



SCOPE OF PRACTICE

INTEGRATIVE MEDICINE PRACTITIONERS

Integrative Medicine — combines multiple therapies with the goal of enhancing optimal health. Integrative medicine therapies include, but are not limited to such modalities as: Herbal Medicine, Homeopathy, Energy Medicine, Ethno-medicine (medicine of various cultures), Psycho-social-spiritual therapy, Functional Medicine, Lifestyle change medicine, Manual Techniques, Orthomolecular/Nutritional Medicine, Environmental medicine, and traditional non-toxic and patented allopathic drugs.

Integrative Medicine is the art and science of healing that addresses care of the whole person: body, mind, and spirit.

ASSESSMENT MODALITIES

In practice integrative Medicine practitioner perform non-invasive assessment techniques such as pulse, tongue, physical examinations as well as modern techniques such as non-invasive laboratory testing, nutritional and dietary assessments, metabolic analysis, and non-invasive allergy testing. Ultrasounds urine, saliva test, lives cell and dry blood cell analysis, hair mineral (lab interpretation) and many other non-invasive testing techniques.

ORTHOMOLECULAR/NUTRITIONAL MEDICINE

Integrative Medicine Doctors/Practitioners understand that nutrition is the basis of health. Adopting a healthy diet is often the first step towards correcting health problems. Many medical conditions can be treated more effectively with foods and nutritional supplements than they can by other means, with less complications and side effects. Practitioners may use specific individual diets and nutritional supplements to treat their patients.

BOTANICAL MEDICINE & PHARMACOGNOSY

Plants have healing properties known since the age of man and was one of the first forms of medicine. Many pharmaceutical drugs have their origins in plant substances. Plant substances are used for their healing effects and nutritional values.

HOMEOPATHIC COMBINATION MEDICINE

This gentle yet effective system of medicine is more than 200 years old and is based on the principle that like cures like. Homeopathic medicines are very small doses of natural substances that can stimulate the body's self-healing response without side effects. Some conditions for which conventional medicine has no effective treatments will respond well to homeopathy. Integrative Medicine Doctors & Practitioners are not specialists in homeopathic medicine prescribing but may recommend complex homeopathic (homeotoxicology) preparations.

PHYSICAL/MANUAL MEDICINE

Integrative Medicine practice includes methods of therapeutic manual techniques of, soft tissues, joints and bones, including but not limited to; needling acupuncture(Only with valid acupuncture diploma and registration in Traditional and or Medical Acupuncture)*, bio-puncture, acupressure, Laser therapy, laser acupuncture, aromatherapy, auricular needling, auriculotherapy, topical application of balm and ointments, cupping therapy, electrotherapy; heat treatment, magnetic therapy; massage therapy(non-RMT techniques), moxibustion, nerve treatment, traction* machine traction, oxygen enhancement, reflexology shiatsu, skin scrapping, therapeutic touch, eastern and western manual techniques and eastern and western exercise techniques.

LIFESTYLE COUNSELING AND STRESS MANAGEMENT

Mental attitudes and emotional states are important elements in healing and disease. Integrative medicine Practitioners are trained in counseling, nutritional balancing, stress management, hypnotherapy, and biofeedback. They also attend to environmental and lifestyle factors that affect their patients health.

EMERGENCY MEDICINE

Integrative Medicine Doctors and Practitioners must be trained in wilderness medicine and or basic emergency medicine and hold current certificate of registration.

Spinal Machine Traction

* In provinces where spinal traction is considered a chiropractic scope of practice collaboration with a chiropractor on spinal treatment is required