

St. Paul's

Episcopal Cathedral

The Fifth Sunday in Lent

Choral Eucharist

Wherever you are on your spiritual journey, you are welcome here.
Please wear a mask if you are not vaccinated or if you prefer.

Sunday, April 3, 2022

Ten o'clock in the morning

Organ Voluntary

O Sacred Head, Now Wounded

J. S. Bach

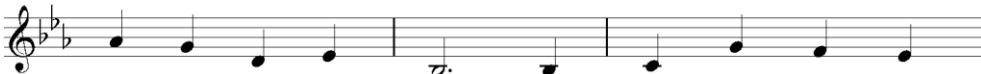
Hymn 653

Dear Lord and Father of mankind

REPTON



1 Dear Lord and Fa - ther of man - kind, for -
2 In sim - ple trust like theirs who heard, be -
3 O Sab - bath rest by Gal - i - lee! O
4 Drop thy still dews of qui - et - ness, till
5 Breathe through the heats of our de - sire thy



1 give our fool - ish ways! Re - clothe us in our
2 side the Syr - ian sea, the gra - cious call - ing
3 calm of hills a - bove, where Je - sus knelt to
4 all our striv - ings cease; take from our souls the
5 cool - ness and thy balm; let sense be dumb, let



1 right - ful mind, in pur - er lives thy ser - vice find, in
2 of the Lord, let us, like them, with - out a word, rise
3 share with thee the si - lence of e - ter - ni - ty in -
4 strain and stress, and let our or - dered lives con - fess the
5 flesh re - tire; speak through the earth-quake, wind, and fire, O

Celebrant Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.
Silence may be kept.

THE CONFESSION AND ABSOLUTION

BCP page 352

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie

S95

Cantor or Choir *All* *Cantor or Choir*

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

All *Cantor or Choir* *All*

Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

The people standing

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

THE COLLECT OF THE DAY

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

A Reading from the Book of Isaiah

[43: 16 – 21]

Thus says the LORD, who makes a way in the sea, a path in the mighty waters, who brings out chariot and horse, army and warrior; they lie down, they cannot rise, they are extinguished, quenched like a wick: "Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert. The wild animals will honor me, the jackals and the ostriches; for I give water in the wilderness, rivers in the desert, to give drink to my chosen people, the people whom I formed for myself so that they might declare my praise."

Leader The Word of the Lord.

People Thanks be to God.

Psalm 126

In convertendo

BCP p. 782

The Cantor sings the refrain initially and the People join when invited

Mode 7

Refrain

The Lord has done great things for us, and we are glad in-deed.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 When the Lord restored the fortunes of Zion, *
then were we like those who dream.
- 2 Then was our mouth filled with laughter, *
and our tongue with shouts of joy.
- 3 Then they said among the nations, *
"The Lord has done great things for them."
- 4 The Lord has done great things for us, *
and we are glad indeed.

- 5 Restore our fortunes, O Lord, *
 like the watercourses of the Negev.
- 6 Those who sowed with tears *
 will reap with songs of joy.
- 7 Those who go out weeping, carrying the seed, *
 will come again with joy, shouldering their sheaves.

A Reading from the Letter of Paul to the Philippians [3: 4b – 14]

If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Phar'isee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless. Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead. Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 439*What wondrous love is this*

WONDROUS LOVE

Unison

1 What won - drous love is this, O my soul, O my soul! What
 2 To God and to the Lamb, I will sing, I will sing, to
 3 And when from death I'm free, I'll sing on, I'll sing on, and

won-drous love is this, O my soul! What won-drous love is this that
 God and to the Lamb, I will sing. To God and to the Lamb who
 when from death I'm free, I'll sing on. And when from death I'm free I'll

caused the Lord of bliss to lay a - side his crown for my
 is the great I AM, while mil - lions join the theme, I will
 sing and joy - ful be, and through e - ter - ni - ty I'll sing

soul, for my soul, to lay a - side his crown for my soul.
 sing, I will sing, while mil - lions join the theme I will sing.
 on, I'll sing on, and through e - ter - ni - ty I'll sing on.

