

# SHADOW LAKE LODGE

— est. 1928 —

## SUMMER PACKING LIST

Shadow Lake Lodge is located in the backcountry of Banff National Park, 14 kilometres (eight miles) from the nearest road so you should plan accordingly. Even if the weather forecast calls for warm, sunny weather, be prepared for a variety of weather conditions.

As the only way to reach our lodge is by hiking or biking, pack as lightly as possible. Comfortable clothes for hiking, a rain jacket, a sweater, and comfortable hiking boots are all essential, along with the suggested items:

- Daypack
- Packed lunch & snacks for the trail in
- Rain gear
- Hat/Gloves
- Shorts/long pants
- Extra socks & layers
- Indoor Footwear (slippers, flip flops, etc.)
- Sunglasses with UV protection
- Sunscreen and lip balm
- Insect repellent
- Bear Spray
- Binoculars
- Blister bandages
- Camera or Phone for pictures
- Water Bottle
- Personal Toiletries (we provide environmentally friendly soap and shampoo)
- Masks (and other PPE you'd like to utilize during your stay)

\*All bedding and towels are supplied

Shadow Lake Lodge is a licensed facility offering beer and a selection of fine wines, so that you can enjoy a beverage post-hike!