

WHAT TO BRING

TOILETRIES & PERSONAL ITEMS

- Refillable water and coffee/tea container!
We do not allow single use water bottles
- Pencil and notebook
- Protective sunblock (SPF 30 or higher—no oil or sprays)
- Insect repellent
- Toiletries (shampoo, soap, toothpaste, etc.)
- Motion Sickness Medicine (if motion sickness has been a problem)
- Medication
- Sunglasses
- Camera



CLOTHING & LINENS

- 2 Towels (one for shower, one for boat—bring small ones, they dry faster!)
- Personal clothing and swimwear
- Old T-shirts or rash guard for snorkeling (sun protection)
- Windbreaker or rain coat
- Plastic bag to carry wet items home!
- Casual clothing: shorts, shirts
- Hat

Bed linens, pillow and blanket are provided!

PERSONAL ELECTRONIC DEVICES

You are responsible for the safety of your personal electronic devices. We ask you to be considerate and turn your cell phone off during lectures.

EQUIPMENT

Snorkel gear is included in your program! Only bring your own equipment if you already own a high quality set. PLEASE DO NOT BRING FULL FACE MASKS. See our website for our policy on full face masks.

PLEASE DO NOT BRING: Slurp gun, speargun, large beach towels, squirt cheese or “fish food”.