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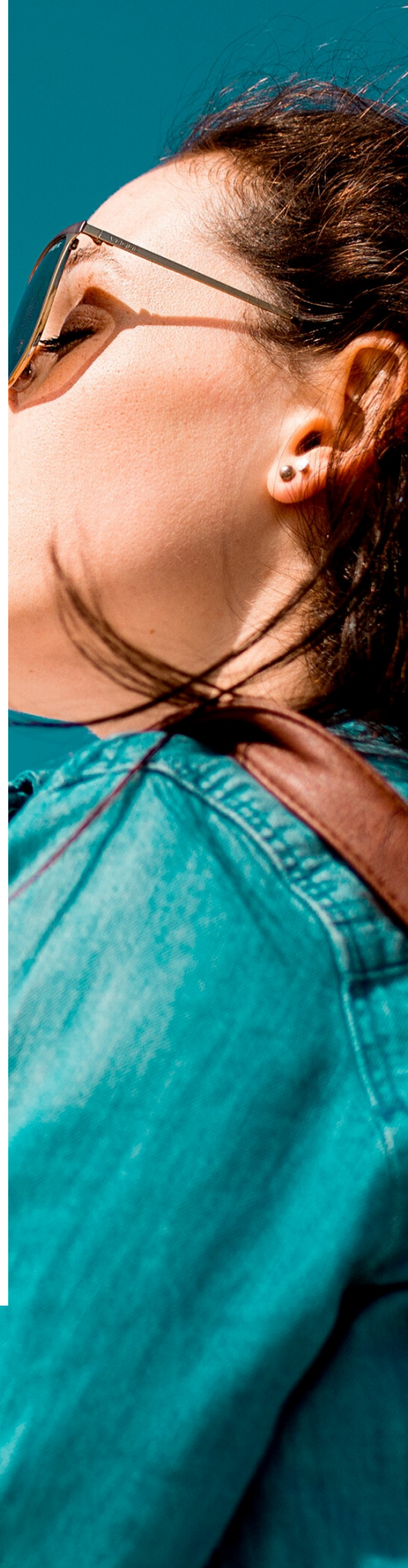
**v**oicefound.

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# 2019 ANNUAL REPORT

**Fiscal Year Ending March 31, 2019**

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# REPORT FROM CYNTHIA BLAND FOUNDER AND CEO

Amazing! That is a word I have used a lot over the past few years and fiscal year 2018-2019 truly was that and more. We've added to our team, surpassed all goals and added a new program.

287 people came through our doors and trusted us to provide thoughtful and effective care. We are grateful that so many organizations are confident in making referrals. From emergency, crisis- care to longer term and now healthcare, we are there.

I am incredibly proud of the Voice Found team, a number of whom have lived experience. They are relentless in their commitment to do what is best for each client. Each day they bring their whole selves to their work, juggle many competing priorities, often work after-hour emergencies and do it all with the utmost integrity.

This work is difficult, challenging, exhausting and is not without risk. More importantly, this work changes lives. Each day we are witness to the transformation of lives through the power of hope combined with the courage of survivors.

My sincere gratitude to our board of directors, our donors, funders and our dedicated team of professionals. Your hard work and support is saving lives.

## MESSAGE FROM BOARD CHAIR MITCH ROBINSON

Fiscal year 2019 was another year of strong growth across a number of fronts. We saw growth in our funding, both in the amount and diversity of sources. This in turn has allowed us to expand the team and our capabilities on all fronts including service delivery to our clients and our ability to grow awareness of the complex and challenging issues and negative impact that child sex abuse and human trafficking has in our communities.

One of the most important measures for our organization is the number of people whose lives we can have a positive impact on - our clients. We've been over capacity and the growth continues. As a Board and Management team, 2020 will find us focused on finding even more ways to expand our reach and scale, positively impacting not just hundreds but thousands of victim's lives

Our financial results continue to demonstrate our fiscal discipline and our ability to create maximum impact with scarce resources. As a Board, we focused on assessing and mitigating risk and adapted our governance structures to be aligned with our overall growth as an organization.

