



happy paws
happy hearts

THEORY OF CHANGE

Problem Statement	To address the risks/results of social isolation experienced by people living with physical and/or mental health injuries and remove barriers to re-engagement with community and work		
Influence Activities	<p>We will run regular group programs at a local animal shelter that has three elements:</p> <p style="text-align: center;">1. Care 2. Handle 3. Train</p> <p>Participation in this program is the gateway out of social isolation. Once confidence, skills and appetite have been built, we transition our participants to volunteering, education and employment support.</p>		
Short to intermediate outcomes	<p>Participants identify they are making a contribution through their work with rescue animals</p> <p>Participants can see hope for a different future and set of new goals</p> <p>Participants are increasing in confidence</p>	<p>Participants learn new skills for communication, team work, goal setting and work</p> <p>Participants are managing a routine and keeping commitments</p> <p>Participants are achieving goals they set for themselves</p>	<p>Participants are committing to joining a group setting and making new friends</p> <p>Participants have built the beginning of a social support network outside of the program</p> <p>Participants are exploring ways to contribute to the wider community</p>
End of program outcomes	Participants are/have: Optimistic about the future	Increase in work readiness skills	Increase in social support networks
Broader goals	Participants have “returned to life”, show increase in “work readiness” and find sustainable employment		