





What's New at Y4Y?


The graphic is a vertical rectangular poster with a light beige background. At the top center is the Y4Y Québec logo. The background is decorated with clusters of red and blue dots. The main text is in a large, bold, dark blue sans-serif font. Below the title are three lines of information, each preceded by a small icon: a calendar icon for the date, a clock icon for the time, and a location pin icon for the venue. At the bottom right, there is a call to action and a decorative wavy line.

Y4Y Québec

Annual General Meeting

 Thursday, June 22, 2023

 6 to 7:30 pm

 *via Zoom and in the office*

Come and join us!

**You're invited to Y4Y's Annual General Meeting
(& After-Party)!**

Wednesday, June 22nd from 6-7:30 pm

Join us virtually, or at our Montréal office, and get the full Y4Y year-in-review. It will be an opportunity to gather and acknowledge everyone's contributions to an amazing year of growth, as well as to kick off new projects and initiatives with our youth community. Food, drinks and refreshments will be available at the office event!

If you're joining in person, stay for the after-party from 7:30-9pm!

[RSVP here!](#)

HAVE YOU EXPERIENCED **CLIMATE ANXIETY?**

We want to hear from you!



Survey Alert!

What do you know about climate anxiety? Y4Y is currently seeking to build a preliminary portrait of the mental health landscape for English-speaking youth

across the province as it relates to climate change.

If you live in Québec and are between the ages of 15-30, we would love your feedback! **Plus, enter your email address in the survey form to be entered for a prize draw of \$100 to Indigo.**

[Survey link here!](#)



Visit from the Minister

Early this month, we had the pleasure of hosting the Honourable Ginette Petitpas Taylor, Minister of Official Languages and Minister responsible for the Atlantic Canada Opportunities Agency, in our office.

The Minister's colleagues Richard and Catherine attended, as well as Y4Y staff and Board members. What a fascinating exchange we had, ranging from policy

to best practices in peer-to-peer outreach.

We look forward to meeting again soon, once the Official Languages Action Plan is operational. Y4Y will be seizing the many opportunities it presents to better serve the English-speaking youth communities of Québec through youth-led projects and initiatives.



Mental Health in the Anthropocene: Climate Anxiety among Québec's English-Speaking Youth

Climate change does not merely threaten our physical environments—it also threatens our mental health. As climate conditions worsen, so do feelings of climate-related anxiety, which can lead to a host of psychosocial responses such as depression and post-traumatic stress.

Y4Y's new policy brief, co-written by Alex Pettem and Fernanda Rengel, explores the potential surge in demand for climate-conscious mental health care in the minority language, and how organisations might support English-speaking youth in receiving it.

Read it [here](#).



