

ANNUAL REPORT

Voice Found.

FISCAL
YEARS
2019-2020
2020-2021

Two fiscal years
of change,
growth, and
adapting to the
'new normal'

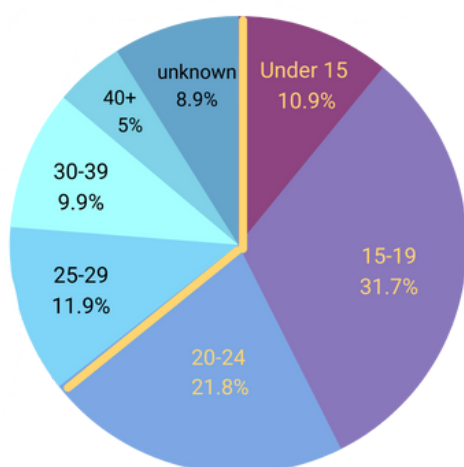
PROGRAMS

Human Trafficking

March 31, 2020 marked the end of our 5 year project funded by Department of Justice. Our project goal was to fill gaps in care and provide support 100 trafficked people in Ottawa and Eastern Ontario. The project was conceived by a survivor of domestic human trafficking who wanted other survivors to have the support she wished she'd had.

The project was a great success and in the end 204 people were supported. You can find our project evaluation report on our website under resources.

Age breakdown



Almost half of the people we served were age 19 and under.

96% identified as female,
12% identified as indigenous
and
3% identified as LGBTQ+

As the fiscal year ended we scrambled to accomodate the realities of the pandemic. **From April 1, 2020 to March 31, 2021**, an additional 35 survivors accessed our services through the Hope Found Project bringing the total number to 239.

Early 2021, we were delighted to learn that funding for this project would be continued through Public Safety Canada.



THE
**HOPE
FOUND**
PROJECT

PROGRAMS

Human Trafficking

The Path Found program was officially completed at the end of June 2021. Funded by the Ontario Trillium Foundation, this 3 year program was developed to provide survivors of sex trafficking with skills, knowledge and confidence to rebuild their lives. **The key measure was to reduce isolation which ended up being very timely as the pandemic started.**

Members of Path Found participated in four separate five-day long sessions that included skills and knowledge based training, individualized support and mentoring, and peer support as aspects of a continuum of care. Throughout the program, participants were encouraged to their hopes and and dreams before being trafficked and set goals within the program that helped them to realize those dreams.

The program was open to survivors in Northern and Eastern Ontario and with the support of Sudbury Victim Services and Kingston Victim Services, we had a total of 30 survivors who attended programs.

One of the biggest challenges was planning in-person weeks once Covid hit. The answer was to do some virtual workshops and with some great planning, we held in-person, physically distanced, in-person weeks during periods of reopening.

In the end, we achieved our goals - 30 survivors benefited from the program, built a community, and learned that they have what they need to build a new life.

“I am extremely grateful to be a part of this program because I feel genuinely cared for, protected, empowered, and safe. This program has been very helpful to me because I made strong connections to others, which healed me very much. This is teaching me to help myself as well as others. I also love that my culture feels truly respected because I had real trouble finding culturally sensitive programs/help/care for the past couple of years and that was hard because it felt way more traumatizing than helpful. Now, I feel like a large weight has been lifted off my shoulders because I could let my guard down long enough to feel safe and experience healing through Path Found.”

PROGRAMS

Childhood Sexual Abuse

We've long recognized the need for barrier-free support to help adults who were sexually abused as children. Fortunately, a private family foundation supported our vision and in November of 2019, awarded us with 3 year funding to launch Strength Found.

Like all of our programs, this was designed through the lens of lived experience and addressed the gaps we saw in existing offerings - it supports all genders, there is no cost to participate, and we provide access to therapeutic support at no cost for those who meet the criteria.

Excitement built as we gathered stakeholder input, established a program office, planned our first year, and put together a 15-week program (*thanks to The Gatehouse*).

March 16, 2020 was to have been the first day of training group facilitators and we were ready!

March 11th, the World Health Organization declared a pandemic.

Like many, the word 'pivot' became part of our every day vernacular. Despite the many challenges, we launched the program and became experts in facilitating virtual groups.

One of the highlights of the first year was our official launch event. Live-streamed from a campfire at Saunders Farm, Sean McCann performed and spoke of his recovery and healing through love and music.

By the end of March 2021, we provided support to 54 survivors and declared the first year a success.



Picture of our first cohort celebrating the end of their 15-week program.

Strength Found.

SERVICES

Health Care

The clinic is a client centered “one stop shop” model offering multidisciplinary care. Due to survivors’ chronic multiple morbidities the model includes primary care, psychiatric, trans health care, sexual health care, victim services support, crisis management, provision of basic needs and peer support from those with lived experience. provision of basic needs, and peer support services in a single location.

