

INTRODUCING DISABILITY TO YOUR CHILD



DID YOU KNOW?



1 in 5 in the world identify as having a disability. Disability is another form of human diversity.



The conversation and education about disability starts at home. Using the "We Belong Together Puzzle" is a great way to begin this dialogue with your child.



There are several categories of disability.

- Mental Illness
- Intellectual and Developmental Disability
- Invisible and Undiagnosed disabilities
- Physical Disability
- Sensory Disabilities

KEY INFORMATION ABOUT DISABILITY FOR KIDS



DISABILITY IS NOT SCARY

Disability is not bad, sad, or scary! A disability is not contagious, or something you can catch. Some people are born with a disability and some people can become disabled during their life.

DISABILITY IS PART OF HUMAN LIFE

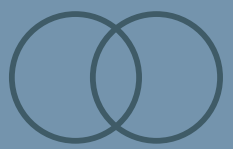


Disability is a form of human diversity, or what makes us different as humans! There are many things that make us different as humans, like our skin color, ability, religious beliefs, and more.

TYPES OF DISABILITY 

Not all disabilities are the same! A visible disability is one you can see by looking at a person. Ex: a person who uses a wheelchair has a visible disability. An invisible disability is one you cannot see by looking at a person. Ex: somebody who has a learning disability, or uses different tools or supports to learn.

WE ARE SIMILAR AND DIFFERENT



ALL people are different from one another, but having a disability does not make you MORE different. Every human has differences in how they look, think, move their body, or communicate.

LEARNING EACH OTHERS' STORIES



DON'T JUDGE A BOOK BY ITS COVER!



Don't judge or guess what a person can or cannot do based on how they look, move, or communicate.

? IT'S OKAY TO ASK QUESTIONS! ?

Curiosity is good and you should try to learn more about disability. If you want to ask a disabled person a question, say, "Is it ok if I ask you about..." first.

JUST SAY HI! 

The best way to learn about a person is to start a conversation! Say hi! Ask a question or ask the person to play!