



Happy end of November!

We hope everyone is staying safe and warm as the weather gets chillier.

---

## Upcoming Events & Initiatives

---

# Living a Financially Healthy Life

**When?**  
November 29th, 2021  
at 7:00 PM

**Where?**  
on Zoom



The Post Graduate Students' Society of McGill University  
Association étudiante des cycles supérieurs de l'Université McGill



Secrétariat aux relations  
avec les Québécois  
d'expression anglaise  
Québec

## Living a Financially Healthy Life

November 29, 2021 [TONIGHT!] at 7 pm

Join us tonight from the comfort of your couch for this free workshop facilitated by Brian Smith from the Canadian Foundation for Economic Education. We will be discussing several finance-related topics, including budgeting and loans. Sign up [here](#).



You are Here:  
The Belonging Project

## Scavenger Hunt in the Old Town

December 11th, 2021  
at 1:00 PM

meeting point:  
in front of the Monument of Samuel-De Champlain  
on the Dufferin Terrace

Secrétariat aux relations  
avec les Québécois  
d'expression anglaise  
Québec 



### Scavenger Hunt in the Old Town

December 11, 2021 at 1 pm

From the forts to the ports, this scavenger hunt will open your eyes to some of the history and heritage of Québec's oldest city. Participation is free and open to all. [Register](#) today (and bring your A game)!

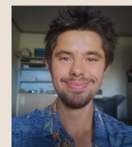
This activity is part of Y4Y's You are Here Project.

## Workshop #2 Mutual Support

January 20<sup>th</sup>, 2021  
at 7pm

Online

# With You in Mind



with  
**David Robinson**  
(hel/him)  
Crisis Intervention Worker

Secrétariat  
à la jeunesse  
Québec 

CHSSN

### Mutual Support with *David Robinson*

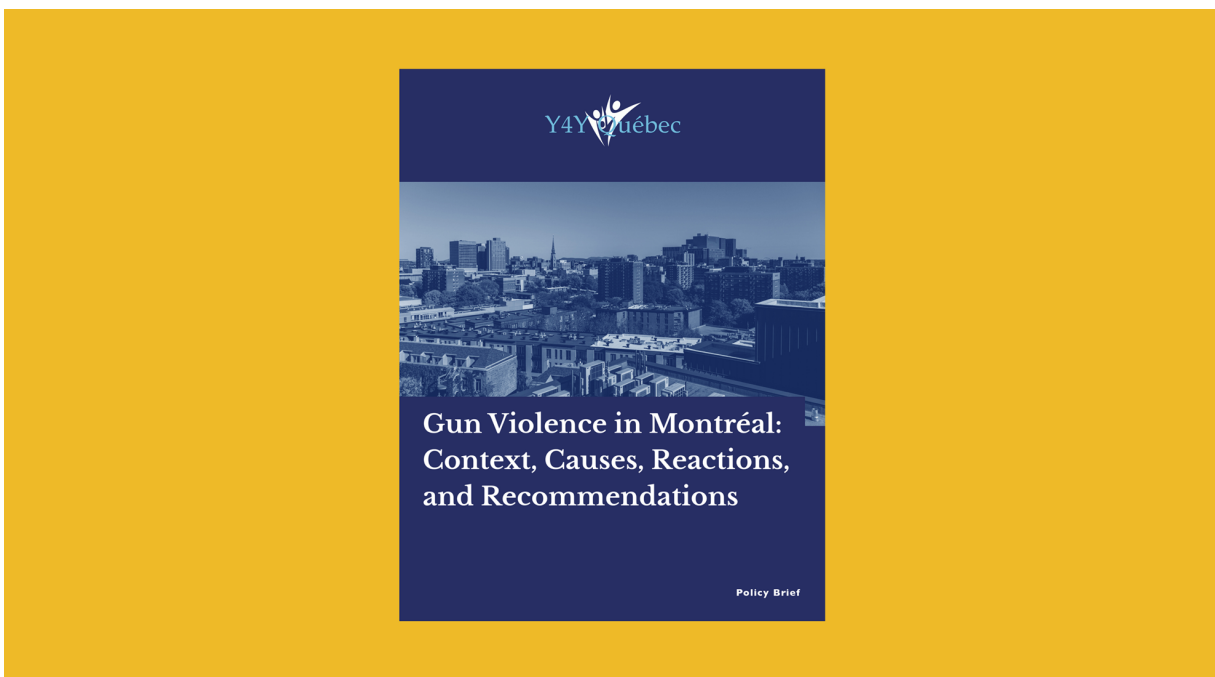
Coming up on **January 20<sup>th</sup>**, Y4Y will be hosting a workshop on how to build your own mutual support group. This workshop is the second of a 4-part mini