Over the fiscal year ended March 2020, we saw an increase from 129 to 223 individuals accessing services, demonstrating the need for this important service.

Based on our evaluation of services, changes in the organization, and the impact of COVID, we made some changes and in April of 2020, we rebranded from H.E.A.L.T.H. to become **The Clinic**.

Significant changes include being open more hours, easier access to all Voice Found services, and bilingual care. With the pandemic, we moved to virtual care and adjusted to a hybrid model when safe to do so.

Our partnership with Ottawa Centre for Resilience, allowed us to continue provision of mental health services.

We are proud to say that our funding has been continued and appreciate the support of the Province of Ontario, Ministry of Children, Community and Social Services

April 2018 - March 30, 2021

992
appointments

April 2020- March 2021
119 individuals - 397 appointments

April 2019-March 2020
223 individuals - 334 appointments

April 2018-March 2019
129 individuals - 261 appointments

February 22nd, 2018
Official Opening

The Clinic

GRATITUDE

Our thanks to many

Service Providers

We are fortunate to work with many exceptional service providers in Ottawa, and across Canada. A special shout out to the following;

YouTurn

Ottawa Victim Services

The Royal Ottawa Hospital

The Ottawa Hospital

Children's Aid Society

Youth Services Bureau

Sexual Assault and Partner Abuse Care Program

Embrace Life Council

The Gatehouse

Salvation Army Illuminate

ReSet Calgary

John Howard Society

Ottawa Centre for Resilience

Sudbury Victim Services

Kingston Victim Services

Renfrew County Victim Services

A New Day

Timea's Cause

Board of Directors

Our thanks to our dedicated board of directors who were voted in at our AGM the fall of 2019 and in 2020:

Stacey Kirkpatrick, Board Chair

Tom Watson

Stephanie Izzard

Katie Dolan

Peter Hamer

Pouya Safi

Alison Pratt

Frank O'Driscoll

Tony Palermo

Funders and Donors

Special thanks to:

The Government of Canada - Public Safety and Department of Justice

The Province of Ontario - Ministry of Children, Community and Social Services

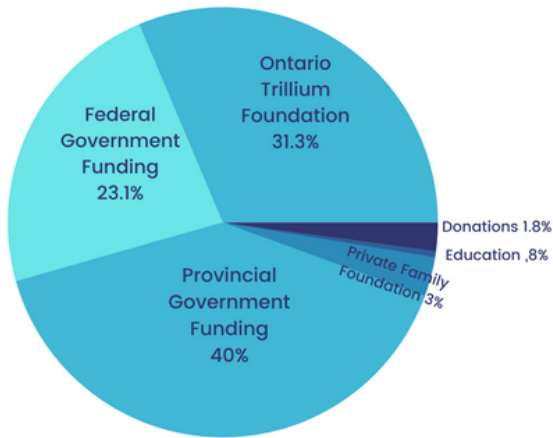
The Ontario Trillium Foundation

Pathy Family Foundation

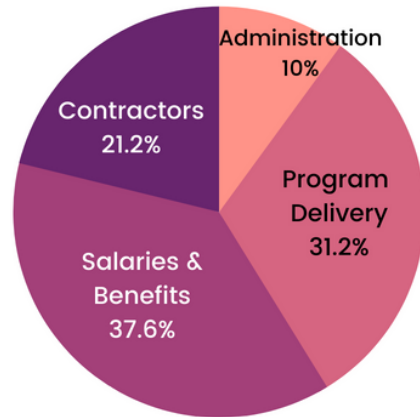
and our many private donors!

