

100 Most Inspiring Books

Chosen by Jessica Tudos

A

Am I Overthinking This? Over-answering Life's Questions in 101 Charts

The Antarctic Book of Cooking and Cleaning: A Polar Journey

The Art of Gathering: How We Meet and Why It Matters

The Art of Non-Conformity: Set Your Own Rules, Live the Life You Want, and Change the World

The Art of Noticing : 131 Ways to Spark Creativity, Find Inspiration, and Discover Joy in the Everyday

The Art of Possibility: Transforming Professional and Personal Life

Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones

B

Beautiful Oops

The Beautiful No: And Other Tales of Trial, Transcendence, and Transformation

The Beauty of Different: Observations of a Confident Misfit

The Big Leap: Conquer Your Hidden Fear and Take Life to the Next Level

Big Magic: Creative Living Beyond Fear

Bitter with Baggage Seeks Same

The Bodacious Book of Succulence: Daring to Live Your Succulent Wild Life

Body of Work: Finding the Thread that Ties Your Career Together

Book of Beautiful Questions: The Powerful Questions That Will Help You Decide, Create, Connect, and Lead

Broken Places & Outer Spaces: Finding Creativity in the Unexpected

Building a Storybrand: Clarify Your Message So Customers Will Listen

Burnout: The Secret to Unlocking the Stress Cycle

C

Checklist Manifesto: How to Get Things Right

The Confidence Code: The Science and Art of Self-Assurance - What Women Should Know

Contagious: Why Things Catch On

The Crossroads of Should and Must: Find and Follow Your Passion

Curious: The Desire to Know and Why Your Future Depends On It

D

Dare to Lead & Daring Greatly

Darling, You Can't Do Both

Do Less: The Unexpected Strategy for Women to Get More of What They Want in Work and Life

Drop the Ball: Achieving More by Doing Less

E

Educated

Essentialism: The Disciplined Pursuit of Less

F

The Four Agreements: A Practical Guide to Personal Freedom

From Shitshow to Afterglow - Putting Life Back Together When It All Falls Apart

G

Get Unstuck and Get Going...on the stuff that matters

Getting Things Done: The Art of Stress-Free Productivity

The Griffin and Sabine - trilogy

Growing Gills: How to Find Creative Focus When You're Drowning in Your Daily Life

H

The Happiness Project + Outer Order Inner Calm

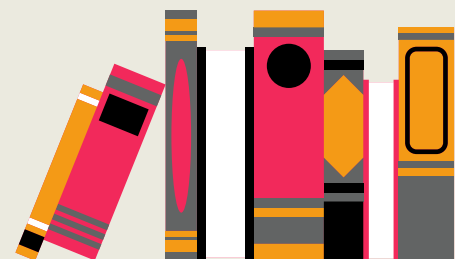
Hold On, But Don't Hold Still: Hope and Humor from My Seriously Flawed Life

Hope for the Flowers

How to Be a Better Person: 400+ Simple Ways to Make a Difference in Yourself - And the World

How to be everything : a guide for those who (still) don't know what they want to be when they grow up

How Your Story Sets You Free



I

I Know How She Does It: How Successful Women Make the Most of Their Time
Important Artifacts and Personal Property from the Collection of Lenore Doolan and Harold Morris, Including Books, Street Fashion, and Jewelry

The In-Between: Embracing the Tension Between Now and the Next Big Thing

J

The Journey is the Destination: The Journals of Dan Eldon

Joyful: The Surprising Power of Ordinary Things to Create Extraordinary Happiness

Just Who Will You Be?: Big Question. Little Book. Answer Within.

K

Keep Going: 10 Ways To Stay Creative in Good Times and Bad

Kika the Upside-Down Girl

Known: The Handbook for Building and Unleashing Your Personal Brand in the Digital Age + Marketing Rebellion: The Most Human Company Wins

L

The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing

The Life Organizer: A Woman's Guide to a Mindful Year + Why Bother

Life Reimagined: The Science, Art, and Opportunity of Midlife

Lots of Candles Plenty of Cake: A Memoir of a Woman's Life

Love People Use Things: Because the Opposite Never Works

M

Make Space: How to Set the Stage for Creative Collaboration

Maybe You Should Talk to Someone: A Therapist, Her Therapist, and Our Lives Revealed

Mind Gym: Achieve More by Thinking Differently

Mom Inc.

