Vashon Island Junior Crew Personal Health and Medical Record

Please note: All the information from this form will be kept strictly confidential, and only used in case of a medical emergency.

Rower's name				Date	
Date of birth		Age		_ Grade	
Sex	Height	_	Weight _		
Name of parent or				Work	
relephone	Cell				
Home address					
•				ent of an emergency, notif	•
				Work	
				Relationship	
l elepnone	Home Cell			Work	
Name of personal					
Personal health/ad	ccident insura Policy Nur	ance ca nber:	rrier: _		
EMERGENCY ME Allergies					
Current Medicatio	ns				
Any other medical	I conditions o	f note: _			
be reached by ph	one, and give	eby give e the Va	ashon Isla	dical Care for medical care in the event of	permission to act
Signed (parent/led	gal guardians):			