CELEBRATE NATIONAL BURGER DAY AT HARD ROCK CAFE

This National Burger Day, 26 August, Hard Rock Cafe – the home of the American burger in London since 1971 – is offering ‘Buy One Get One Free’ on all burgers for the first 100 customers, including five award-winning steak burgers, and the vegetarian Moving Mountains® Burger. Simply give the password, ‘Love All, Serve All’ to your server in restaurant.

Available to redeem at Hard Rock’s all across the UK, including the three London restaurants, Hard Rock Cafe London which celebrated 50 years at Old Park Lane this year, Hard Rock Cafe Piccadilly Circus and Hard Rock Cafe Oxford Street.

Hard Rock Cafe’s full line-up of signature steak burgers includes the Original Legendary® Burger, The Big Cheeseburger, Double Decker Double Cheeseburger, BBQ Bacon Cheeseburger and the Surf and Turf. Or, for no ordinary vegan burger, try the Moving Mountains® 6oz vegan burger that is 100% raw plant meat. This magic burger contains oyster mushrooms, pea protein, wheat and soy proteins, beetroot, coconut oil, oats and vitamin B12 to create that perfect meaty-without-meat taste for vegetarians and non-veggies alike. Vegans can order without cheese and enjoy served with leaf lettuce and vine-ripened tomato. To celebrate National Burger Day like a rockstar, make a reservation via the website.

REQUARDT & ROSENBERG’S FUTURE CARGO

The London premiere of Requardt & Rosenberg’s Future Cargo will take place on 3 September at the Greenwich and Docklands International Festival.

Future Cargo is the latest outdoor work by The Place Affiliate Artist Frauke Requardt and co-conspirator David Rosenberg, and has been created with longstanding collaborators, Hannah Clark (set and costume), Ben & Max Ringham (music and sound) and lighting designer Malcolm Rippeth.

Future Cargo is a sci-fi dance show performed in a 40 foot haulage truck and, like all Requardt & Rosenberg’s shows, it delivers the delicate integrity of a deeply intimate experience within a large-scale dance spectacle.

SUMMER OF FUN ‘N’ FLIGHT AT THE ROYAL AIR FORCE MUSEUM

The summer holidays are upon us, and the RAF Museum have been working hard to ensure they have a range of events and extra activities to keep your family entertained. Visitors can prebook their arrival time at www.rafmuseum.org. While still offering free entry to all, the timed ticket approach will guarantee the space needed for a safe enjoyable day out.

The RAF Museum is unique in terms of size, it offers wide open spaces – both inside and out, and a range of exhibits that will engage the whole family. The large green spaces are ideal for a summer picnic and they are also offering take-away food at their restaurants. Onsite parking is available, and the Museum shop will also be open and take contactless payment.

From 20 August to 22 August, visitors can enjoy Sundown Cinema at the RAF Museum. Bring the whole family along to watch loads of fun films, including The Lion King, Jurassic Park, Moana, Greatest Showman, Grease and of course Top Gun.

The ever popular Spitfire 10K returns on 28 August. Enter now and race through the Museum, before setting off around the pavements of Colindale. The historic location RAF Hendon Airfield will form the route of your race, running down residential streets which were once landing strips for Spitfires.