series focused on mental health and well being. Mark your calendars and register [here](#). [Check out](#) the full list of workshops and learn more about the *With You in Mind* initiative.



### Bill 96 Survey

Tell us what you think about Québec's ongoing language legislation reform. Here's a short, little [survey](#).



### Gun Violence in Montréal

Gun violence is on the rise in Montréal and it's hitting the city's younger demographic. What are the root causes of this violence? How could it be

addressed effectively? [Read](#) our latest policy brief to learn more.



### **A Little Late to The Party Say La Vie's Closing Event**

Liana Cusmano joined us on Episode 6 of Say La Vie to discuss pride month and the importance of allyship. As a writer, poet, filmmaker and the President of the Green Party of Canada, Liana's finding creative ways to express what's personal and what's political. They weren't able to perform at the closing event, but you know what they say: better late than never. Listen [here](#) to recordings of Liana's poems "Cardi B My Mentor" & "Corners".

---

**From Our Friends**

---



### Scholarship Program

With more than 100 scholarship recipients over the past 20 years, AQEIPS recently launched the 23<sup>rd</sup> edition of their scholarship program for post-secondary students with disabilities (SSD). Scholarships of up to \$1000 are available to support PWD in pursuing higher education, accessing community life and offset additional costs. Interested? [Read on for more details.](#)



### Send Your Proposals!

Montréal Pride is calling all 2SLGBTQAI+ local and provincial artist submissions for the 2022 summer programming. Artists from all disciplines are welcome:

performing arts, visuals arts, digital arts, culinary arts, design, literature, poetry, to inter/multi/transdisciplinary practices and more. Apply by Friday January 28, 2022. Check out the details [here](#).

---

## In Case You Missed It...

---



### Priority-Setting Summit

*November 13 & 14, 2021*

Abitibi. The North Shore. Outaouais. Nunavik. Laurentians. Townships...during our second summit, Y4Y welcomed more than 55 youth from across Québec to exchange, brainstorm, network and plan (in person!) for a future they can be excited about. The work ain't over though: Y4Y is now building an action plan to map out how we're going to make that happen over the next 5 years. Stay tuned.

In the meantime, photos from the Summit can be found on [Flickr](#).

Shoutout to everyone who attended!



