



What's New at Y4Y?



Understanding Youth: Working with Youth in Vulnerable Situations

**2-part workshop series
+ workbook!**



Funded by:

Canada

Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec



Understanding Youth: Working with Youth in Vulnerable Situations

Y4Y is proud to share our new two-part video workshop series, with an accompanying handbook on "Working with Youth in Vulnerable Situations." Our workshops are interactive; complete the exercises in the workbook while simultaneously watching the videos. Each workshop follows particular case studies to increase real-world applicability.

If you are an organisation interested in sharing this content with your volunteers and staff before engaging in activities with youth, [sign up here](#)

to receive the workshop series and handbook.



New Blog Posts from Our Community Liaisons

Our Community Liaisons are back with another round of blog posts! With mental health taking centre stage these stories of resilience showcase the strength, time, and love that goes into recovering from difficult times, and connecting with your roots.

Check them out [here](#).



Little Free Library Opening Ceremony!

April 1, 2023
10:00 - 11:00 am



Maison Girardin
600, Royale Avenue
Québec
G1E 6Y9



Funded by:



In collaboration with:



Y4Y's Free Library in Québec City!
Saturday, April 1st from 10 am to 11 am

Looking for English-language books in Québec City? Have some lying around you've never read?

Y4Y Québec has a Free Library in Québec City!

Our [Community Liaison](#), Flora, and [La Société d'art et d'histoire de Beauport](#) are collaborating on an opening ceremony at [Maison Girardin](#), a beautiful heritage site in Vieux Beauport. Come and celebrate the grand

opening with us! Don't forget to bring along those old books of yours to give them a new home, and exchange them for new ones.

The graphic features a purple top section with the text "MENTAL HEALTH RESOURCES" in large, bold, dark blue letters. Below this, on a light green background, is the text "in English, throughout Québec." in a smaller, italicized font. A central illustration shows a profile of a human head with a blue outline, filled with a complex, tangled scribble of blue lines representing a brain. The entire graphic is decorated with several yellow four-pointed starburst icons.

**MENTAL HEALTH
RESOURCES**

in English, throughout Québec.

Funded by:

Secrétariat à la jeunesse Québec  Fondation Lucie et André Chagnon  CHESN 

English-Language Mental Health Resources

It's never wrong to ask for help when you need it. If you're not sure where to start, we are here to help.

Check out our province-wide [list of English-language mental health resources](#) today, and make your wellbeing a priority.



**Storytelling Circle Tales of Community & Belonging:
Meet Your Neighbour / Salut les voisins & Belonging Projects'
Final Event**

(Le français suivra)

On March 28, Y4Y's storytelling initiative, [Meet Your Neighbour / Salut les voisins](#), hosted its final event in collaboration with our [You Are Here](#) project. The evening was centred around a panel discussion on common themes that

tied both projects together, such as *community building, belonging, and heritage*.

Paying tribute to a year of honest and fearless storytelling, Y4Y produced a video showcasing the three living library events we hosted across Québec in Sherbrooke, Québec City, and Montréal, as well as highlighting the connections forged between local community members. This video also serves to celebrate the work of our coordinators, youth advisors and human books in strengthening our understanding of diversity and bilingualism through the magic of storytelling.

Check out the *Meet Your Neighbour / Salut les voisins* video [here!](#)



Meet Your Neighbour
Salut les voisins

**Cercle de contes :
histoires de
communauté et
d'appartenance**

Funded by the Government of Canada
Financé par le gouvernement du Canada | **Canada**

