

The days are shortening, the temperature's dropping and Y4Y is gearing up for another action-packed season.

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## Upcoming Events & Initiatives

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### Our 6 key themes for the Priority-Setting Summit Project

- ✓ Character Development
- ✓ Civic Engagement
- ✓ Diversity & Inclusion
- ✓ Education
- ✓ Employment Concerns
- ✓ Professional Development

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Canada

### Priority-Setting Summit

*November 13 & 14, 2021 at 9 am*

*Dawson College, Montréal*

Let the government know what matters most to you. During this 2-day leadership summit, youth from across the province will articulate their priorities and help build a 5-year action plan for the English-speaking community. The [schedule](#) includes workshops, guest speakers and networking activities. Plus, we got you covered: food, transportation and accommodation are on us.

Spots are limited though, so don't wait to [register](#).

*Free monthly workshops  
facilitated by Mental Health Professional*

## With You in Mind

*An initiative aimed to develop  
youth's skills in navigating  
mental health*



**CHSSN**  
Community Health  
and Social Services Network

### Mental Health & Well Being

**With You in Mind** is a new initiative focused on helping youth navigate all things mental health. Starting in November, Y4Y will be partnering with health care professionals to offer free monthly workshops on active listening, substance use, self-care, and cultural considerations. Participants will be entered into a raffle to win a free Mental Health First Aid (MHFA) Training. The first workshop: Substance Use will take place on November 25th at 7pm.

Find out more on our [project page](#).



### You are Here: The Belonging Project

Helping English-speaking youth feel  
a sense of connection to the province  
through regional activities  
and intergenerational conversations



Secrétariat aux relations  
avec les Québécois  
d'expression anglaise

Québec 

## You are Here: The Belonging Project

From the North Shore to the Outaouais, we're pulling out all the big stops to connect (you)th to la belle province. Round 2 of [You Are Here](#) is hitting the ground running with a fresh team of Youth Cultural Ambassadors from all of Québec. More info to come - follow us on our socials. And if you are interested in applying for the YCA position for your region, reach out to [Holly Nadeau](#), the Project Coordinator!

The graphic features the Y4Y Québec logo at the top center, with the word 'presents' below it. To the left, the text 'Financial Literacy Workshop' is written in a large, bold, blue font. To the right, an illustration shows a man in a blue shirt and cap holding a large blue card, while a woman in a red shirt runs towards him holding a banknote. Two large blue exclamation marks are positioned above the woman. At the bottom left, it says 'In partnership with' followed by the CFEÉ logo. At the bottom right, the logos for 'Canada' and 'Québec' are displayed, with the text 'Secrétariat aux relations avec les Québécois d'expression anglaise' above the Québec logo.

## November–Financial Literacy Month

Your money, your way! Whether it's to take control of your finances, to reduce financial stress by making a budget and having savings or to understand your financial rights and responsibilities, this one's for you! We will be teaming up again with **Brian Smith** from the [Canadian Federation of Economic Education](#) to host a **financial literacy workshop** at the end of November. Date & Time to be announced very soon. Stay tuned on our socials!



### Language Legislation Reform

Thoughts on Bill 96? Let us know by filling out this short [survey](#).



### Y4Y Membership

If **you** support our mission and appreciate the work we do, then [become a member](#) - it's free!



