Overall Course Goal/Learning Outcome

Upon completion of this course, the educator will engage in learning and reflection to promote their cultural self-awareness and their understanding of the impacts of social injustices on students. Educators will also be equipped with culturally inclusive and equitable strategies to promote student well-being and support students experiencing adversity, distress, and mental health conditions.

Introduction Video

- Welcome and what to expect
- How to navigate the course modules
- Module quizzes
- Accessing resources

Understanding How Social Injustices Impact Student Mental Health (Module 1)

Upon completion of this module, the educator will be able to
- Understand the historical context of racism in the U.S. education system
- Understand the benefits of cultural inclusivity on student mental health
- Understand how social injustices impact BIPOC student mental health
- Understand how social injustices result in inequities within school systems

Understanding How Educator Bias Impacts Student Mental Health (Module 2)

Upon completion of this module, the educator will be able to
- Define implicit bias and how it manifests
- Describe how implicit bias influences perceptions of students
- Describe how implicit bias can influence responses to student mental health and academic needs

Engaging in Culturally Inclusive Action to Promote Student Mental Health (Module 3)

Upon completion of this module, the educator will be able to
- Understand why educator self-reflection about biases is important
- Describe culturally inclusive strategies to engage students in the classroom
- Describe culturally inclusive strategies to promote safety in the classroom
- Design a culturally inclusive and equitable classroom environment

Supporting Students Experiencing Distress from a Culturally Inclusive & Equity Lens (Module 4)

Upon completion of this module, the educator will be able to
- Reflect on how student behavior is connected to their emotions and cultural backgrounds
- Utilize a strengths-based approach to connecting families to culturally responsive mental health services
- Partner with clinicians to promote student wellness and equitable supports in the classroom