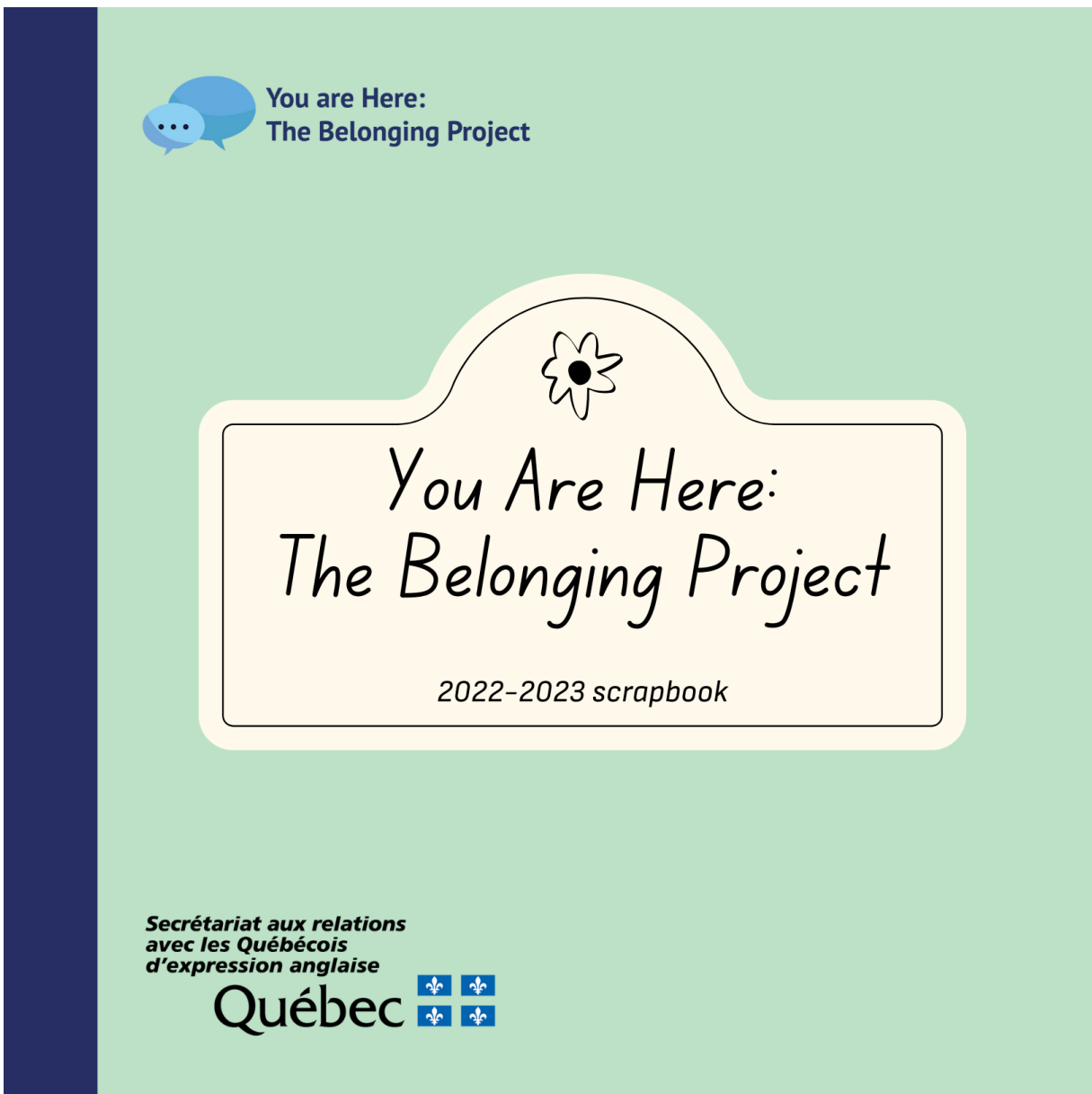
**Cercle de contes:
événement de clôture de « Salut les voisins / Meet Your
Neighbour » et « Belonging »**

Le 28 mars, [Meet Your Neighbour / Salut les voisins](#) a organisé son dernier événement en collaboration avec le projet [You Are Here](#) de Y4Y. La soirée était centrée autour d'un panel de discussion culminant sur des thèmes communs qui reliaient les deux projets, tels que la *communauté*, *l'appartenance* et le *patrimoine*.

Rendant hommage à une année de contes pleins de cœur et de résilience, une

vidéo a présenté nos trois bibliothèques vivantes organisées à Sherbrooke, Québec et Montréal. La vidéo a donné un aperçu de l'expérience de la bibliothèque vivante et des liens tissés entre les membres de la communauté locale. Nous avons voulu célébrer également le travail de nos coordonnateurs, conseillers jeunesse et livres humains pour renforcer notre compréhension de la diversité et du bilinguisme grâce à la magie de la narration.

Visionnez la vidéo de *Meet Your Neighbour / Salut les voisins* [ici](#) !



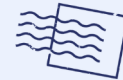
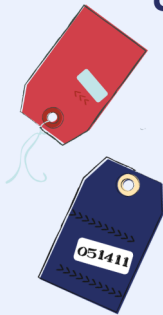
You Are Here: The Belonging Project's Year 3—It's A Wrap!

Seven months ago, five aspiring youth organisers came together to create community spaces of kinship and belonging. It's hard to believe that the third cycle of the Belonging Project is now coming to an end, but it's also amazing to see what these Youth Cultural Ambassadors have achieved in their short time with us. Y4Y compiled a virtual scrapbook to reflect on all of the outstanding events completed by these youth organisers, the people we've connected with, and the places we call home. We hope you enjoy these snapshots of our communities!

Check out the [You are Here](#) year-in-review scrapbook [here!](#)



*Travel Posters & Heritage Passports
created by 6 schools across
5 regions of Québec!*



Funded by:

Canada

In partnership with:



Project Impact's Hybrid Travel Poster Launch!

