



Rural Mental Health Connections Webinar Series

Managing Mental Illness in Rural America

Presented by Rural Minds and the National Grange
Presenting Sponsor: Janssen Neuroscience

This one-hour, moderated webinar will present one woman's lived experience with managing her adult son's mental illness and overcoming barriers to mental healthcare in rural Wisconsin, and a community psychiatrist sharing her expertise treating patients in rural America.

This conversation will address rural lifestyle barriers/challenges to accessing mental health that include:

- Difficulty getting an appointment with limited availability of mental health professionals
- Lack of internet service for online video or telehealth appointments; 22% to 28% of homes in rural America lack access to broadband internet
- Time and transportation required for long-distance travel to meet with a mental health professional
- Potential lack of confidentiality in a small, close-knit community

Wednesday, November 8, 2023

7 PM ET | 6 PM CT | 5 PM MT | 4 PM PT

[CLICK HERE for
FREE event registration!](#)



Or scan QR Code
to register now!

This free webinar will be presented live via Zoom with the option to hear live audio as listen-only. Webinar video will be archived and available post-event on www.RuralMinds.org.

If you don't have computer access, you can call into the webinar using any of the following numbers:

West Coast: +1 408 638 0968 | Central : +1 346 248 7799

East Coast: +1 646 931 3860

When prompted, provide the Webinar Passcode: 990890

Please note that this webinar discusses aspects of mental health that certain individuals may find disturbing or triggering. **If you or someone you know is suicidal or in emotional distress, call or text 988.** These services are free and confidential.

If this is a life-threatening emergency, call 911 or go to the nearest hospital emergency room.

We invite you to join us for this FREE educational event featuring:

- Chrisa Hickey is an author, speaker, and advocate specializing in supporting families raising children with serious mental illnesses like childhood onset schizophrenia, childhood onset bipolar disorder and severe depression. Chrisa began her advocacy work when her son, Timothy, was diagnosed with schizophrenia at the age of eleven.
- Monica Taylor-Desir, MD, MPH is a psychiatrist with the department of Psychiatry and Psychology at Mayo Clinic in Rochester, MN, and has served rural and tribal communities for more than 25 years.
- Julie Lux – Rural Minds Vice President of Communications, will be moderating the webinar

To honor the confidentiality and privacy of those attending this webinar, please note:

- Attendees (those watching the webinar) will only be able to see the webinar presenters.
- No one watching the webinar will be able to see the name or image of any other person who is watching the webinar.
- Any question submitted by an attendee will only be seen by the webinar moderator or the presenter.
- Questions will not be visible to other people watching the webinar.



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Contact us with questions, comments or suggestions at info@RuralMinds.org or call 800-226-8113.

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