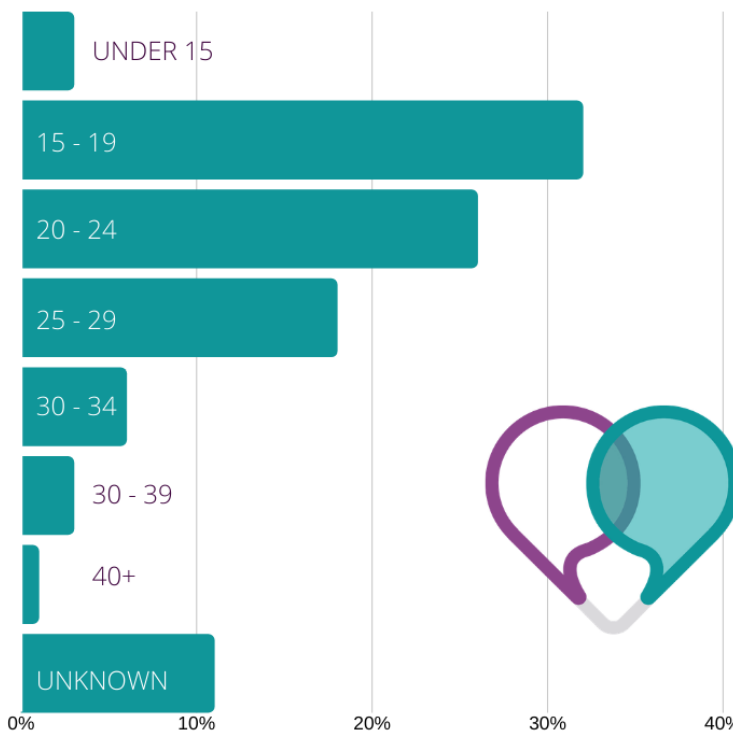
We very much look forward to an even bigger impact in 2020 and beyond.!



# THE HOPE FOUND PROJECT

## 163 VICTIMS HELPED since May 2016

### AGES



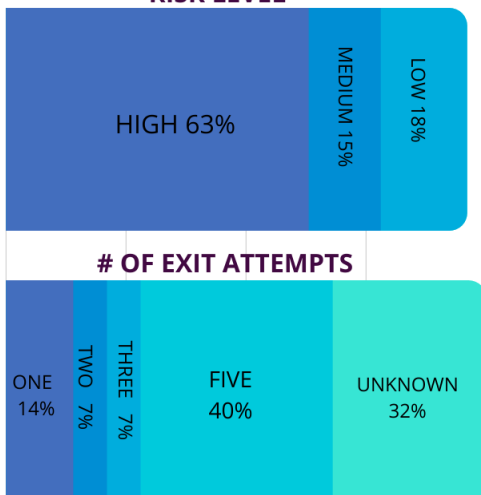
Since the launch of the Hope Found Project, we have helped 163 people who were being trafficked for sexual exploitation. During the fiscal year, 72 were actively using our services. Many are high risk and aged 15 - 24.

The support we provide ranges from emergency housing and travel, basic necessities, therapy, tattoo removal, court support, replacing documents, education and a lot of peer support.

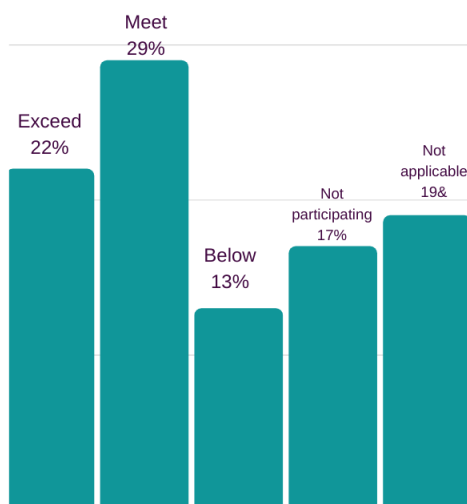
Many of our clients have attempted to exit five or more times. It takes a lot of ongoing support, including goal setting to build a new life. We are happy to see that many of our clients are meeting or exceeding their goals.