On March 20th, Y4Y's [Project Impact](#) held its wrap-up hybrid event at Beurling Academy High School in Verdun, Montréal. Online viewers and over 80 students heard all about the exciting field trips conducted by five schools, located all across the province, to sites of historical importance to English-speaking communities. Students attending the event in-person were invited to view the gallery of Travel Posters & Passports created by the participating schools. They also had the opportunity to join in on an art activity, thought-experiment, and complete a survey on their participation in the project!

Interested to know more about Project Impact? Curious to see all the beautiful Travel Posters & Passports designed by participating students?

Check out Project Impact's [video](#) and [website](#)!



My City, My Voice

Y4Y had an excellent time assisting [Éducaloi](#) in putting together a mock city council debate for [BGC Dawson](#)'s youth council to inform them on how to get involved in municipal politics. Their project, entitled "My City, My Voice," is

funded through Justice Canada. Thank you to [Chad Walcott](#) & [Stephanie Valenzuela](#) for being excellent & informative guest speakers, [Darley Polony](#) from BGC Dawson, as well as all of the amazing youth who participated in this event!

In the Community



Connect · Collaborate

**ARTISTS
INSPIRE
GRANTS**

Now recruiting Teaching Artists

Deadline to apply: April 12, 2023

Create · Celebrate



Calling all creatives!

The **English Language Arts Network** is currently recruiting teaching artists. Artists with experience facilitating educational experiences for participants of all ages, including older adults, are welcome to apply.

Want to learn more?

View ELAN's [F.A.Q. for artists.](#)

Apply [here](#) before April 12th!

NEW CREATIVE JOURNALING[®]

Introductory Workshops!
with instructor
Tammy Lacroix

@ Centre Communautaire
Drummondville Sud.
1550 rue St. Aimé

Explore a variety of original techniques ranging from introspective to fun and relaxing!

All 4 Workshops for \$40!
\$175 VALUE WITH CASE COVERING THE REMAINDER OF THE COST - PROVIDE YOUR OWN JOURNAL BOOK

April 3rd, 1:30 - 4 pm:
A taste of the 3 languages of New Creative Journaling[®] (writing, drawing and collage)

April 17th, 1:30 - 4 pm
The discovery of different spontaneous writing techniques

May 1st, 1:30 - 4 pm
Add a variety of intuitive drawings to your pages

May 15th, 1:30 - 4 pm
Integrate collage into your journal as a means of expression

REGISTER & PAY BY MARCH 1
CONTACT KARINE
casemcqliaisonagent.cdq@gmail.com

CASE
CENTRE FOR ACCESS TO SERVICES IN ENGLISH
WWW.CASEMCO.COM

Centre intégré universitaire de santé et de services sociaux de la Mauricie-et-du-Centre-du-Québec
Québec

CERTIFIÉ
Journaling
Créatif

Canadian Heritage Patrimoine canadien

New Creative Journaling Introductory Workshops

Have you been searching for a journaling community?

[The Centre for Access to Services in English of Mauricie-Centre-du-Québec](#) warmly invites you to join their bi-weekly New Creative Journaling Introductory Workshops, running from April through May! There will be 4 workshops in total, for a minimal fee of \$40.

Sign up with Karine at **casemcqliaisonagent.cdq@gmail.com**.



Place aux jeunes en région

Are you a post-secondary student, graduate or skilled worker between 18 and 35 years old?

[Place aux jeunes en région](#) has over 2000 jobs and internships on offer in regions throughout the province.

Check out their **[job board](#)** to discover your options!

Want to try it out before you commit?

[Place aux jeunes en région](#) offers free **[exploratory stays](#)** for you to come and visit your region of choice.

Sign up now and build your future in Québec's regions!

Get Involved with Y4Y

VOLUNTEER

VOLUNTEER

VOL *Enhance your leadership skills.* **EER**

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VOLUNTEER

Funded by:



Volunteer with Us

Looking to get involved with the community you love?

Join our team of volunteers!

The time and energy you give to Y4Y doesn't go unnoticed. We offer letters of recommendation, professional references, and mentorship opportunities that allow you to hone your leadership skills and build your resume.

Find out more [here!](#)



Y4Y Membership

Do you support our mission and the work we do within the community?

Become a member - it's free!

Our updated membership structure now includes options for youth ages 16-30, organisations, and those who are outside the target audience age of Y4Y activities but believe in the cause and want to help!

To find out more or to sign up, visit our [Membership page](#).

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If you haven't yet, connect with us on:

[Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#), [TikTok](#), [YouTube](#)

to stay in the loop!

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Québec

<http://join.y4yquebec.org/>

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