

In the Gospel of John, Jesus makes seven “I AM” declarations about His identity as Messiah, including the eternal promise that He is the “way and the truth and the life” (John 14:6). To know and embrace the truths of Jesus is the pathway to living free from the guilt and condemnation of sin.

Peter, on the other hand, made his own “I am not . . .” statements when he was confronted by curious people just prior to Jesus’ crucifixion. In the dark of night, Peter was asked if he was a follower of Jesus, to which he replied three times, “I am not.”

I AM.

I am not.

One declaration leads to hope, freedom, and the eternal life. The other declaration is borne out of fear and leads to bondage to sin and shame.

Living free in Christ means embracing all the truths of who Jesus is - and inviting His power to revive your life and awaken a lost nation. Pray for greater revelation of your identity in Christ - and live free!

1 Jesus declares, “I am the bread of life” and reveals that those who believe in Him will never be hungry or thirsty again. Pray that you will be fully satisfied in Jesus, free from seeking fulfillment anywhere but in Christ alone (John 6:35).

2 Jesus is the “living bread that came down from heaven.” Pray that your loved ones will embrace Jesus as the true “life of the world”—their only hope to live free and forgiven (John 6:51).

3 Jesus declares, “I am the light of the world.” Ask Jesus to awaken your heart to embrace His light and live in freedom from any darkness that threatens your joy (John 8:12a).

4 Those who follow Jesus “will never walk in darkness, but will have the light of life.” On this day of celebrating liberty and freedom, pray for the lost in our nation to follow the light of Jesus and truly be free (John 8:12b).

5 Jesus declares, “I am the gate for the sheep.” Praise Jesus as your doorway to eternal life and everlasting protection. Invite Him to free you from fear of any enemy that would seek to destroy you (John 10:7).

6 Jesus is the gate through which the lost can enter and receive salvation. Lift up in prayer the names of family and friends who have not yet found their freedom and salvation in Jesus (John 10:9).

7 Jesus declares, I am the resurrection and the life.” Praise Jesus that by His resurrection, you are free from death and destined to eternal life. Pray that you will walk in joyful freedom of new life in Christ (John 11:25).

8 Pray for those who do not yet believe in Jesus - and thus are destined for eternal death. Pray for softened hearts to embrace, believe, and live free in Christ (John 11:26).

9 Jesus declares, “I am the good shepherd.” Praise Him for His tender care and watch over you, knowing that He sets you free from sin and restores your soul (John 10:11a).

10 As the Good Shepherd, Jesus lays down His life for the sheep. Pray for the lost in our nation who have yet to experience the freedom that comes in embracing Jesus’ sacrificial gift of salvation (John 10:11b).

11 Jesus declares, “I am the way and the truth and the life.” Reaffirm your belief today that Jesus is the only way unto salvation—and that all truth and life rests in Christ alone (John 14:6a).

12 We live in a world with deceiving messages that all roads lead to eternal life. Pray for truth to be known that “no one comes to the Father except through [Jesus]” (John 14:6b).

13 Jesus declares, "I am the true vine." Pray that you will stay connected to the Vine, remain in Jesus, and live as one who freely bears spiritual fruit (John 15:1).

14 Those who are not connected to Jesus as the true Vine will do nothing and bear no fruit. Pray for the lost who don't know Jesus to recognize their need to be connected to the source of all life (John 15:5).

15 Where the Spirit is present and at work, there is freedom in Christ. Pray for the Spirit to be at work in your home, your church, and your city - transforming lives into the image of Christ (2 Corinthians 3:17).

16 If Jesus sets us free, we are free indeed! Pray for greater freedom in Christ as the Spirit works in the hearts of the lost and leads them to repentance (John 8:36).

17 If you hold to Jesus' teaching, "you will know the truth, and the truth will set you free." Pray for a fresh vision of Jesus that anchors you in confidence and truth (John 8:32).

18 Jesus died to set us free from the slavery of sin! Pray that you will stand firm in the truth, walk in faith, and never again fall under the burden of sin, guilt, and condemnation (Galatians 5:1).

19 Living free in Christ does not mean indulging in sin and taking forgiveness for granted. Pray that your heart is stirred to serve others and love selflessly, just as Jesus loves you (Galatians 5:13).

20 It is because of faith in Jesus that we can approach God's throne "with freedom and confidence." Be bold in your prayers today as you seek God for spiritual awakening throughout our nation (Ephesians 3:12).

21 Obedience to God's precepts and purposes brings freedom, joy, and hope for the future. Pray that you and your family will walk in freedom because your hearts are inclined to obey (Psalm 119:44-45).

22 Jesus has defeated the power of the enemy to "steal and kill and destroy." Pray for those who are struggling to live in freedom from addiction or hopelessness—that they will discover life to the fullest through Christ (John 10:10).

23 Praise God that believing in Jesus means being set free from sin! Our culture is beset by deepening deception and slavery to sin. Pray for radical breakthrough and an awakening to true freedom in Christ (Acts 13:38-39).

24 When we live free in Christ, we reap the benefits of holiness and eternal life. Pray that your church is a beacon of hope in a dark world because the power of the gospel is boldly proclaimed (Romans 6:22).

25 When we live as free people in Christ, we can show respect to others, love people, fear God, and honor our leaders. Pray for a transformed culture through an awakening to Christ as the only hope (1 Peter 2:16-17).

26 Praise God that there is no condemnation for those who are free in Christ and thrive through life in the Spirit! Pray for a refreshing of the Spirit in your own life and in your family—and throughout your church and community (Romans 8:1-2).

27 We know that one day "creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God." Pray for the glory of God to be revealed to a lost world—and for multitudes to come to faith in Christ (Romans 8:20-21).

28 It is through Jesus that freedom is proclaimed to the captives and there is "release from darkness for the prisoners." Pray that the darkness of your city and our nation is overcome with the proclamation of the gospel (Isaiah 61:1).

29 When we are in Christ, God promises we are new creations. We are liberated from the old and are free to live in the newness of life and hope. Pray that you will live in new freedom and joy (2 Corinthians 5:17).

30 It is in the power of Jesus' name that we are delivered and forgiven of our sins. Pray for the glory of Christ to fill your home, your city, and our nation—for the sake and glory of His name (Psalm 79:9).

31 The Spirit of truth guides us into living free in Christ—and He tells us of "what is yet to come." Pray for Church to be revived and our nation awakened to hope and freedom in Jesus (John 16:13).