You are Here:  
The Belonging Project

## After Hours at Musée de la Gaspésie



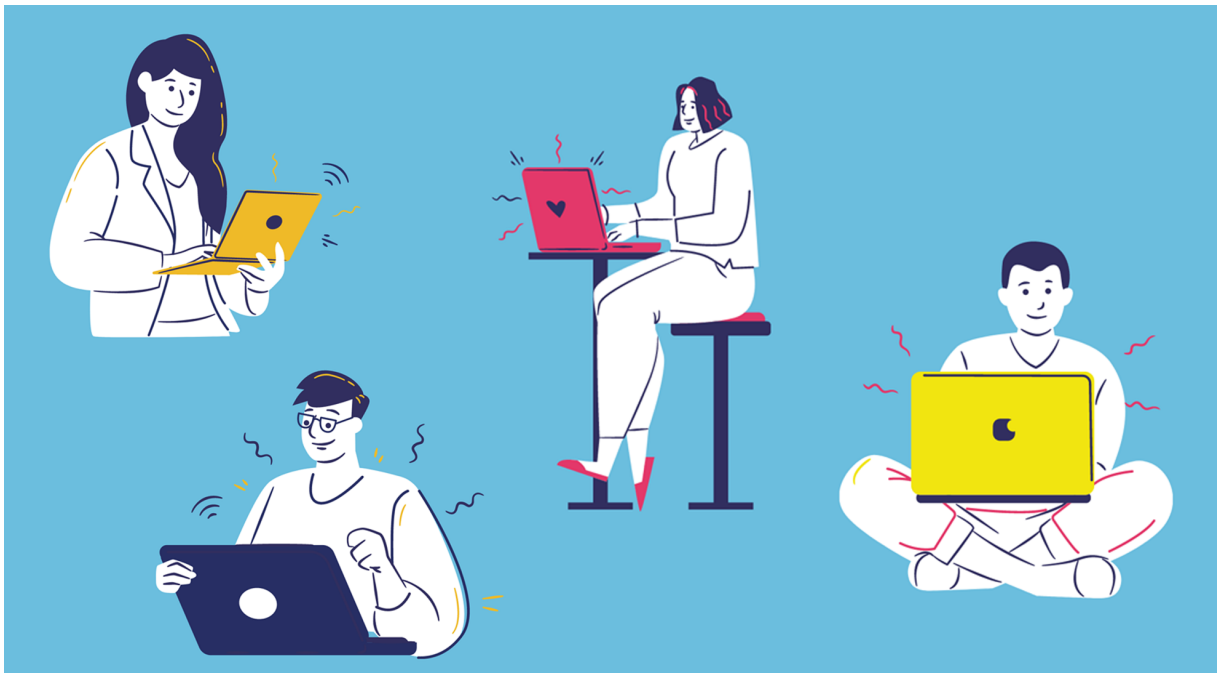
Secrétariat aux relations  
avec les Québécois  
d'expression anglaise  
Québec 

### After Hours at Musée de la Gaspésie

*November 17, 2021*

As part of the You are Here project, Y4Y hosted a guided tour of the *Where Worlds Meet* exhibit. Participants learned about the rich history of the peninsula while enjoying intergenerational conversations with community members.

Missed this event? Follow us on socials to see what's coming up next.



### A Connected Lower North Shore

*November 18, 2021*

After 20 months of remote work, the need for adequate and reliable internet has

never been more important. To address this topic, Y4Y hosted a Town Hall at St. Paul's high school - a community in the Lower North Shore that only received high speed internet this year.

This event, *A Connected Lower North Shore*, discussed both the positives and negatives of internet access. Panelist Angela Morency from the Community Justice Center spoke about cyberbullying and legal consequences, while the Coasters Associations' Latesha Fequet spoke about improved access to employment and social services. Thanks to new connectivity, Mecatina and Netagamou schools were able to watch the event live. The recording can be viewed [here](#).



## Substance Use

November 25, 2021

Addictions Counsellor, *Yamin Weiss*, joined us last week to share his knowledge and experience with substance use. During this workshop participants were invited to comment, question, and learn more about how to manage substance use or support loved one's in their own journey. [Check out](#) the full list of workshops and learn more about the *With You in Mind* initiative.





You are Here:  
The Belonging Project

## Guided Hike at the Alfred Kelly Nature Reserve



Secrétariat aux relations  
avec les Québécois  
d'expression anglaise  
Québec 

### Guided Hike at the Alfred Kelly Nature Reserve

*November 27, 2021*

Our Youth Cultural Ambassador Charlotte hosted a guided hike about birds, history, and environmental activism. The event was welcomed with sunny weather as our YCA and five other attendees explored the trails and enjoyed the outdoors! Keep an eye out for more You are Here project activities such as this hike.

**Join our community.  
Become a member.**



### Y4Y Membership

Do you support our mission and the work that we do within the community?

Become a member - it's free! To find out more or to sign up, visit our [Membership page](#).

Connect with us on our social media platforms: [Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#) to stay in the loop!

Y4Y Québec

<http://join.y4yquebec.org/>



Y4Y Quebec Association · 5165 Sherbrooke St W, Suite 107, Montréal, QC H4A 1T6,  
Canada

This email was sent to [maria.mahdessian@y4yquebec.org](mailto:maria.mahdessian@y4yquebec.org). To stop receiving emails, [click here](#).

Created with [NationBuilder](#), software for leaders.