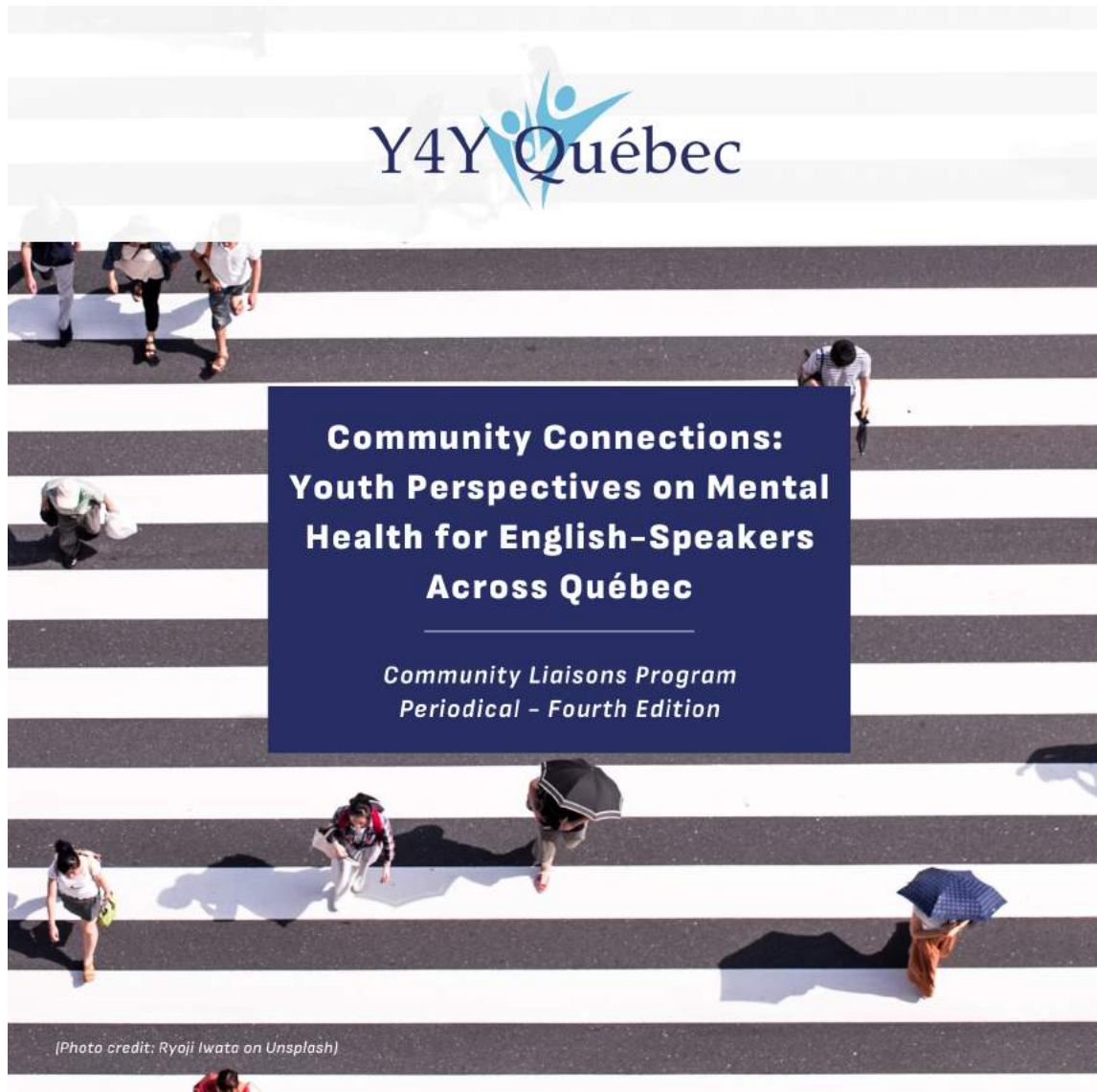
New Blog Posts!

We're both excited and nostalgic to announce our final round of blog posts from our wonderful Community Liaisons!

What incredible insights our 4 Liaisons have brought to light. We will miss learning about the idiosyncrasies of English-speaking youth across Québec

from Nadine, Savannah, Flora and Chloe. We can't wait to see where this wonderful team of dynamic, kind and brave individuals will go from here.

[Check out our blog!](#)



Fourth & Final Community Liaison Periodical

Every month, our Community Liaisons put pen to paper to recount their experiences as English-speaking youth in all corners of Québec. We've been compiling highlights in periodical form to celebrate the power of story-telling, and amplify discussions about mental health.

From what it means to healthily occupy one's time, to truly listening to one another, you won't want to miss the fourth and final edition of Community Connections.

View it [here!](#)



Y4Y Membership

Do you support our mission and the work we do within the community?
Become a member—it's free!

We have member options for everyone. Whether you're a youth, a supporter outside of our target-demographic, or an organisation, join the Y4Y family today.

To find out more, or to sign up, visit our [Membership page](#).

In The Community

ECO-02 IS HIRING

PROJECT COORDINATOR 

Are you:

- **English-speaking or Bilingual?**
- **Community minded?**
- **Comfortable leading/facilitating activities?**

Join ECO-02 in improving the well-being of English-speakers in the Saguenay-Lac-Saint-Jean and their access to Health & Social services.

25-35 hrs per week. Salary based on experience.

Apply Today:  ed@eco-02.ca



ECO-02 is Hiring!

ECO-02 is currently recruiting a Project Coordinator to represent ECO-02 and Saguenay-Lac-Saint-Jean's English-speaking community. The role is based in Jonquière, and requires a time commitment of 25-35 hours a week.

View the full job description [here](#).



Pontiac Pride Community Festival
Saturday, June 10 from 11am - 4pm

Y4Y is thrilled to support and partner with Fierté Pontiac Pride to celebrate diversity, inclusivity and love at Pontiac's community Pride Festival!

Come by and show your support for the 2SLGBTQAI+ community at this free, family-friendly & fun-filled event complete with food, a dance party, games, workshops, lots of outdoor fun, and of course, plenty of rainbows!

[RSVP here](#)

If you haven't yet, connect with us on:

[Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#), [TikTok](#), & [YouTube](#) to stay in the loop!

Y4Y Québec is funded by the governments of Québec and Canada.



Y4Y Québec

<http://join.y4yquebec.org/>

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