

NEWSBAR CAFE

newsbarny.com

(212) 353-1246

107 University Pl, New York, NY 10003

EGG-CELENT BREAKFAST DISHES

our eggs are antibiotic and cage free

Chicken Sausage Wrap \$12

with 2 eggs, feta cheese, sautéed spinach, red peppers

Goat Cheese, Spinach and 3 Eggs on Wrap \$11

-add avocado \$3

Mexican Egg Wrap \$12

with black beans, roasted tomatoes & onions, sharp yellow cheddar & avocado

Chicken Sausage Hash Wrap \$11

with 2 eggs, jack cheese

-add avocado \$3

BLT Egg Sandwich \$11

with 2 eggs, gruyere cheese, chipotle aioli spread on brioche bread

English Muffin Sandwich \$10

with 2 fried eggs, sautéed spinach, roasted tomatoes, avocado, arugula *-add bacon or chicken sausage... \$3*

Creamy Scrambled Eggs \$12

with smoked salmon, harvarti dill cheese on your choice of bagel

Kitchen Sandwich \$11

with 2 eggs over easy, potato hash brown, sharp cheddar, avocado & garlic aioli

Croissant with 2 Fried Eggs and Sharp Cheddar \$9

-add bacon... \$3

add avocado... \$3

Sautéed Kale \$12

with 2 eggs over easy, avocado, basil sesame oil & seeded toast

2 Eggs Any Style \$10

with home fries and toast

-add pork or chicken sausage... \$3

add bacon... \$3

-add avocado \$3

Make Your Own Omelette \$14

3 eggs, homefries, choice of toast & 3 toppings

- additional toppings extra

Sides: Home Fries/Bacon/Chicken or Pork Sausage/

Ham/Seitan Meat, Vegan Sausage \$5

AVOCADO TOASTS

Lucy \$7

with over easy egg, pistachio pesto & sliced tomato on toast

Sophia \$8

with avocado, feta, pumpkin seeds and chile honey

Ariella \$9

with 1/2 avocado hemp hearts, everything bagel spice and basil oil *- add egg...\$1*

Olga \$12

with smoked salmon, avocado, pickled pink onion and over easy egg

BOWLS

Super Food Grain Bowl \$14

with sauteed kale, red lentil & quinoa, beets, edamame, avocado, sunflower seeds & lemon tahini dressing *-add 2 eggs any style... \$3*

Roasted Cauliflower & Broccoli Bowl \$14

with fresh spinach, avocado, pepitas, sesame and hemp seeds & lemon dressing *-add chicken \$3*

Brown Rice Bowl \$14

with sautéed spinach, crispy chickpeas, black beans, avocado, za'atar & romesco sauce topped with 2 eggs over easy

Quinoa Bowl \$14

with sweet potato, roasted peppers, sautéed onions, mushrooms & bacon chips with 2 eggs over easy

Farro Bowl \$14

with mushrooms, kale, avocado, 2 eggs over easy, pecorino romano & basil oil

Vegan Bowl \$15

with brown rice, crispy chickpeas, sauteed kale, shredded carrots, radish, avocado w choice of crispy "blackbird" seitan or vegan sausage

SMOOTHIE

Protein Smoothie Cup \$10

with peanut butter, protein powder (vegan), dates, banana, almond milk, cinnamon *- add espresso... \$1*

Garden Breakfast Smoothie \$10

with spinach, banana, pineapple, flex seeds & lemonade

WEEKEND BRUNCH

Corned Beef Hash \$17

w/2 Eggs Any Style & Irish Soda Bread w/Herbed Butter

Fat & Fluffy French Toast \$17

w/Berries, Bananas & NY State Maple Syrup

French Toast Sandwich \$17

w/Bacon, Over Easy Eggs, Cheddar Cheese & NY State Maple Syrup

Croque Monsieur w/ Salad \$15

or

Croque Madame w/ Salad \$17

w/Sunny Side Up Egg

Brunch Salad \$19

w/Norwegian Smoked Salmon w/Roasted Potatoes, Beet Root, Cherry Tomatoes, Pouched Egg over Mixed Greens with Green Herb Lemon Dressing

