

How to join

You will need to complete a membership form and bring with you proof of address/ID.

Membership forms can be requested by emailing

FSSouthernCentral@fareshare.org.uk

or access your local organisation and they will be able to give you a paper copy.

When completed your application needs to be returned to FareShare Southern Central, Unit 1 Sunset Business Park, Totton, SO40 3WX

We will then contact you to let you know if your application has been successful and when you can start coming to the Totton Food Larder.

How to join

**Just turn up any Friday
between 1.30pm and 3pm at
Avonway Community Centre.
36 Shaftesbury Street
Fordingbridge SP6 1JF**

PRIVACY STATEMENT

In line with GDPR your details will be kept by FareShare, and will not be shared with any other 3rd party.

Unless you have indicated that, you wish the Citizen Advice Bureau to contact you.

This is a requirement of our compliance procedure. Further information upon request.



LARDER



Helping the local
community with store
cupboard and fresh
items

The **Larder** is a membership scheme aimed at helping people make their money go further by reducing food shopping bills.

For a set weekly membership fee the local community can have access to a variety of tinned products as well as fresh fruit and vegetables and chilled items.

It is a community larder run by volunteers.



Membership Options

Membership options are based on the size of your household. Membership fees need to be paid weekly in cash.

Single person

£2.50 per week

10 products per week including some fruit and vegetables, dependent on stock levels

Two person household

£3.50 per week

15 products per week including some fruit and vegetables, dependent on stock levels

Family (more than two)

£5 per week

25 products per week including some fruit and vegetables, dependent on stock levels

How it works

Your bag will be prepared in advance - we will strive to offer a variety of products that can be used to make up a meal or top up your cupboards or fridge.

It is estimated that your bag will have an average of £10-£15 worth of food (dependent on household size).

A typical bag can include pasta, rice, coffee, tea bags, tinned meats, tinned fish, tinned desserts, soups, along with fresh fruit and vegetables.

It may also include a fridge product such as raw or cooked meat and dairy items. For this you will need to bring an insulated cool bag with you and sign to confirm that you are monitoring your fridge and freezer temperatures a