FINANCIAL SUMMARY

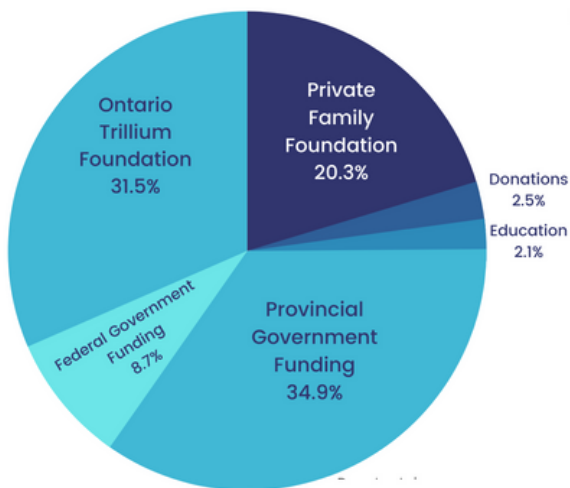
Revenue FY 2019-2020



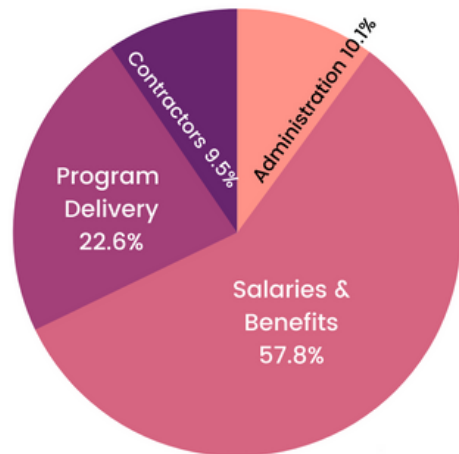
Expenses FY 2019-2020



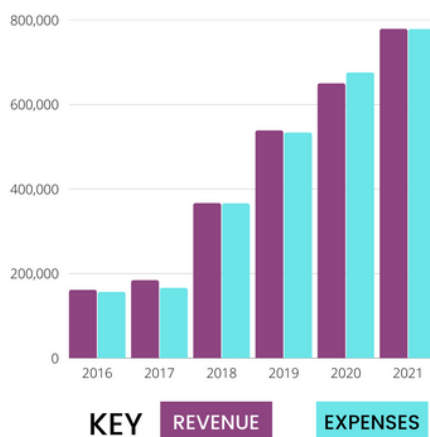
Revenue FY 2020-2021



Expenses FY 2020-2021



Fiscal years ending
March 2016 to March 2021



We continue to see a growth in our funding from a diversity of sources. Our fiscal discipline and our ability to create maximum impact with scarce resources is keeping our expenses inline.

MESSAGE FROM STACEY KIRKPATRICK

Chair of the Board of Directors



2020 and 2021 have presented not only Voice Found, but the entire world with profound challenges as the Covid pandemic changed everything.

As Chair, I am proud of the amazing work that has been done to continue to advocate and support those who've experienced child sexual abuse, sexual exploitation and trafficking. Our team successfully pivoted and continued excellent client care. We learned how to provide care virtually and by phone throughout these challenging times.

Our Path Found and Hope Found programs were busier than ever serving some of our most vulnerable clients who faced increasing struggles during the pandemic.

Voice Found redefined and rebranded our health clinic that serves clients with a trauma-informed approach. Most people do not understand the special care and time that is needed to care for our clientele in a supportive manner after they have suffered traumatic events. Our team has developed and is providing training for many in the medical field so that more people can receive the care they need without being re-traumatized.

We were able to introduce a brand-new program, Strength Found set to start just as the pandemic occurred. Our staff revamped the entire program, brought it online and created a great space for adult survivors of child sex abuse to get the support they require. The responses from participants have been heart-warming and remind us why Voice Found needs to continue to exist long into the future. I wish these programs were not needed but until we can stop childhood sexual abuse the need remains.

With several new Directors, our board has an array of strengths that have helped us guide Voice Found through one of the most challenging couple years in health care and social services. The board partnered with Girls On Board to mentor a young woman as a Director, giving her a great new experience and giving our board new perspectives.

We thank our donors and funders who help make these programs possible and we ask that each of you help us continue this important work with your donations.

MESSAGE FROM CYNTHIA BLAND

Founder and CEO

CHANGE AND GROWTH

Voice Found celebrated a significant milestone on January 24, 2021. It was on that day in 2011, that we officially became a registered non-profit organization. I remember the day I received the incorporation papers and how big my dreams were. With the support of our founding board, a few volunteers, many friends, and my family, I took a few steps forward. As with many 'start-ups', there were challenges, and many times I wondered if I could make this work. Would all the dreams I had for Voice Found ever become reality?



Most of those dreams have become reality and I've no doubt the others will as well. Thanks to an incredible team, solid governance from our board of directors, funders who support our vision, collaborative service providers, and generous donors, we keep growing and providing more services.

One of my greatest wishes has been to provide support for adult survivors of childhood sexual abuse, including men, who have so few services available. I was absolutely thrilled when a private family foundation reached out to us and supported this vision. The launch of Strength Found was certainly a highlight!

COVID forced us to look at service delivery in different ways and I am proud of how our team adjusted. There was not a single day of service interruption and the people we serve continued to get the care they needed. We learned to 'unmute' our mics when meeting on 'ZOOM', went through cases of hand sanitizer and boxes of face masks. Our health clinic underwent a transformation with a new team, a new name, and increased hours. All changes have been positive and clients are very happy with both virtual and in-person appointments.

Change is a constant and is absolutely necessary for growth. Voice Found has grown in leaps and bounds. Sadly so has demand for our services. While I am delighted that we are here to provide this much needed support, I wish we had a world where children were not sexually abused, where people were not bought and sold, and no one had to suffer from the trauma heaped on them by their perpetrators. Until that day comes, we will continue thanks to your support.

With gratitude,

A handwritten signature in cursive script that reads "Cynthia".