Our lived experience team is available to high risk clients and the Ottawa Police Human Trafficking Team 24 hours a day for emergencies.

### RISK LEVEL



### GOAL SETTING



Our thanks to the Department of Justice, Victims Fund for their support of this project.



# Introducing PATHFOUND

JOURNEY TO SELF • JOURNEY TO CONNECTION

During the fiscal year we launched a new program for survivors of sex trafficking. The program is serving northern and eastern Ontario and is for those who are further along in their healing journey. Participants become members of cohorts and attend a total of 4 weeks of 'training', participate in social activities and provide support to one another. During the year we welcomed 12 members from Sudbury and Ottawa area and we are so proud of how far they've come.

Our thanks to the Ontario Trillium Foundation for their support of this project.



An agency of the Government of Ontario  
Un organisme du gouvernement de l'Ontario



Level One Workshops			
Financial Literacy and Goal Setting	Inspirational Circle	Mindfulness	
Self Defense	Developing Healthy Communication and Relationships		
Employment and Career Counselling	Team Building and Wellness Planning	Resume Workshop	
True Colours- Identity Building	Self Care	Equine Therapy	Art Therapy

### OBJECTIVES

- Reduced isolation and sense of belonging as part of a cohort of peers
- Recognition of worth through self-investment and peer-support
- Personal empowerment through the development of a wellness action plan
- Knowledge and tools to assist in community connectedness and social activities
- Increased confidence in seeking employment and pursuing goals
- Increased proficiency with money, budgeting and financial goals
- Knowledge & skills to assist in creating interpersonal boundaries, identifying values and strengths
- Increased efficacy with assertive communication and goal setting

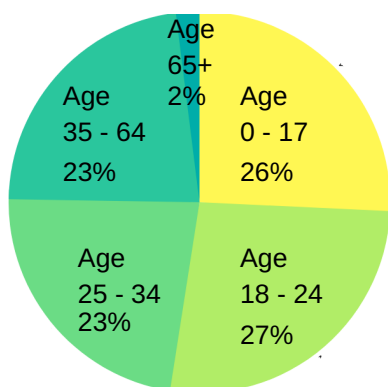


# H.E.A.L.T.H.

healthcare  
education  
advocacy  
linkage  
trauma informed  
healing

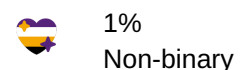
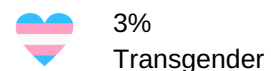


Our health clinic completed it's first full year of operation between April 1, 2018 - March 31, 2019 and surpassed all of our goals. We saw a total of 124 patients through the year. Open just two days a week, we anticipated 250 patient visits. The actual number was 356! That's 42% over our target.



Age range of patients

The services provided at our health clinic are as varied as the people who use them. First visits are scheduled to be 1.5 hours in length. This provides plenty of opportunity for Clinical Director, Tara Leach PHC-NP, to get to know each new person. During these conversations there may be a number of concerns identified and from there plans are made for next steps. Sometimes there is need for mental health support, other times it may be peer support or even basic needs. No matter what it is, we help facilitate the next steps through our own services or through other service providers in the community.



Gender Identity

# HUMAN TRAFFICKING AWARENESS DAY

## FEBRUARY 22, 2019

### #KnowHumanTrafficking

February 22, 2019 was the 2nd year that we marked Ontario Provincial Human Trafficking Awareness Day. We were delighted to have the support of Crime Prevention Ottawa for this event.

The morning started with a light breakfast catered by Food Works ( a social enterprise by Operation Come Home) while attendees registered and networked. Mayor Jim Watson declared Human Trafficking Awareness Day in Ottawa and then we went outside and raised our brand new flag.

