

Our Mission

The **We Got Us Empowerment Project** is a grassroots collective of Black community members, health professional students, college students, high school youth, health professionals, and allies dedicated to informing our communities about COVID-19 and increasing access to the vaccine for our communities.

Our Pillars

1. **Empowerment through Education**
2. **Convey not Convince**
3. **Prioritize Public Health**

What We Offer

- **Empowerment Sessions:** Our team offers **free** informational sessions about COVID and the vaccine for community organizations and groups nationally (youth sessions available).
- **Community engagement:** Our coalition of 50+ students do weekly community engagement (canvassing, phone banking, community events, panels, etc.) Check out our website to see where we'll be next!
- **Community Collective Directory:** Visit our online directory to find a health provider to come speak to your community about the vaccine (various languages available)
- **Resources:** Our online resource collection has over 20+ websites and social media resources for you to access info about COVID.

For more info visit wegotusproject.org

Follow us [@wegotusproject](https://www.instagram.com/wegotusproject)



FAQs

Are the vaccines safe?

Yes, the COVID-19 vaccines are **safe and effective!** These vaccines meet the same safety standards as all other approved vaccines.

What are common side effects?

Common side effects include pain and swelling in the arm where you received the shot. You may also experience fever, chills, tiredness, and headache. These are all normal signs your body is building protection.

How much does it cost to get the vaccine?

The COVID-19 vaccines are free for everyone! You also do not need insurance to receive the COVID-19 vaccine.

Why should I get a vaccine?

While some may only have mild symptoms from COVID-19, others may get severe symptoms that could lead to death. Even if you don't have symptoms, you could be infected with COVID-19, and unknowingly spread it to your family, friends, and others around you. The vaccine is one tool for protection.

How do the vaccines work?

The COVID-19 vaccines teach your body to recognize the virus by building up antibodies and protect you in case you are exposed without getting the illness.

Source: CDC <https://www.cdc.gov/vaccines/covid-19/index.html>



A COMMUNITY
EMPOWERMENT
PROJECT

COVID Vaccine Information

Vaccine Info

Approved vaccines are Pfizer (2 shots), Moderna (2 shots), and Johnson & Johnson (1 shot):

PFIZER	MODERNA	JOHNSON & JOHNSON
MRNA	MRNA	Viral vector
2 doses (21 days apart)	2 doses (28 days apart)	1 dose
95% effective after second dose	94.1% effective after second dose	66% effective overall*
Approved for individuals 16+	Approved for individuals 18+	Approved for individuals 18+

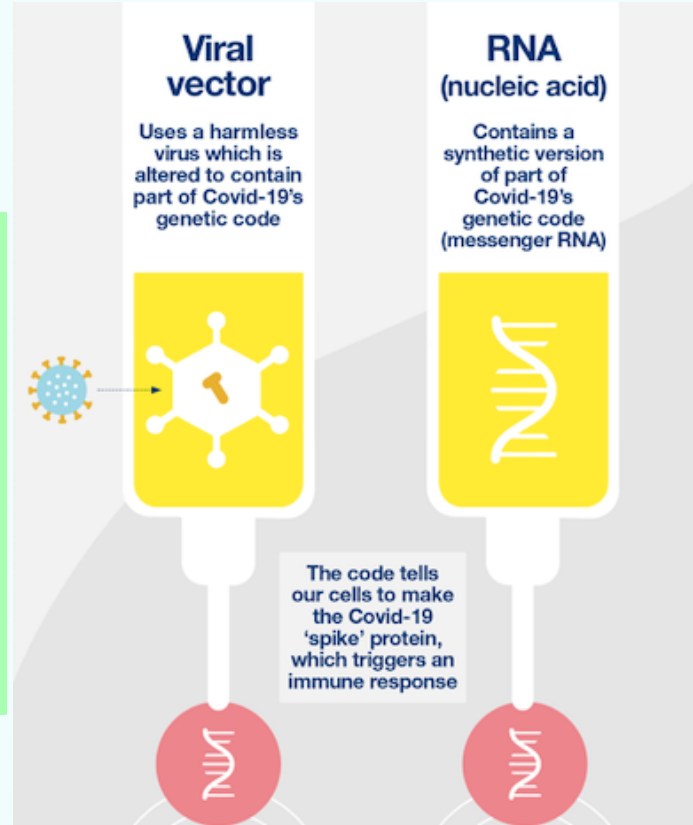
Why should I get both doses of the Pfizer and Moderna shot?

Pfizer's vaccine can be up to 52.4% effective and Moderna's vaccine can be up to 80% effective after the first dose. The second dose's effectiveness increases to approximately 95% which means that it protects you significantly more than the first dose alone. **Both these vaccines are 100% effective at preventing death.**

Can I get COVID after the first dose?

Yes, this is possible if you are exposed prior to or soon after your first dose. Antibodies start developing 7 days after your first dose. Full protection occurs 14 days after the second dose. Therefore following public health guidelines is key!

Sources: <https://nurse.org/articles/pfizer-vs-moderna-covid-19-vaccines/>
<https://wexnermedical.osu.edu/blog/what-if-you-need-to-delay-your-second-covid-vaccine-shot>



Source: <https://wellcome.org/news/what-different-types-covid-19-vaccine-are-there?>

What is the 1 dose shot?*

Johnson & Johnson's single dose vaccine is FDA approved. Johnson & Johnson's vaccine is 66% effective overall, 72% effective in the US and is 85% effective against severe illness. **The Johnson & Johnson vaccine is also 100% effective at preventing death.**

What's mRNA?

Messenger RNA or mRNA, are a normal component of our bodies and contain genetic information that provides instructions to our bodies to make the proteins we need to function and protect us from infection.

Source: Johnson & Johnson <https://rb.gy/njnqq1>
 CDC <https://www.cdc.gov/vaccines/covid-19/index.htm>

Get Vaccinated!

STEP 1: Visit mass.gov/COVIDvaccine

STEP 2: Find your eligibility group and estimated timeline for your eligibility. Pre-registration is also available regardless of vaccine eligibility status.

If you are eligible.

STEP 3: Find a COVID-19 vaccine location and sign-up!

Vaccination sites across Massachusetts are available, including sites like Walgreens and CVS pharmacies. Locations are constantly being updated so continue to visit the website above for more info. Most importantly remember that **public health precautions are our #1 tool to stop the spread of COVID**, so please continue to do the following even after you get your vaccine :

1. **Wear a mask in public spaces**
2. **Wash and sanitize your hands often**
3. **Maintain social distance and avoid large gatherings**

If you would like more information or would like to get connected with our team, contact us at info@wegotusproject.org.