Words: American folk hymn, ca. 1835 Music: *Wondrous Love*, from *The Southern Harmony*, 1835

The Holy Gospel

[John 12: 1 – 8]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Six days before the Passover Jesus came to Beth'any, the home of Laz'arus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Laz'arus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscar'iot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a

thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

THE HOMILY

The Rev. Nicola Bowler

Silence may be kept

THE NICENE CREED, *standing*

BCP page 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

As you are able, stand or kneel for prayer. At the end of each intercession the people respond:

Deacon Sisters and brothers, the Lord has done great things for us. With glad and thankful hearts, let us pray, "Fix our hearts where joy is found; Lord, hear our prayer."

Intercessor Do a new thing in your Church, O Lord. From our dry places spring forth new life. Refresh your bishops, priests and deacons. Refresh all Christians in their vocations. We pray For Michael, our Presiding Bishop; Betsey, our bishop, and for all clergy and people. In our diocese, companion dioceses, and the Anglican Communion we pray for St Paul, Durant, Trinity, Muscatine; St. Margaret's Home, Dundee, Brechin; Parish Naakiri, Nzara; Mothers Union, Swaziland; and The Church of Nigeria (Anglican Communion)

The congregation is invited to add their petitions, followed by silence.

Intercessor Fix our hearts where joy is found;
People Lord, hear our prayer.

Intercessor We hold up the refugees fleeing from the war in Ukraine. We pray for those who remain in their land in the face of oppression. Restore the dreams of those who have lost hope. Among the swift and varied changes of this world, be a strong foundation on which all can rely.

Silence

Intercessor Fix our hearts where joy is found;
People Lord, hear our prayer.

Intercessor Give water in dry places. Remove the suffering of those who live with drought. Bring water, quench thirst, and give growth in desperate lands.

Silence

Intercessor Fix our hearts where joy is found;
People Lord, hear our prayer.

Intercessor We pray, O God, for the poor. Be merciful to victims of theft. Restore the fortunes of those devastated by dishonest men and women. Never forget the lives of your poor.

Silence

Intercessor Fix our hearts where joy is found;
People Lord, hear our prayer.

Intercessor Let those who sow with tears, reap with songs of joy. Fill down-
turned mouths with shouts of joyful deliverance. Restore your people, O Lord.

The congregation is invited to add their petitions, followed by silence.

Intercessor Fix our hearts where joy is found;
People Lord, hear our prayer.

Intercessor O God, we long to know Christ and the power of his
resurrection. Even as we share in his suffering, even as we die, may we, and all
who die, attain the resurrection of the dead.

Silence

Intercessor Fix our hearts where joy is found;
People Lord, hear our prayer.

The Celebrant adds a concluding Collect.

Hasten, O Father, the coming of your kingdom; and grant that we your servants,
who now live by faith, may with joy behold your Son at his coming in glorious
majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

THE PEACE

BCP page 360

*All baptized persons are welcome to receive Holy Communion. The sacrament is
also offered at our side altar, as are gluten-free wafers. All are invited to come
and receive a blessing.*

The Holy Communion

Offertory Music

What Wondrous Love Is This

Robert Scholz

THE GREAT THANKSGIVING

Eucharistic Prayer A

BCP p. 361

The Lord be with you. **And also with you**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give him thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

S130

In unison

Ho - ly, ho - ly, ho - ly Lord, God of power and
might, Ho - ly, ho - ly, ho - ly Lord,
God of power and might, hea - ven and earth are

The musical score is written in a key signature of three flats (B-flat, E-flat, A-flat) and a common time signature. It consists of three systems of music, each with a treble and bass staff. The lyrics are placed below the notes. The first system covers the first two lines of lyrics. The second system covers the second and third lines. The third system covers the third line. The music is in unison, meaning both staves play the same notes.

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

The Celebrant continues

As our Savior Christ has taught us, we now pray

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem

S164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:



Celebrant: The gifts of God for the People of God.

Communion Music *Sicut Cervus* Giovanni Palestrina
*As the hart (deer) desireth the water-brooks: so longeth
my soul after thee, O God.*

All baptized persons are welcome to receive Holy Communion. Please remain in place and communion will be brought to you by a minister. You are welcome to receive a blessing, indicated by crossing your arms over your chest.

