

01. clothes

- tops
- trousers | shorts
- dresses | skirts
- underwear | bras
- socks | tights
- nightwear
- loungewear
- sportswear
- swimwear
- coats | jackets
- costumes
- hats | gloves
- scarves | ties
- bags | purses
- belts | sunglasses
- jewellery | watches
- shoes | boots
- other clothes
- celebrate!

02. books

- general
- academic
- travel
- cookery
- coffee table
- magazines | catalogues
- comics | series
- children's
- digital | kindle
- audiobooks
- other books
- celebrate!

03. papers

- insurance
- medical | health
- bank statements | taxes
- employment | payslips
- receipts | invoices | bills
- property | utilities | household
- passports | identification
- vehicle documents
- birth | marriage certificates
- wills
- pet documents
- children's documents
- warranties
- instruction manuals
- academic | course notes
- certificates | qualifications
- membership cards
- business cards
- news | magazine clippings
- recipes
- letters
- greeting cards
- used notebooks
- digital documents
- other paper documents
- celebrate!

TIP: BLANK NOTEBOOKS, GREETINGS CARDS + STATIONERY CAN BE SET ASIDE FOR 04. KOMONO. SENTIMENTAL PAPER ITEMS CAN BE SET ASIDE FOR 05. SENTIMENTAL .

04. komono

audio visual

- CDs | MDs | records | tapes
- DVDs | video cassettes
- digital music | movies | series
- subscriptions e.g. netflix, spotify

electronics

- music players | speakers | headphones
- tv equipment | video players
- computers | accessories
- cameras | accessories
- phones | accessories
- games consoles | videogames
- cords | chargers | adaptors
- battery operated items | batteries
- other electronics

stationery

- pens | pencils | rubbers
- cartridges | pencil leads
- rulers | scissors
- glue | sellotape | adhesives
- stapler | hole punch
- rubber bands | paper clips
- notebooks | post its
- calendars | planners
- files | ring binders
- dividers | plastic wallets
- letter paper | envelopes
- blank greeting cards
- postcards | notecards
- stamps
- other stationery

toiletries

- liquid soap | soap bars
- shower gel | body moisturiser | oil
- bubble bath | salts | oil
- shower mitts | sponges | scrubs
- sunscreen | aftersun
- face cleanser | toner | wipes
- face creams | treatments
- shampoo | conditioner | treatments
- hairbrushes | combs
- hairdryer | straighteners | tongs
- hair rollers | hair accessories
- razor | shaving products
- tweezers | trimmers | hair removal
- nail clippers | nail file | scissors
- deodorant | body spray | wipes
- perfume | fragrance
- toothbrush | toothpaste
- dental floss | mouthwash
- contact lenses | solution | glasses
- cotton pads | cotton buds
- tampons | female sanitary products
- travel minatures | toiletry bags
- other toiletries

TIP: KOMONO SUBCATEGORIES WILL DIFFER FOR EACH OF US. THE IDEA IS TO TACKLE CATEGORIES YOU FIND EASIER BEFORE ONES THAT ARE TOUGH FOR YOU.

make up

- face: foundation | primer | powder
- cheeks: blusher | bronzer
- eyes+brows: shadows | liners
- lashes: mascara | eyelash curlers
- lips: lipstick | gloss | balm
- nails: polish | remover
- tools: brushes | sponges

relaxation

- essential oils | eye mask
- candles | incense
- home fragrance | diffusers
- massage products | other

medicines

- painkillers | allergy relief
- cold+flu remedies
- prescription medicines
- vitamins | supplements
- plasters | bandages | dressings
- creams | ointments | gels
- first aid kit | antiseptic
- insect repellent | sting treatment
- thermometer | other monitors
- children's medicines
- other medicines

valuables

- coins | notes | chequebooks
- credit | debit cards | card machine
- vouchers | loyalty cards | coupons
- foreign currency
- passport | ID | medical cards
- backup bank cards | wallets

tools

- hammers | mallets | screwdrivers
- wrenches | pliers | saws
- drills | drill bits | power tools
- nails | screws | nuts | bolts
- tape measure | spirit level
- paint | brushes | rollers | trays
- white spirit | glues | adhesives
- other DIY equipment
- lightbulbs | fuses
- lighters | matches
- keys | locks
- gardening equipment
- camping | rain gear | umbrellas
- other tools

linens

- towels: bath | beach | face
- duvets | pillows | sleeping bags
- duvet covers | pillow cases | sheets
- cushions | cushion covers
- blankets | throws
- tablecloths | table runners
- napkins | placemats
- toilet paper | tissues | kitchen roll

TIP: KOMONO IS OFTEN THE TOUGHEST AND "SEEMS LIKE IT WILL NEVER END" CATEGORY. CELEBRATE COMPLETING EVERY SUBCATEGORY, LARGE AND SMALL, EVEN THOUGH I'VE NOT REPEATED IT ON THE CHECKLIST, AND REFER BACK TO YOUR IDEAL LIFESTYLE AND BEFORE PHOTOGRAPHS.

