



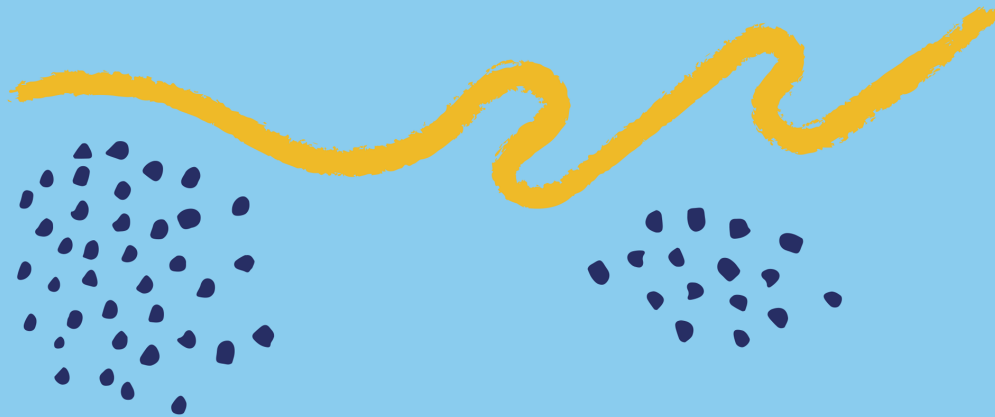
What's New at Y4Y?



Charting the Course

2022-2023

Year in Review



Annual Report

 **Y4Y's Annual Report Is Out!** 

The Team was proud to create opportunities for Québec's English-speaking youth to take leadership roles in their communities in 2022-23. 🙌🤝

Check out Y4Y's 2022-2023 Annual Report [here](#).

 **Congratulations to Y4Y's New and Returning Board Members** 

During Y4Y's AGM, held on June 22nd, the membership elected Latesha Fequet, Mary Lynne Loftus, Charlotte Crober, and Sufia Langevin to the Board! Re-elected were Jamie Fabian, Caleb Owusu-Acheaw, and Joanna Kanga.

Congratulations to all, and we look forward to sharing your expertise and passion for empowering Québec's English-speaking youth.

Youth on Boards



Governance in Motion

✨ *Youth on Boards* ✨
Governance in Motion

We are excited to announce the launch of **Youth on Boards**, a program designed to provide English-speaking youth with the necessary training, skills, and confidence to join Boards of Directors, and help revitalise the governance landscape in Québec.

The first group of community-minded youth will train in November 2023, and the second group in February 2024.

🌟🌱 Spots are limited—secure yours by filling out this short [Expression of Interest](#) form today!



📖 Does your organisation provide front-line services to youth? Help us ensure that English-speaking organisations are heard at the provincial level 🇮🇹

🔍 There are two ways to help Y4Y contribute to a larger study on youth-

serving organisations:

if you represent a youth-serving organisation, fill out survey #1; if you work directly with youth as a coordinator, interventionist, caregiver, etc. fill out survey #2.

Contact brock.nykoluk@y4yquebec.org to make sure English-speaking organisations and their youth workers are included in the [province-wide study](#).

The graphic features the 'WELLNESS LIAISONS' logo in purple text with a heart-shaped speech bubble icon. Below the logo, the text 'We're hiring!' is displayed in a large, dark blue font on a light green brushstroke background. Four colored circles are arranged in a diamond pattern, connected by thin, leafy branches. The circles are: a purple circle for 'Emotional Wellness Liaison', a yellow circle for 'Financial Literacy Liaison', a blue circle for 'Physical Wellness Liaison', and a green circle for 'Spiritual Wellness Liaison'.

📣🌱 We're Hiring Wellness Liaisons! 🌱📣

The [Wellness Liaisons](#) Project is all about highlighting the importance of

holistic wellness on English-speaking university campuses throughout Québec.

💜 This project aims to address the gaps in mental health programming that often rely solely on traditional therapy or psychotherapy.

If you are a university student seeking practical experience in your field of study and are eager to enhance your resume, we invite you to apply for one of the four Wellness Liaison positions. Each liaison will be responsible for championing one specific area of wellness: physical, financial, emotional, or spiritual. **These part-time contracts will span six months, with an anticipated start date of August 28th.** 📅 17 🧳

The deadline to apply is Friday, August 18th at 11:59 pm. ⌚

To view the full job descriptions and requirements, [please visit our website.](#)



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 **Welcome to the City** 

Are you moving from Québec's regions to Montréal for the upcoming Fall semester to attend CEGEP, or do you know someone who is? 🎓 🎒

Welcome to the City is designed to assist you in becoming familiar with Montréal, connecting with other students from various regions of Québec who are starting CEGEP, and acquiring essential life skills to support yourself during this new phase of your life. ⚡

We extend a warm invitation to incoming CEGEP students to apply for the opportunity to connect with one another and explore the vibrant community of Montréal. 📍 👥

Register [here](#).

Sexual & Reproductive Healthcare



What's your experience?

Share your experience anonymously!

Get a chance to win a \$50 gift card & Y4Y merch

 **Survey Alert!**  

What's your experience regarding Sexual and Reproductive Health (SRH) services in Québec?