Welcoming remarks were made by Ottawa City Councillor and chair of Crime Prevention Ottawa, Diane Deans; MPP Lisa MacLeod; Ottawa Police Deputy Chief Uday Singh Jaswal, and Melissa Heimerl, Executive Director of Ottawa Victim Services.



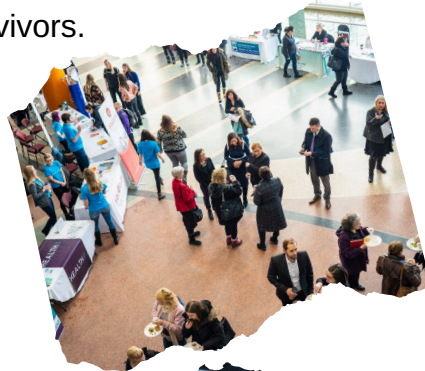
Carly Kalish, Executive Director of Victim Services of Durham Region was our key note speaker. She spoke about Toronto's response model on domestic human trafficking and shared how they utilize a stages of change approach to supporting survivors.



### It takes a village!

These organizations all participated in making the day a great success!

- A New Day
- Children's Aid Society
- Childrens Hospital of Eastern Ontario
- Crime Prevention Ottawa
- Canadian Resource Centre for Victims of Crime
- H.E.A.L.T.H.
- John Howard Society
- Meeting Professionals Against Human Trafficking
- Minwaashin
- Ottawa Coalition to End Violence Against Women
- Ottawa Coalition to End Human Trafficking
- Operation Come Home
- Ottawa Victim Services
- Ottawa Police Services
- Persons Against the Crime of Trafficking
- Tungasuvvingat Inuit
- YouTurn
- Voice Found



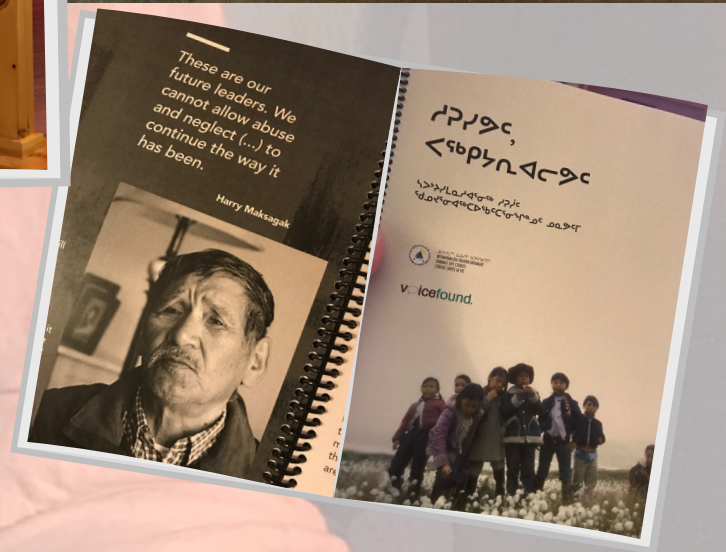
# Our Children, Our Responsibility

Child sex abuse prevention training for and by Nunavummiut  
Official Launch - Iqaluit - March 15, 2019



Diane and Annie. Two survivors who appear in the training video.

Sexual abuse during childhood is a risk factor for suicide. We need to acknowledge historical and intergenerational trauma which stem from colonization and rapid social change in Inuit society. Circumstances such as forced resettlement, loss of traditional roles, and residential school experiences have affected many generations and contributed to major social and cultural upheavals in our society.