N

The More of Less: Finding the Life You Want Under Everything You Own

Normal Sucks: How to Live, Learn, and Thrive, Outside the Lines

O

On Being Human: A Memoir of Waking Up, Living Real, and Listening Hard

The One Thing: The Surprisingly Simple Truth About Extraordinary Results

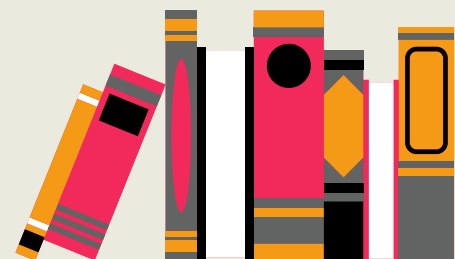
Organizing for Creative People: How to Make Sure Chaos Never Holds Your Creative Career

Organizing from the Inside Out & Time

Management from the Inside Out

Originals: How Non-Conformists Move the World

Outliers: The Story of Success



P

The Passion Paradox: A Guide to Going All In, Finding Success, and Discovering the Benefits of an Unbalanced Life

Picture This: The Near-Sighted Monkey Book

Plain and Simple: A Woman's Journey to the Amish

The Power of Why

The Practice

The Practicing Mind: Developing Focus and Discipline in Your Life | Master Any Skill or Challenge by Learning to Love the Process

The Priority List: A Teacher's Final Quest to Discover Life's Greatest Lessons

The Productivity Project: Accomplishing More by Managing Your Time, Attention, and Energy

R

Range : Why Generalists Triumph in a Specialized World

Refuse to Choose: Use All of Your Interests, Passions, and Hobbies to Create the Life and Career of Your Dreams

Release: Create a Clutter Free and Soul Driven Life

S

Spilling Open - The Art of Becoming Yourself

Steal Like an Artist: 10 Things Nobody Told You About Being Creative + 2 follow ups

Strength Switch: How The New Science of Strength-Based Parenting Can Help Your Child and Your Teen to Flourish

T

This Is Not the Story You Think It Is...: A Season of Unlikely Happiness

This Messy Magnificent Life: A Field Guide

The Three Questions (Based on a story by Leo Tolstoy)

Thrive: The Third Metric to Redefining Success and Creating a Life of Well-Being, Wisdom, and Wonder

To Sell Is Human: The Surprising Truth About Moving Others

U

Unlearn: 101 Life Lessons Without the Bullshit

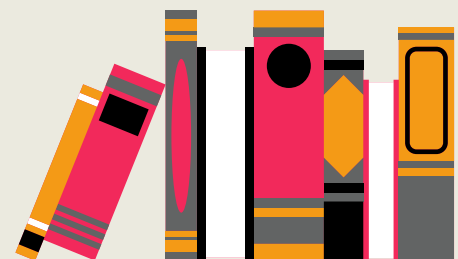
Unplug: A Simple Guide to Meditation for Busy Skeptics and Modern Soul Seekers

Untamed + Love Warrior

The Untethered Soul - The Journey Beyond Yourself

V

V is for Vulnerable: An Alphabet for People Who Want to Make a Difference



W

We Are the New Radicals: A Manifesto for Reinventing Yourself and Saving the World

The War of Art

What Makes Olga Run?: The Mystery of the Ninety-Something Track Star Who Is Smashing Records and Outpacing Time, and What She Can Teach Us About How to Live

What's Your Enneatype? An Essential Guide to the Enneagram: Understanding the Nine Personality Types for Personal Growth and Strengthened Relationships

Wild: From Lost to Found on the Pacific Crest Trail

WOLFPACK: How to Come Together, Unleash Our Power, and Change the Game

Women & Passion

Wouldn't Take Nothing For My Journey Now

Y

Year of Yes: How to Dance It Out, Stand In the Sun and Be Your Own Person

You Are A Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life



Hi, I'm Jessica.

I help ambitious, multi-passionate people bring their ideas and projects to life, mindfully, creatively, and productively.

As a catalyst for purposeful action-taking, I draw from my background as a life design coach, mindful organizer, edupreneur, author, and Olympian to help creators, educators, entrepreneurs, and thought leaders like you achieve your goals.

I hope you enjoyed this carefully curated list of 100 inspiring books!



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