shall not be dealt with in the team pit area. Violation of this will result in team penalty and/or expulsion from team pit and infield area.
- No gasoline generators and no open fires on property.
- Keep dogs on leashes and clean up after your dogs.
- Pack out all trash. There is no on-site dumpster for refuse.

PARKING AND PIT ZONE



COURSE PREVIEW

The previous course we've used before can be found [here](#).

We may use this course - or mix it up! The course will be set and ready for pre-ride on Friday, 9/4. Either way, if you pre-ride the previous course we've used, you'll have a good idea of the trails and terrain.



WE LOOK FORWARD TO AN EXCITING AND
FUN WEEKEND WITH YOU!
IF YOU HAVE ANY QUESTIONS, SEND THEM TO
HEATHER@OREGONMTB.ORG