Period care that fits your flow and life

Personalised period products straight to your door

Life is stressful enough. You don't need your period to add more anxiety to the mix.

Take control of your period care with the products you need, exactly when you need them.

Always be period prepared

Ever been caught out when your period arrives unexpectedly? Yep, so have we!

But with your pads, liners and tampons arriving straight to your door, you'll never have to worry about being unprepared.

And that means no more racing to the shops with toilet paper stuffed in your pants to get your hands on some sanitary products!

Get the right protection for your unique flow

None of us have exactly the same cycle and your period products should be tailored just for you.

From vaginal discharge to your menstrual flow, our boxes are the perfect period partner. Just tell us about your cycle and we'll match you up with the best combination of products.

Period products that are kind to your vagina

Conventional period products are made from ingredients that can disrupt the delicate pH balance in your vagina. They can also make your skin itchy and irritated.

Even "natural" cotton products can still contain synthetic fragrances and plastics.

Our pads, liners and tampons are made from 100% certified organic cotton that is kinder to your body.

Our products are completely free from plastics, chlorine bleach, synthetic fragrances, chemicals, and dyes. No nasties = kinder to your skin and vagina.

Flexible subscriptions that fit your flow

Life can change quickly and so can your period.

If your cycle changes, your subscription can too. Adjust the contents of your box as often as you need to so you always have period products that work for you.

You're not locked in either. You can skip boxes, pause them for a while or cancel completely.

You're in complete control of your subscription.

How it works

Tell us about your cycle and we'll do the restWe'll help you decide which combination of products will suit you bestGet your period products delivered to your door and at the right time so you're never unprepared
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[Let's create your box!]