



Friend --

We hope this Newsletter finds you well!

Upcoming Events

Cooking with Anglo! - a live cooking class and launch event for *Say la Vie*



Join us Thursday, January 21st at 6pm on Facebook live via Y4Y's page for a special immersive culinary experience. Join Anglo as he learns to cook one of his favourite meals, the "Bonjour-Pie", the official dish for English-Quebec. Follow along to Café Denise to meet chef Mark Villanueva who will walk us through the preparation of a new take on traditional savoury pie. This recipe is easy but challenging enough to impress any dinner guest so roll up your sleeves and come cook with us! More details coming soon. Bon

Appétit!

"You Are Here" Project Events



Stay tuned for a series of exciting new events, organized by Y4Y's Youth Cultural Ambassadors, during the week of January 25th! Social media announcements will ensue in the coming days.

Big Changes at Y4Y

Our New Interim Executive Director



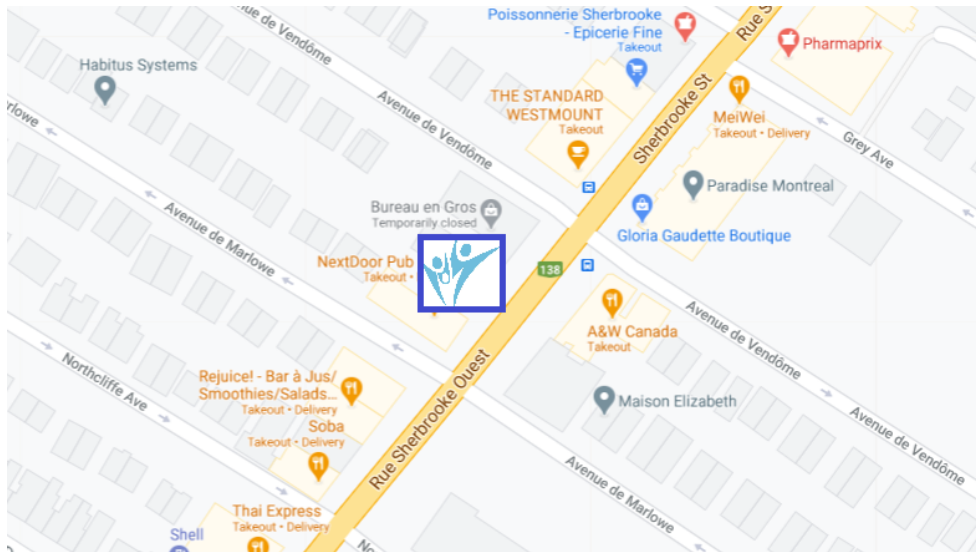
Already a member of the Y4Y family, having shown us her organizational and interpersonal skills through her work on *Project Aliana*, Y4Y is proud to have **Kathleen Mulawka** step in as Y4Y's Interim Executive Director for 2021. We would like to thank **Adrienne Winrow** for the incredible work she has done over the past two years - we couldn't have made it here without her. She will return to her role this time next year.

Our New Communications Director



Noticed something different about us lately? In the very short time since being hired, Maria Mahdessian has already gone above and beyond our expectations of her. Maria received her MA in Design with specialization in Design Research from Bern University of the Arts in Switzerland and her BFA in Design from Concordia University in Montréal. She is interested in using her creativity and communications expertise to give voice to individuals, who feel left out of society, and to raise awareness on topics of disparities in rights, basic needs, and vulnerabilities.

Y4Y is Moving!



Take note! Y4Y will now be located at **5165 Sherbrooke Street West, Suite 107**. We would like to thank the NDG Community Council for the office space they had so generously given us.

Survey

Calling all post-secondary students! We're interested in hearing about your experience during the COVID-19 pandemic. Do you feel well supported, or could you use some extra help? Let us know by filling in the following survey.

[Click here](#)

Last Month's Events

Say la Vie's Second Episode



Fly with Anglo to Montréal to discuss mental health with Psychologist Dr. Ella Amir and activists Divya Aery and Akshay Grover. We're also talking to Fruition Mtl's Kat Charles and Naika Champagne, who's got a great song for you!

Episode II

You Are Here's Inter-generational Event



December 17th - *You are Here: An Exploration of English-Speakers' Heritage, Culture, and Communities in Quebec*. Y4Y's Youth Cultural Ambassadors organized a fascinating inter-generational conversation between youth and community organization representatives. Regions were paired with one another to discuss the topics of English-speaking Québec's heritage, culture and community. Missed the event? Email us at info@y4yquebec.org for the recording!

Cooking for a Cause!



December 7th - Y4Y hosting a fundraiser to benefit AMI Québec and young caregivers. Missed the show? Click below to learn how to make tasty Mulled Wine Poached Pears with Pastry chef Whitney Lee!

Baking with Y4Y!

Want to join the conversation with your peers from across Québec? Click [here](#) to sign up for Y4Y's Slack channel.

Thank you, once again, and from the entire Y4Y Team, stay safe. *Ça va bien aller.*

Madeleine Lawler / President

Kathleen Mulawka / Executive Director

Y4Y Québec is funded by the governments of Québec and Canada.

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Y4Y Quebec

<http://join.y4yquebec.org/>

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