



What's New at Y4Y?



Understanding Law 96

A Virtual Town Hall & Info Session



Featuring  **APATHY IS BORING.™**
Connect, Educate and Activate.



Tuesday, February 7th, 2023
from 6 to 7 pm

Funded by the Government of Canada
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Understanding Law 96
A Virtual Town Hall & Info Session

February 7, 2023, at 6 pm

An Act respecting French, the official and common language of Québec [Law 96] has been law since June 2022.

Join our two fascinating speakers as they raise awareness on the topic. **Éducaloi** walks us through how we got here since Bill 101 and how Law 96 will affect English-speaking youth. **Apathy is Boring** addresses the ways in which youth can increase their civic engagement.

Register [here](#) to receive the Zoom link!

**You are Here:
The Belonging Project**

Valentine's Day Tea Party: Community 5 à 7 at Uplands

February 14, 2023

📍 **Uplands Heritage House**
(9 Rue Speid, Sherbrooke)

*Secrétariat aux relations
avec les Québécois
d'expression anglaise*
Québec

In partnership with:
UPLANDS *vent*
tea

Valentine's Day Tea Party: Community 5 à 7 at Uplands

February 14, 2023, at 5 pm

Come celebrate the day of love with your community!

Join Y4Y from 5 to 7 pm at the [Uplands Cultural and Heritage Centre](#) and enjoy its historic ambiance over tea and freshly-baked goods. The evening will also include a tour of the [Uplands House heritage exhibition](#) and a community letter exchange. Meet new people in the area and enjoy a (delicious) piece of local history!

Whether it's a friend, partner, family member, or any special person in your life—bring a +1 to be entered for the chance to win some goodies from our friends at

[Vent Over Tea](#).

Check out the [registration link](#) to reserve your spot.

This event is **free** of charge!

 **You are Here:
The Belonging Project**

A Date with the Diaspora:

A Zine Launch & Storytelling Night

February 17, 2023

6:00 to 8:00 pm

 **Brique par brique**
*633 Beaumont Avenue,
Montréal*

In partnership with:



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d'expression anglaise**

Québec 

A Date with the Diaspora: A Zine Launch and Storytelling Night

February 17, 2023, at 6 pm

Hey, Montréal—what's your favourite home-cooked meal?

Food is an essential facet of our heritage. When we share meals, we create sites of belonging.

As part of the [Belonging Project](#), we are putting together a Community Zine centred on food and foodways. We welcome the contribution of recipes, written work, and visual art about food—with a focus on stories and recipes from the diaspora.* **Deadline for submissions is February 10th.** Interested in sharing a recipe, poetry, photo(s), drawing(s), etc on food?

Please fill out the [form](#)!

We will be offering \$20 gift cards to the contributors of the chosen submissions.

The Zine launch event will take place from 6 to 8 pm at [Brique par brique](#) (633 *Beaumont Ave, Montreal, QC*). We look forward to seeing (and maybe even tasting!) your recipes, writing, and visual work!

Sign up [here](#) to join the event.

**Diaspora: any group that has been dispersed outside its traditional homeland, either involuntarily or by migration*

**You are Here:
The Belonging Project**

**Tales from the Outaouais:
Intergenerational Storytelling
Circle**

February 7, 2023

6:00 to 8:00 pm

📍 **Carrefour jeunesse emploi
d'Outaouais,**
350 Bd de la Gappe,
Gatineau

**Secrétariat aux relations
avec les Québécois
d'expression anglaise**

Québec

In partnership with:

**Carrefour
jeunesse emploi
de l'Outaouais**

Tales from the Outaouais: Intergenerational Storytelling Circle

February 7, 2023, at 6 pm

Storytelling is how we are able to connect, transfer knowledge, and reflect on our shared histories. Join Y4Y in Gatineau for an Intergenerational Storytelling

Circle that brings together tales and legends from local tellers.

In partnership with [Carrefour jeunesse emploi de l'Outaouais](#), this event is free and open to all! Come enjoy a night of storytelling, connection, and delicious food.

Sign up [here!](#)

You are Here:
The Belonging Project

Winter
Jam
Session:

Spoken Word & Music Night

February 20

6:00 to 8:00 pm

Harpell Center,
60 St. Pierre Street,
Sainte-Anne-de-Bellevue

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avec les Québécois
d'expression anglaise
Québec

Winter Jam Session: Spoken Word and Music Night

February 20, 2023, at 6 pm

Feeling like celebrating West Island's brilliant local arts scene? Come enjoy a cosy night of live music and poetry, live from the [Harpell Center at Saint-Anne-de-Bellevue](#). We'll be hosting a live reading by [Samara O'Gorman](#), and local musicians [Ask the Birds](#). Snacks and warm drinks await, so invite your friends, family, and loved ones to join in on an intimate evening full of lyrical words and gentle melodies.

