

Classroom WISE

Well-Being Information and
Strategies for Educators



Cultural Inclusiveness and Equity (CIE)

WISE

Well-Being Information and
Strategies for Educators



Mental Health Literacy Training for Educators and School Staff

The MHTTC Network, in partnership with the National Center for School Mental Health at the University of Maryland School of Medicine, developed Classroom WISE (Well-Being Information and Strategies for Educators), a FREE 3-part training package focused on educator mental health literacy. The training package includes a self-guided online course, video library and resource collection, and a website.

These resources present concrete, universal approaches to promoting student mental health and creating safe and supportive classroom environments, describe student behaviors that may indicate a mental health concern, and provide specific skills and evidence-based strategies to engage and support students with mental health concerns.

In addition, a new companion training to Classroom WISE, Cultural Inclusiveness and Equity (CIE) WISE, is now available! In this FREE 3-part training package, K-12 educators and school staff learn how inequities in education impact student mental health. Building on this foundation, educators and school staff learn culturally inclusive classroom strategies to support student mental health. Classroom WISE and CIE-WISE are both informed by and co-developed with K-12 educators and school mental health professionals from across the nation.



Online Course

The 5-hour Classroom WISE and 2-hour CIE-WISE self-paced online courses offer evidence-based and culturally-inclusive strategies to promote student mental health and support students with mental health concerns. A certificate of completion is available upon fulfillment of course requirements.



Video Library and Resource Collection

Access our Classroom WISE and CIE-WISE resource collection including activities, handouts, tip sheets and more! In addition, access over 50 short videos highlighting students and educators demonstrating strategies and sharing skills to help ALL students feel supported in the classroom.



Website

Our user-friendly website, www.classroomwise.org, provides easy and FREE access to the Classroom WISE and CIE-WISE online courses, resources and videos. Consider the website your one-stop shop for both of these 3-part training packages!

Now available at www.classroomwise.org



MHTTC

Mental Health Technology Transfer Center Network
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Central East (HHS Region 3)

MHTTC

