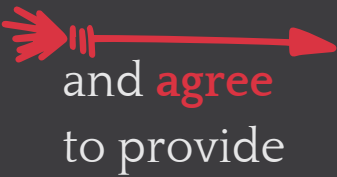


# Negotiations Checklist

You should **talk about**

- emotional triggers
- allergies
- inherent risks
- STI/STD status
- safewords/non-verbal cues



**Aftercare**, such as

- water
- snacks
- socializing
- cuddling
- sleeping over
- conversations
- checking in tomorrow

What do you want out of the scene?

What will your **role** be?

- Top
- bottom
- Switch

How do you want to **feel**?

- |              |               |               |
|--------------|---------------|---------------|
| ◦ serious    | ◦ platonic    | ◦ cathartic   |
| ◦ playful    | ◦ degraded    | ◦ overwhelmed |
| ◦ erotic     | ◦ masochistic | ◦ beautiful   |
| ◦ dominant   | ◦ sadistic    | ◦ peaceful    |
| ◦ submissive | ◦ energetic   |               |



What **kinks** do you want to **explore**?

## Bondage

type:

- decorative
- predicament
- suspension
- floor

method:

- rope
- leather
- metal
- cuffs
- mental

## Impact Play

marks:

- for today
- for the week
- for the month
- for the year
- forever
- none

sensation:

- stingy
- thuddy
- both

method:

- toys
- hands
- feet

## Restrictive Play

- cages
- collars/leads
- gag

- blindfolds
- hoods
- restraints

## Sensation & Mental Play

- mind fucks
- human furniture
- electricity
- exhibitionism

- sensory deprivation
- edge play
- dirty talk
- power exchange

**Penetration** (giving and/or receiving)

- fingers
- oral
- penis
- toys

Will **condoms and/or dental dams** be used or expected?

## Remember:

- Consent
- Limits
- Safewords
- Negotiations

**Physical touch** considerations:

What's allowed?

- biting
- hands on genitals
- groping
- open mouth kissing
- hair pulling
- playing with hair
- pressure points



- scratching
- licking
- sex
- cuddling
- kissing
- fluid exchange
- tickling
- orgasms