No tickets required—Simply come as you are! But spots are limited!
Make sure you reserve yours [here!](#)



Residential Precarity: Youth and Housing in Québec's Urban Centres

In Québec, young renter households are at increased risk of residential precarity.

[Read our latest policy brief](#), written by Chloe Rodriguez, which explores rising rent prices, the circumvention of tenants' rights, and the intersectional challenges of being a young renter in Québec.



**CHECK OUT
OUR NEW
BLOG POSTS!**

Funded by / Financé par:



New Blog Posts from Our Community Liaisons

Facing some undue stress this new year?

Our [Community Liaisons](#) are back with some tips on how to navigate a creative slump, how to slow down and embrace uncertainty, and how to survive a true travel fiasco. Plus, an homage to hometown heroes!

Click [here](#) for blog posts!



Mental Health Resources List

Need a hand finding the right resources to tend to your mental health?

We've got you covered.

Consult [our list of English-Language Mental Health Resources in Québec](#)

and find the care you need.



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Y4Y's Project Impact Field Trips & Activities

It's been quite the month for [Project Impact](#).

Pierrefonds Community High School's Community Learning Centre (CLC) invited a group of Grade 11 students to tour Montréal's historic Little Burgundy neighbourhood. The tour was hosted by [Black Montreal Experiences](#), who provided insights into one of Canada's oldest Black English-speaking communities.

Then, our friends at [LOVE](#) invited the [Pierrefonds Community High School Youth Committee](#) to a special Photography Workshop. Students learned about

the rule of thirds, photographic compositions, and popular types of photography. They will definitely put these skills to use when creating their region's Travel Poster!

Finally, [Ms.Lefebvre's Leadership Classroom](#) at [St. Patrick's High School](#) visited two renowned National Historic Sites of Canada. First, they visited the [Morrin Centre](#), a former prison site and hub for English-speaking heritage in Québec that holds the [Literary and Historical Society of Quebec's](#) historical documents dating back to the 19th century. Second, they visited the [Citadelle of Québec](#), an active military base. After Britain's conquest of New France, the base was used as a defence against potential American attacks, and is now a military installation of the Canadian Armed Forces.

A big thank you to our Youth Leaders for their participation!

In the Community



Centre de ressources
connexions
Resource Centre

MENTAL HEALTH & WELLNESS CHECK-IN

FEELING LONELY,
MENTALLY DRAINED
OR STRESSED?

NEED A LISTENING EAR
& COMPASSIONATE
HEART?

Connexions is
providing Mental
Health & Wellness
Check-Ins by
our new Mental
Health Project
Coordinator starting
October 31.

CHSSN

Mental Health & Wellness Check-in with Connexions in Gatineau

Are you located in the Gatineau area and in need of a friendly listener?

Connexions Resource Centre is currently offering 30-minute mental health & wellness check-in phone calls, free of charge.

Register for your check-in [here](#).



LOOKING TO JOIN A BOARD OF DIRECTORS?



RAWQ is searching for two Board Members

The **[Regional Association of West Quebecers \(RAWQ\)](#)** is looking to fill **[two vacancies](#)** on its Board of Directors. This is a wonderful opportunity to represent the English-speaking community and to become a driver of change and innovation.

To submit your candidacy, send a letter of intent and a short bio of yourself to nominations@westquebecers.ca.

★ Participants needed for a study on language and belonging in Montreal! ★

Did You Attend School in Montreal's Public School System?

Is Your Mother Tongue a Language Other Than French?

I'm an undergraduate student at McGill university conducting a study for my Honours Thesis on schooling experiences, language abilities and sense of belonging among Montreal youth (aged 18-25) and am looking for people to interview.

If you are interested in sharing your experiences, I would love to hear from you!

Your participation would involve a **45 to 60-minute, confidential interview** over Zoom or in person.

Please contact: anneka.hendrickswang@mail.mcgill.ca

This study has been reviewed and approved by the McGill Research Ethics Board (file no. 22-11-020) and conforms to the standards of the Canadian Tri-Council Research Ethics guidelines. The Faculty Supervisor for this project is Professor Elaine Weiner (elaine.weiner@mcgill.ca)

Participants Needed for a Study on Language & Belonging in Montréal.

Interested participants should email: anneka.hendrickswang@mail.mcgill.ca.

Get Involved

VOLUNTEER

VOLUNTEER

VOL Enhance **EER**
your

VOL leadership **EER**
skills.

VOLUNTEER

Funded by:



Volunteer with Us

Looking to get involved with the community you love?

Join our team of volunteers!

The time and energy you give to Y4Y doesn't go unnoticed. We offer letters of recommendation, professional references, and mentorship opportunities that allow you to hone your leadership skills and build your resume.

Find out more [here!](#)



Y4Y Membership

Do you support our mission and the work we do within the community?

Become a member - it's free!

To find out more or to sign up, visit our [Membership page](#).

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If you haven't yet, connect with us on:

[Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#), [TikTok](#), [YouTube](#)

to stay in the loop!

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Québec

<http://join.y4yquebec.org/>

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