Y4Y is conducting research with the aim of building an understanding of youth perceptions of, experiences with, and attitudes towards SRH services in Québec. If you are between the ages of 15 and 30 and are living in the province, we would greatly appreciate your contribution!  

 **[Take the survey!](#)**  

! Please note: This survey is completely anonymous. However, at the end of this survey you may enter your email for a chance to win a \$50.00 gift card and Y4Y Québec merch!

Civic leadership institute for Quebecers aged 18-26

This initiative is supported by the Quebec Government's *Secrétariat aux relations avec les Québécois d'expression anglaise*.

BISHOP'S FORUM 2023

CONNECTING QUEBEC'S
ENGLISH-SPEAKING YOUTH

REGISTRATION
NOW OPEN

AUGUST 11-16, 2023
SAVE THE DATE!



LEADERSHIP | NETWORKING | COMMUNITY

Bishop's Forum 2023

Calling all young change-makers! ✨



Join us for an incredible opportunity at Bishop's Forum 2023!

And don't miss out on the chance to hear Y4Y Québec present.

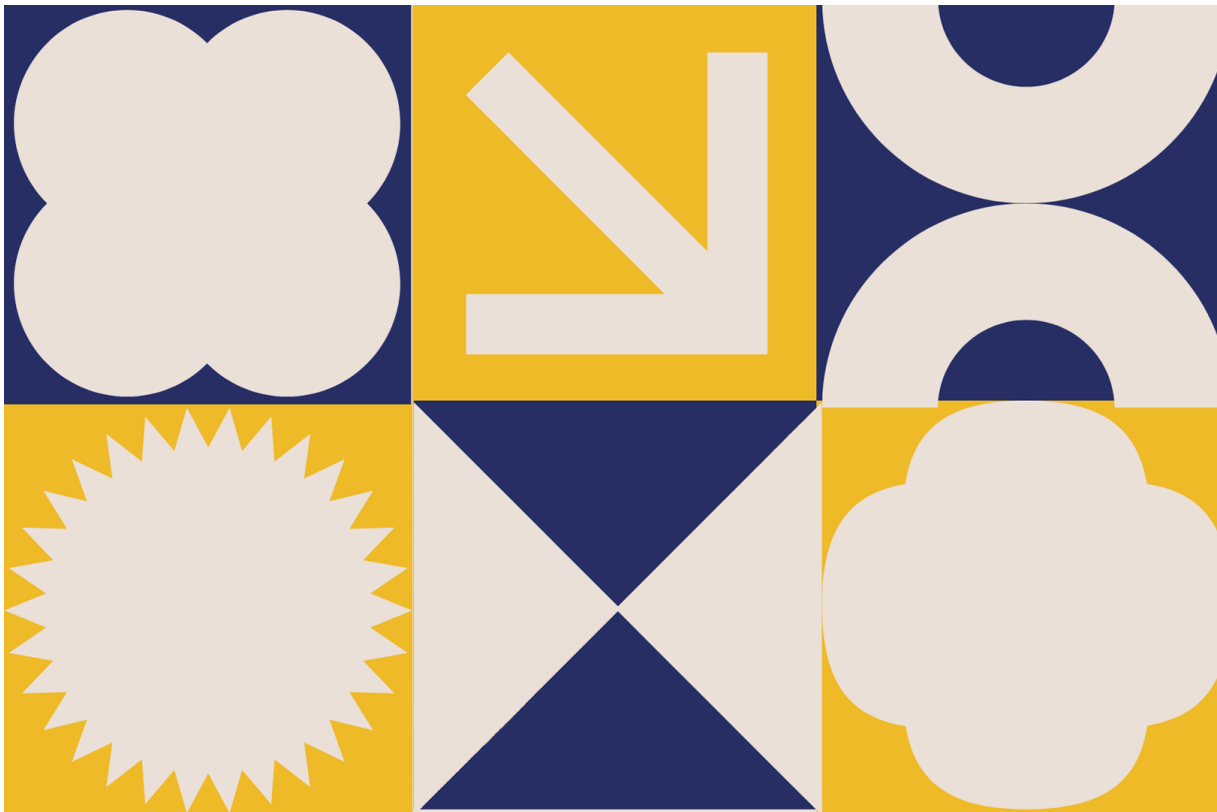
From August 11-16, immerse yourself in a transformative week of civic leadership development at Bishop's University in Sherbrooke. 🎓 If you're

between the ages of 18-26, this is your chance to participate in an empowering program designed to unleash your potential and drive positive change in your community.

Best of all, it's completely FREE of charge! 

Seize the opportunity to connect with like-minded individuals, gain valuable skills, and make a lasting impact.  

[Register now](#) to secure your spot before the July 14th deadline. 



Join our Membership,
lead the way.

🌟 Y4Y Membership 🌟

Do you support our mission and the work we do within the community?

Become a member—it's free! 

We have Membership options for everyone. Whether you're a youth, a supporter outside of our target-demographic, or an organisation, join the Y4Y family today.

To find out more, or to sign up, visit our [Membership page](#) →  

If you haven't yet, connect with us on:

[Facebook](#), [Instagram](#), [Twitter](#), [LinkedIn](#), [TikTok](#), & [YouTube](#) to stay in the loop!

Y4Y Québec is funded by the governments of Québec and Canada.

Québec  Canada 

Y4Y Québec

<http://join.y4yquebec.org/>

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