Easter Sunday 17th April to Pentecost Sunday 5th June 2022



## PRAYER STATIONS FOR CHILDREN

A guide to setting up a prayer room for children



IRISHMETHODIST.ORG/50DAYS

### Getting Started

These resources can be used in a prayer room or prayer space, or you can choose to use some during a church service or meeting.

#### Setting up a Prayer Room

#### GETTING STARTED

- Gather a team to plan your prayer room (remember to include your children and young people)
- Choose a room to set up as your prayer room. Or you may wish to set the prayer stations up in your main church sanctuary.
- Decide how long your prayer room will be set up for. E.g. a weekend, a week or the whole 50 days.
- Register your prayer room with 24-7 Prayer <u>here</u>. This will give you access to tools such as a sign-up sheet and more <u>helpful information</u>.
- Advertise it in your church and invite people to sign up.
- Make arrangements for access to the prayer room.
- Source and gather resources.
- Arrange a time to set up.
- Launch your prayer space with worship and prayer.
- If your prayer room closes on Pentecost Sunday, why not finish with worship and prayer?







N.B. Please operate your prayer room in accordance with current Covid Guidelines of MCI, Child Protection and Health and Safety Policies.

You should bear in mind the following:

- Capacity of room.
- Have hand gel available and encourage its use between each prayer station.

Thank you to Bevin Jennings from the Soul Mates organising group who prepared this material for Soul Mates 2022



## PRAYER TREE



#### What you will need:

- A small tree with plenty of branches (You could just stick these on a wall if you are unable to obtain a tree)
- Gift tags
- Pens / Pencils
- String



#### **Prayer Tree**

John 15:6 'I am the vine, you are the branches. If a person remains in me and I in him, he will bear much fruit.'

Jesus said that He is the vine and that we are the branches. He was explaining how important it is for us to stay connected to Him. Jesus gives us everything we need to grow in our faith. Obviously, we aren't going to start growing grapes or any fruit like that. Spiritual fruit are things that show Jesus lives in and through us and that help others. Spiritual fruit are things like love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. And we can make sure that we stay connected to God by talking and listening to Him, by helping others, reading our bible and singing songs to God.

Lift out your gift tag and a pen and think about how you might want to grow in the next year. What spiritual fruit do you want to see? Maybe you want to be kind and loving towards others, maybe you want to spend more time with God and grow in your faith. Whatever it is, write it or draw it on to your gift tag and then as you pray and ask God to help you with this, tie it to the tree.



# BE STILL



### What you will need:

- A quiet corner (You could use an open tent to help separate the space)
- A selection of bible verses to read printed out on paper
- Some sensory play items (like a water bottle with beads or oil in it)

#### Be Still

Psalm 46:10 'Be still and know that I am God.'

Exodus 14:14 'The Lord will fight for you while you keep still.'

Psalm 37:7 'Be still in the presence of the Lord, and wait patiently for him to act.'

Come and sit and be still in the presence of God.

Be still and relax in the Lord. He is in control. Remember the times that He has helped you and those around you. God promises to help you and never leave you. Talk to Him, trust in Him and rest in His presence.



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### Junior Mission For All





What you will need:

- Bags of Rainbow Drops
- Alternatively you could use any coloured sweets

#### Junior Mission For All

Colossians 1:9 'Since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of His will through all the wisdom and understanding that the Spirit gives.'

Prayer is powerful and we have a responsibility to keep praying for people around us and for people and places that are far away from us.

How can you pray for your friends? Your neighbours? Your family? This might be easier because you know them. How can you pray for the world? Those in leadership or government? This might be more difficult because it feels further away; but our prayers are powerful and it is so important to keep praying.

We can pray for health, freedom or joy. We can pray for safety for children, young people and adults who are in dangerous countries. We can pray for wisdom when world leaders are making decisions. We can ask God to help our friends and family and those around the world to come to know Him more.

What do you want to pray for?

Open up your bag of rainbow drops - what colours do you see?

For each colour, let's pray for a different person or place.

Pink - Pray for someone you loveOrange - Pray for your friends, leaders or teachersYellow - Pray for others around the worldGreen - Pray for yourself



## BE KIND





### What you will need:

- Heart shaped Post-it notes
- Pens / Pencils
- Large sheets of paper to stick the hearts on

#### Be Kind

Ephesians 4:32 'Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.'

1 Thessalonians 5:11 'Therefore encourage one another and build one another up, just as you are doing.'

It is so important to be kind and encouraging to other people, whether they are our best friends, family or people we pass on the street. Sharing kindness, shares the love of Jesus.

Let's do that!

Take a heart shaped post it and a pen, think about what you can do to be kind to others. Maybe you will help around the house this week, maybe you will invite someone to sit with you at lunchtime in school, maybe you will donate some of your pocket money to a charity.

Whatever it is, write or draw it on the post it, and as you pray for opportunities to be kind and share the love of Jesus, stick it on the wall.



## LIGHT IN THE DARKNESS



### What you will need:

- Glow Sticks
- Small black tent (optional)

#### Light in the Darkness

John 1:5 'The light shines in the darkness, and the darkness has not overcome it.'

There is no darkness more powerful than the light of Jesus. Sometimes when we hear what is going on in the world around us, it can feel very dark and scary. But we know that Jesus is much stronger and nothing can defeat Him.

Our prayers are powerful and we carry the light of Jesus with us, so as we pray we can shine light!

What comes to mind when you think of places or spaces that need light?

Let's pray for freedom and safety and that those areas know the light and love of Jesus.

Crack your glow stick and pray for those places that are dark and need light. Throw your glow stick in with the rest of them and trust that Jesus hears your prayers.





### PRAYER WALL



### What you will need:

- Big Paper (needs to be drawn on to look like a brick wall)
- Pens

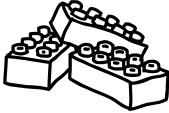
#### **Prayer Wall**

Ecclesiastes 4:9-10 'Two people are better than one, for they can help each other. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble.'

When we work together, we can double our strength and get much more done as a team. You will already know that God has created us to together and serve others.

As we serve others, our faith grows stronger and as we share the love of Jesus with others, we will see the family of God growing too. What an amazing thing to be part of!





Is there someone you want to pray for today? Maybe a friend or family member that you would love to know Jesus. Maybe someone in school that needs a friend or some extra help.

Choose a brick on the prayer wall and write or draw your prayers and see how the wall grows.



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### PRAYER TAPESTRY



### What you will need:

- Material squares
- Pens
- Ribbon

#### **Prayer Tapestry**

Ephesians 4:16 'He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.'

We are all part of the big family of God and we fit together perfectly. God created us to be together, not to stand alone. God has created us with different gifts and abilities that we can share with each other.

Think about what you care about. What are you passionate about? What are you good at? How can you use these things to serve the family of God?



Take the square of material and write or draw what you care about and what makes you YOU.

Use the ribbon to attach your square to the other squares and notice how each person is part of the puzzle and part of God's family.





THE METHODIST CHURCH IN IRELAND

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