Jalapeno Cheddar Biscuit Sandwich \$12

2 Soft Scrambled Eggs, Cheddar Cheese, Jalapeno Peppers *- add bacon or ham...\$3*

COFFEES & TEAS

Coffee (La Colombe) \$3.25

Latte \$5

Cappuccino \$4.50

Café Au Lait \$ 3.75

Hot Chocolate \$4

Cold Brew \$4.50

Draft Oat Latte \$5.50

Iced Latte \$5

Lemonade \$4

Teas \$3/\$4

SALADS

Buddha Salad \$15

spiral carrots, lentil sprouts, red cabbage, tomato, avocado over brown rice and greens with carrot ginger vinaigrette

Oh - Nice Salad \$15

marinated tuna, tomatoes, olives, potatoes, green beans, red onion and egg over greens with lemon vinaigrette

Have It All \$15

roasted beets, tomatoes, potatoes, green beans, artichokes, lentil sprouts over greens with balsamic vinaigrette
- *add avocado...* \$3

Quinoa Taco Salad \$15

chicken, avocado, black beans, feta, lime, cilantro, red onion over greens and tomato with poblano dressing

Every Day Salad \$15

green leaf, grilled chicken, cucumber, fresh corn, avocado and feta with lemon dressing

Mediterranean Quinoa Salad \$14

greens, artichokes, feta, olives, tomatoes, cucumber, lemon and hummus and lemon dressing
- *add grilled chicken...* \$3

Kale Salad \$15

feta, avocado, egg, grape tomato, chickpeas, sumac spiced sunflower seeds and balsamic vinaigrette - *add chicken...* \$3

California Salad \$15

fresh goat cheese, avocado, almonds and strawberries over mixed greens served with lemon poppy vinaigrette
- *add chicken...* \$3

Cobb Salad \$17

grilled chicken, avocado, tomato, red onion, smoked bacon, egg and buttermilk dressing

Roasted Salmon Salad \$19

avocado, roasted beets, edamame, black sesame seeds over filed greens, mint and tahini dressing

Zesty Chopped Salad \$15

green leaf, roasted peppers, corn, black beans, tomato, avocado, crumbled feta, poblano dressing - *add chicken...* \$3

Healthy Salad \$15

farro quinoa, kale, carrots, roasted pumpkin seeds grilled haloumi cheese, ramesco sauce and lemon dressing
- *add chicken...* \$3

Green Salad \$15

asparagus, peas, avocado, radishes, farro, apple, celery, pumpkin seeds with goddess dressing
- *add chicken...* \$3

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BAR

HOT SANDWICHES

w/north fork chips or salad

Grilled Chicken Panini \$15

caramelized onion, spinach, pepper jack cheese, whole grain aioli & tomato on ciabatta

Roasted Turkey Panini \$15

sharp cheddar, double smoked bacon, sliced tomato, green leaf and chipotle aioli on ciabatta

Grilled Chicken Wrap \$15

with black beans, avocado, sharp cheddar, served house made tomatillo salsa and sour cream on the side

Pork Belly Sandwich \$15

with pickled onion, arugula & chipotle aioli on brioche

Corned Beef Reuben \$15

with riesling braised sauerkraut, swiss cheese and whole grain aioli on sourdough bread

Grilled Salmon & Roasted Beets \$17

with avocado, pickled red onion, arugula, lemon aioli on multigrain toast

Super Wrap \$15 (Vegetarian)

with toasted vegetables, marinated baby kale, hummus and pan-fried haloumi cheese

Goat Cheese & Beets \$16 (Vegetarian)

with avocado, pistachio pesto and arugula on walnut raisin bread

Vegan Wrap \$16 (Vegan)

with mexican black beans, sweet potato noodles, sautéed kale, quinoa & avocado, side of green salsa

GRILLED CHEESES & MELTS

Classic \$10

with mozzarella, sharp cheddar on brioche

Grilled Ham \$13

with gouda cheese, caramelized onion & dijon mustard on sourdough bread

The Hog \$13

with pulled pork, pepper jack cheese, caramelized onion * grain mustard aioli on sourdough bread

Portobello Mushroom & Brie Cheese \$13

with pesto on multigrain toast

Tuna Melt \$12

with cheddar on sourdough

Vegan Melt \$14

with seitan rosemary meat, cheddar(V) & mozzarella(V) on vegan wheat bread

SIDE

Cup of Tomato Bisque Soup \$4

Small Field Salad \$4

Local Potato Chips \$2

Bread & Butter Pickles \$2