

Counseling Recommendations

ADULT COUNSELING

- ▶ **All Things Christian Counseling**
allthingscounselingcomblog.wordpress.com
5931 Brick Court, Suite 162
Winter Park, FL 32792
Mike Winkler | 407-529-9664
Kelly Winkler | 407-617-5315
- ▶ **Asbury Theological Seminary**
8401 Valencia College Lane
Orlando, FL 32825
Javier Sierra** | 407-401-1991
Georgina Sierra** | 407-401-1990
- ▶ **Charis Counseling Center**
chariscounselingcenter.com
1543 Lake Baldwin Lane, Suite B
Orlando, FL 32814
407-894-5202
Jim Keller, Julia Sharp, Lindsey Horvatich,
or Tim Burkholder
- ▶ **Calm Waters Counseling**
calmwaterscounselingorlando.com
1950 Lee Road, Suite 106
Winter Park, FL 32789
Kelly C. Kemp | 407-702-1210
- ▶ **Discovery Counseling Orlando**
discoveryorlando.org
320 Crown Oak, Longwood, FL 32803
407-376-3773
Andy Blanchard | *andy@discoveryorlando.org*
- ▶ **First Orlando Counseling**
firstorlandocounseling.com
3125 Bruton Blvd, Orlando, FL, 32805
407-514-4470 | *counselors@firstorlando.com*
CJ Varghese** | *cjvarghese@firstorlando.com*
- ▶ **Florida Mental Health & EAP Services**
8865 Commodity Cir, Unit 14
Orlando, FL 32819
407-403-1221
Antoinlete Pennycooke
- ▶ **Journeys Counseling Center**
journeyscounselingorlando.com
668 N Orlando Avenue, Suite 210
Maitland, FL 32751
Debbie Mauger | 407-951-8829 ext 700
Michele Bachman | 407-951-8829 ext 704
- ▶ **Kris's Care Counseling**
krisscarecounseling.clientsecure.me
1928 Proctor Ave, Orlando, FL 32817
407-413-4101
Lakesha Hayes*
- ▶ **Lyon Counseling LLC**
lyoncounseling.care
661 Seminola Blvd, Casselberry, FL 32707
321-430-5966
Jesse Lyon | *jesse@lyoncounseling.care*
- ▶ **Mindway International LLC**
Mindwayinternational.com
2111 East Michigan Street, Suite 139
Orlando FL 32806
Dr. Rick Adams* | *truelifecounseling@yahoo.com*
- ▶ **Open Doors Counseling Center**
opendoorscc.com
3586 Aloma Ave, Suite 11
Winter Park FL 32792
407-900-3218
Ben Hutchings | *ben@opendoorscc.com*
Anthony Cravaritis | 407-603-6161

Counseling Recommendations

ADULT COUNSELING

- ▶ **Miller Family Therapy**
Millerfamilytherapyinc.com
5931 Brick Court, Suite 130
Winter Park, Florida 32792
407-906-5115
Laura Miller | *millerfamilytherapy@gmail.com*
- ▶ **Russ Phillips Therapy**
russphillipstherapy.com
1700 W. Colonial Dr
Orlando, Florida 32804
407-389-0562
Russ Phillips | *russ@russphillipstherapy.com*
- ▶ **Oviedo Counseling Clinic**
oviedocounseling.com
1231 Reformation Drive Oviedo, FL 32765
407-366-9493 ext. 256
- ▶ **Redeemer Counseling**
redeemercounselingcenter.com
2562 Rouse Road Orlando, FL 32817
info@redeemercounselingcenter.com
Michael Blackston | 407-405-7677
Rachel Blackston | 407-247-1641
- ▶ **The Vida Center**
thevidacenter.com
1177 Louisiana Ave, Suite 209
Winter Park, FL 32789
info@thevidacenter.com
407-792-6183
Vanessa Rojas**
- ▶ **Solace Counseling**
solacecounseling.org
1215 E. Robinson Street Orlando, FL 32801
407-574-8056
Aaron Moore | *aaron@solacecounseling.org*
Michelle Moore | *michelle@solacecounseling.org*
- ▶ **Simmons Counseling**
simmons-counseling.org
206 W. Sybelia Ave Maitland, FL 32751
321-332-8540

Counseling Recommendations

▶ **Adolescents, Children, and Adoptive Parents Counseling**

Ben Hutchings | Open Doors Counseling Center | ben@opendoorscc.com

Julia Sharp | Charis Counseling | 407-894-5202

Lakesha Hayes* | Kris's Care Counseling | 407-413-4101

Laura Miller | Miller Family Therapy | millerfamilytherapy@gmail.com

▶ **Marriage and Family Counseling**

Dr. Rick Adams* | Mindway International LLC | truelifecounseling@yahoo.com

Michael Blackston | Redeemer Counseling | 407-405-7677

Rachel Blackston | Redeemer Counseling | 407-247-1641

Ben Hutchings | Open Doors Counseling Center | ben@opendoorscc.com

Georgina Sierra** | Asbury Theological Seminary | 407-401-1990

Javier Sierra** | Asbury Theological Seminary | 407-401-1991

Kelly Winkler | All Things Christian Counseling | 407-617-5315

Mike Winkler | All Things Christian Counseling | 407-529-9664

▶ **Addiction and Sexual Concerns**

Tim Burkholder | Charis Counseling Center | 407-894-5202

Lindsey Coates | Charis Counseling Center | 407-894-5202

Russ Phillips | Open Doors Counseling Center | russ@russphillipstherapy.com

CJ Varghese* | First Orlando Counseling | cjvarghese@firstorlando.com

▶ **Disordered Eating**

Michele Bachman | Journeys Counseling Center | 407-951-8829 ext 704

Lindsey Coates | Charis Counseling Center | 407-894-5202

Debbie Mauger | Journeys Counseling Center | 407-951-8829 ext 700

Counseling Recommendations

▶ **Anxiety and Depression**

Andy Blanchard | Discovery Counseling Orlando | andy@discoveryorlando.org

Ben Hutchings | Open Doors Counseling Center | ben@opendoorscc.com

Aaron Moore | Solace Counseling | aaron@solacecounseling.org

Michelle Moore | Solace Counseling | michelle@solacecounseling.org

Antoinete Pennycooke* | Florida Mental Health & EAP Services | 407-403-1221

▶ **Healing and Loss**

Lakesha Hayes* | Kris's Care Counseling | 407-413-4101

Kelly C. Kemp | Calm Waters Counseling | 407-702-1210

Georgina Sierra** | Asbury Theological Seminary | 407-401-1990

Javier Sierra** | Asbury Theological Seminary | 407-401-1991

▶ **Adult Child and Parent**

Russ Phillips | Open Doors Counseling Center | russ@russphillipstherapy.com

Julia Sharp | Charis Counseling | 407-894-5202

CJ Varghese* | First Orlando Counseling | cjvarghese@firstorlando.com

**BIPOC counselors*

***Bilingual counselors*