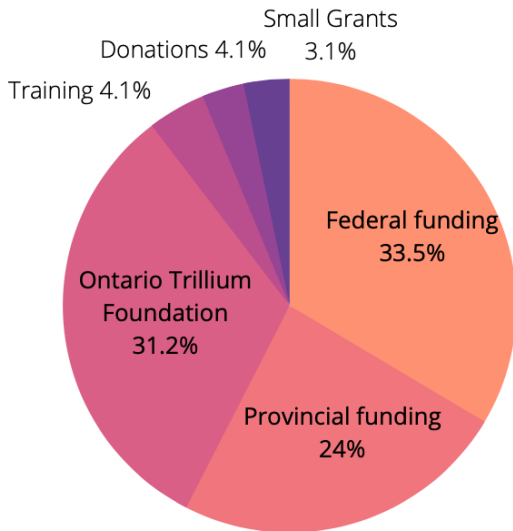
Rachel lighting the qulliq.



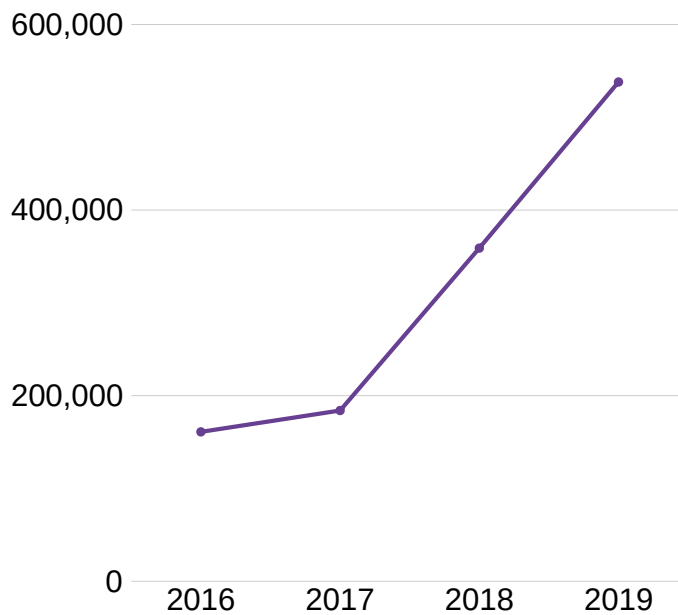
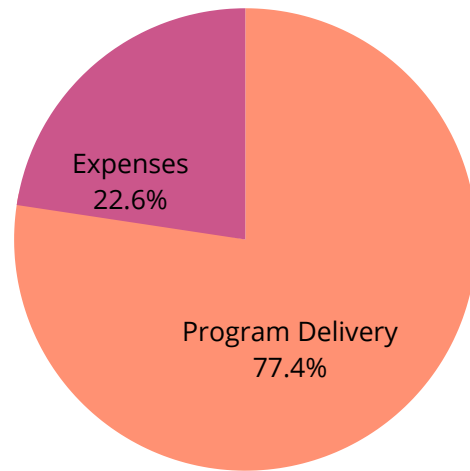
We were excited to be at the launch of this much anticipated and needed training developed by and for Nunavummiut. Voice Found is honoured to have been a part of this project and to have worked with the Government of Nunavut and Embrace Life Council. Available in Inuktitut and English, the training is delivered in communities across Nunavut by trained facilitators and with wellness support for participants. The training acknowledges the intergenerational trauma stemming from colonization and is a part of the suicide prevention strategy for the territory.

# Financial Summary

## VOICE FOUND REVENUE



## VOICE FOUND EXPENSES



**Revenue Growth over 4 fiscal years**

Provincial Funding: Ontario Anti-Human Trafficking office funds H.E.A.L.T.H.

Federal Funding: The Federal Department of Justice continues to fund the Hope Found Project.

Ontario Trillium Foundation: We were awarded a three year grant totalling \$750,000 to run our new program, Path Found.

Donations: Donations remain the same.

Training Revenue: We saw an increase in training revenue.

Small Grants: We were recipients of a small grant from Ottawa Community Foundation.

Donations to Voice Found can be made through Canada Helps  
[www.canadahelps.org/en/charities/voicefound/](http://www.canadahelps.org/en/charities/voicefound/)