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant says

Deacon Let us bow down before the Lord.

The people kneel and the Celebrant says one of the following prayers:

Celebrant Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. **Amen.**

Hymn 474

When I survey the wondrous cross

ROCKINGHAM

1 When I sur - vey the won - drous cross where the young
 2 For - bid it, Lord, that I should boast, save in the
 3 See, from his head, his hands, his feet sor - row and
 4 Were the whole realm of na - ture mine, that were an
 Prince of Glo - ry died, my rich - est gain I
 cross of Christ, my God: all the vain things that
 love flow min - gled down! Did e'er such love and
 of - fering far too small; love so a - maz - ing,
 count but loss, and pour con - tempt on all my pride.
 charm me most, I sac - ri - fice them to his blood.
 sor - row meet, or thorns com - pose so rich a crown?
 so di - vine, de - mands my soul, my life, my all.

Words: Isaac Watts (1674-1748) Music: Rockingham, from *Second Supplement to Psalmody in Miniature*, ca. 1780; harm. Edward Miller (1731-1807)

DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

Organ Voluntary

Praeludium in A minor

J. S. Bach

Announcements for April 3, 2022

Today at St. Paul's

- At today's 10:00 service we welcome the Central College Chamber Singers and thank them for their choral music today.

Ukraine Prayer Ribbons

Prayer ribbons are added every Sunday. Pre-cut ribbons and markers are available in guild hall. Loop your ribbon on the screen or leave it on the credenza and Deacon John will place it. Let's fill the screen with our prayers.


Volunteer opportunities for "Connections Cafe April 11, 2022" are now open.

Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet: volunteersignup.org/3ACA3
To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

Looking Ahead to Holy Week and Easter

- *Palm Crosses* - The Altar Guild invites parish members to join us for the making of palm crosses on Saturday, April 9. We will meet in the Godly Play room at 10:00. Please bring a pair of scissors with you. It should only take an hour or so of your time, and it is a fun activity that enhances our worship the next day.
- *Holy Saturday* - The Altar Guild is inviting parish members to join us on Holy Saturday, April 16, to prepare the church for the Great Vigil and Easter Sunday. There are many things to do, such as polishing silver, arranging flowers, replacing linens, cleaning followers, and preparing congregational candles. We start at 10:00 in the morning, and we welcome anyone interested in helping. Please join us in the preparation of this most joyous of services.

Palm Sunday Procession for Peace: Bishop Monnot speaking



*Palm Sunday
Procession for Peace*

Sunday, April 10, 2022
"Who Are My Adversaries?"

2:30-2:45 pm Gather in the south parking lot at the Des Moines Intentional Eucharistic Community 3306 University Des Moines, Iowa	3:00 pm Proceed to Grace United Methodist Church 3700 Cottage Grove Des Moines, Iowa	3:30 pm Worship at Grace United Methodist Church 3700 Cottage Grove Des Moines, Iowa
---	---	---

We will express a vision of peace and justice and a position against racism and war, remembering the true meaning of Palm Sunday, and renew our commitment to be instruments of God's peace. Our speaker will be the Rt. Reverend Betsey Monnot, Bishop of the Episcopal Diocese of Iowa.

**Please bring palms from your Sunday morning service.
Des Moines Faith Committee for Peace**

St. Paul's Sr. Men's Study Group meets Wednesdays at 10:00 am, in the Guild Hall. For more information, please contact John McKinney: j123mck@aol.com or the cathedral Office administrator@cathedralchurchofstpaul.org

Carillon concerts will continue on Sunday mornings at 9:00 am provided that the temperature is above 10 degrees Fahrenheit.

Lenten Zoom Book of Luke Study with Compline

Please join us this Lenten Season for a study of the Gospel of Luke and a Compline service on Zoom on Tuesdays at 7:00 pm. All are welcome, but if you are able, please RSVP so that we can send you discussion questions ahead of time.

Email: johndeacon@cathedralchurchofstpaul.org and nathan.brown2111@gmail.com

We hope you will consider pledging to our Stewardship campaign. If you need a pledge card, they are available in the Narthex. If you received a pledge card in the mail, please be sure to mail it to the Cathedral. You can also place it in the plate. Thank you!



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.