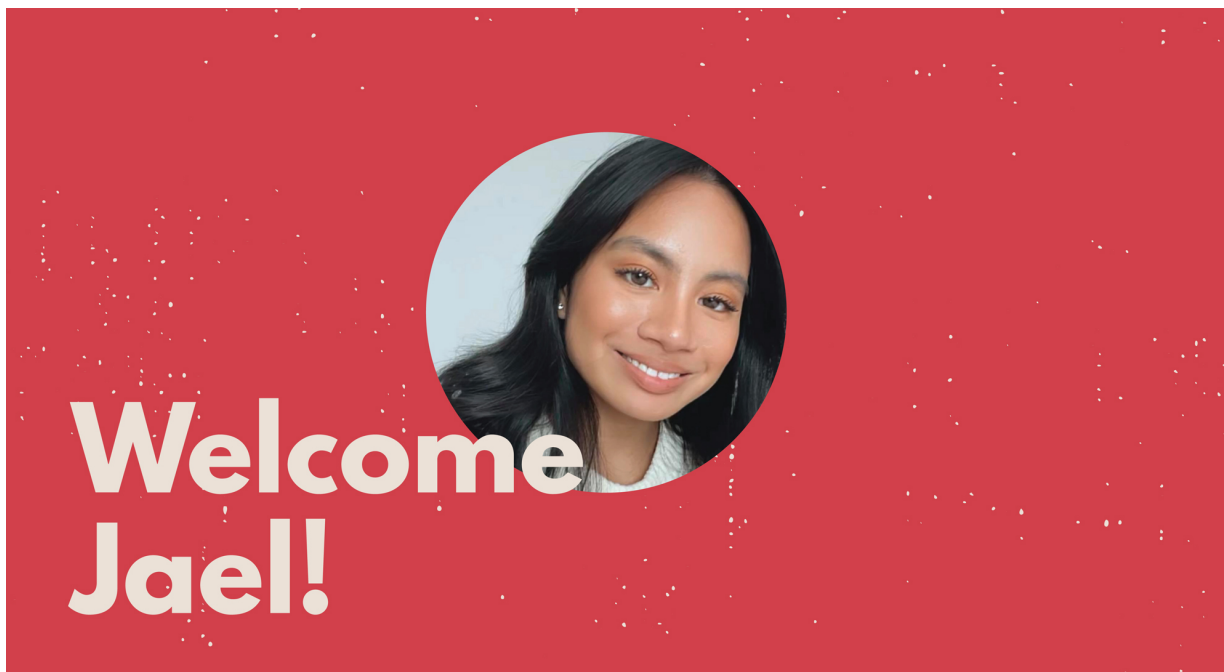
## Slack Community

Connect with your peers from across Québec by joining our [Slack channel!](#)

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## News

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## Our Team's Growing!

We are delighted to introduce our newest addition to Y4Y, Jael Opendo. As Executive Assistant, she hopes to use her knowledge and experience to strengthen our community and positively impact the lives of the people she

meets. Welcome to the team, Jael!



## Say La Vie Podcast

### Episode 11: Season Finale with Christopher Skeete

Say La Vie comes to a show-stopping close with [Christopher Skeete](#). Filmed from our headquarters in Montréal, [Mr. Skeete and Sam discuss](#) relations between linguistic communities and his vision for the future of Québec.

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## In the News

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2021 municipal general elections

**Let's vote on  
November 7!**



Image source: Élections Québec

## GO VOTE!

From Montréal to the Gaspé, municipal elections are taking place on November 7<sup>th</sup>. Click [here](#) to learn more about the process, voting eligibility and what issues are addressed at the municipal level.



## Legislation - on sex and gender?

The CAQ government's recently tabled Bill 2 proposes a distinction between gender and sex identification on official documents for individuals who have not undergone gender confirming surgery. According to the CAQ, this would allow people more ways to self-identify. Many fear, however, that such changes would set Québec back on trans rights by forcing individuals to constantly out

themselves, thereby increasing their vulnerability to discrimination. Follow recent developments [here](#).

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## From our Friends

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## Job Opening

Does the community sector interest you? Do you like meeting dynamic new people? The NDG Community Council is looking for a Community Outreach Worker! Have a look at the job description and apply [here](#).

Deadline to apply is November 3<sup>rd</sup>, 2021.





COOKING ADVENTURES

# Outaouais

with Mat Beausoleil



The Regional Association of  
**West Quebecers**



[www.westquebecers.ca](http://www.westquebecers.ca)

## Cookbook Available Now

**\$10**

Contact

[oec@westquebecers.ca](mailto:oec@westquebecers.ca)

or

819-682-9602

to get your copy!

### Outaouais's Culinary & Cultural Diversity

Need some dinner inspiration? CAO has you covered! This cooking show aired on [MATv Outaouais](#) and [YouTube](#), features restaurant-quality, family recipes from skilled chefs in region.

Plus, with a \$10 donation to the [RAWQ](#), you have access to all of the recipes featured in the show! Email [oec@westquebecers.ca](mailto:oec@westquebecers.ca) for more details.

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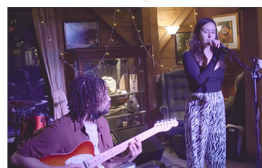
### In Case you Missed It...

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SAY  
LA  
VIE



Closing Event



Canada

## Closing Event - Say La Vie Podcast

October 2, 2021

This intimate soirée at the Montreal Art Center was anything but ordinary. We enjoyed performances from talented local artists and had too many awesome conversations to count! Follow us on [FB](#) and [IG](#) for all the deets.



### Y4Y's Annual General Meeting

September 29, 2021

Another year, another vibrant AGM! Y4Y welcomed **Chelsey Thomas, Wadii Karfali and Corey Hoare** to our Board of Directors and thanked those stepping down for their passion and commitment to the community. Minutes of the meeting are available upon request.

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From the whole team at Y4Y: stay safe and here's to a happy and productive autumn!

*Ça va bien aller.*

**Madeleine Lawler / President**

**Kathleen Mulawka / Executive Director**

Y4Y Québec is funded by the governments of Québec and Canada.

# Québec Canada

Y4Y Québec

<http://join.y4yquebec.org/>

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