sewing kits

- threads | needles | thimbles
- spare buttons

hobbies

- art supplies | craft supplies
- musical instruments | accessories
- sports equipment
- ski | snowboard | fishing gear
- photography equipment
- collectibles
- other hobbies

seasonal

- christmas decorations | cards | wrap
- birthday decorations | hats | candles
- other festive decorations
- suitcases | other travel items

spiritual

- religious artefacts
- holy books | beads | charms
- shrine | idols

gifting

- gifts to give
- wrapping paper | gift bags

pet accessories

- pet food | bowls
- pet equipment | collars | leads
- bed | toys

toys

- baby | teething | rattles | bath toys
- build: blocks | lego | duplo | meccano
- puzzles | board games | card games
- train sets | cars | vehicles
- dolls | doll accessories
- teddies | soft toys
- small sets: animals | characters
- costumes | dressing up
- play kitchen | kitchen props
- art: paint | chalk | paper | colouring | crafts | easel | chalkboard
- electronic toys
- musical toys | instruments
- large outdoor: buggy | scooter | bike | accessories
- other outdoor: sand toys | bats | balls
- other large items: walker | bouncer | baby gym | jumperoo | rocking horse
- other toys

TIP: CHILDREN AS YOUNG AS THREE MAY JOY CHECK THEIR OWN TOYS WITH THE RIGHT ENCOURAGEMENT. FOCUS ON YOUR OWN TIDYING BEFORE HELPING YOUR CHILDREN TIDY THEIR CLOTHES, BOOKS, TOYS, OTHER KOMONO AND FINALLY THEIR SENTIMENTAL ITEMS WITH YOU.

kitchen - eating implements

- dining plates: dinner | side
- dining bowls: cereal | soup | dessert
- serving plates | bowls
- serving platters | boards | trays
- eating cutlery | chopsticks
- serving spoons | salad servers
- other serving cutlery
- glasses | carafes | jugs
- tea pots | coffee pots
- mugs | teacups | saucers | coasters
- water bottles | travel cups | flasks
- disposable plates | cups | napkins
- table mats | napkins
- table decor | vases
- straws | toothpicks
- baby bottles | weaning equipment
- food bibs | kids' items
- bottle openers | cocktail shakers

kitchen - cooking tools

- pots | pans
- colanders | sieves | steamers
- mixing bowls
- chopping boards
- knives | kitchen scissors
- spoons | spatulas | ladles | tongs
- masher | pestle+mortar
- peelers | graters | garlic press
- weighing scales | measuring jug
- measuring cups | spoons
- food processor | mixer | blender
- kettle | toaster | other appliances
- baking trays | tins | sheets
- whisk | rolling pin | cookie cutters
- other baking tools
- trivets | cooling racks
- oven mitts | apron | teatowels
- cling film | foil | baking parchment
- can opener
- other cooking tools

kitchen - food + food storage

- tupperware | lunchboxes
- ziplock bags | bag clips
- other food storage
- tea | coffee | hot chocolate
- soft drink cans | cartons | bottles
- alcohol cans | bottles
- dry herbs | spices
- dry seasonings | extracts
- condiments | sauces
- tinned foods
- breakfast cereals
- dry baking ingredients
- pasta | rice | grains
- other dry foods | nuts
- sweet snacks | savoury snacks
- children's snacks
- breads | wraps
- food supplements
- fruits | vegetables
- meats | seafood
- eggs | dairy
- other fresh food
- frozen food

laundry

- detergent | conditioner | stain remover
- laundry basket | drying rack
- iron | ironing board | accessories

cleaning

- rubber gloves | washing liquid
- dishwasher tablets | rinse
- kitchen cleaning products
- bathroom cleaning products
- window cleaning products
- furniture cleaning products
- shoe cleaning products
- dishcloths | sponges | dusters | wipes
- broom | dustpan + brush
- Hoover | mop | bucket
- bin bags | plastic bags
- other cleaning
- celebrate big!

05. sentimental

- school memorabilia
- past employment memorabilia
- awards | medals | trophies
- diaries | scrapbooks
- travel mementos
- letters | greetings cards received
- your old toys | books | artwork
- memories of past relationships
- sentimental video recordings
- your children's creations
- your children's keepsakes
- physical photographs
- photo albums | framed photos
- digital photos
- other sentimental

finish line!

- refer back to your before photos
- celebrate your achievements!

REMINDER: YOUR TIDYING FESTIVAL IS A ONE-TIME EVENT WITH A START AND A FINISH RATHER THAN AN ONGOING PROCESS OF DECLUTTERING. ONCE COMPLETE, EVERYTHING IN YOUR HOME WILL HAVE A PLACE TO LIVE. THERE WILL BE MAINTENANCE, OF COURSE. BUT IT WILL BE SIMPLER :)

THE MAIN RULES OF THE KONMARI METHOD®

1. COMMIT YOURSELF TO TIDYING UP
2. IMAGINE YOUR IDEAL LIFESTYLE
3. FINISH DISCARDING FIRST - BEFORE FOCUSING ON STORAGE SOLUTIONS
4. TIDY BY CATEGORY, NOT LOCATION
5. FOLLOW THE RIGHT ORDER - CLOTHES, BOOKS, PAPERS, KOMONO, SENTIMENTAL ITEMS - USING THIS CHECKLIST CAN HELP :)
6. ASK YOURSELF IF IT SPARKS JOY

OTHER TIPS

- DISCARD ITEMS WITH GRATITUDE
- USE WHAT YOU HAVE FOR STORAGE BEFORE MAKING PURCHASES