

Considerations for oxygen use

For management of COVID-19 [Version 5.3]

This guide is for staff in charge of patients who are on oxygen therapy. This is not a replacement for in-depth training but to be used as a quick reference guide. Combine with prone positioning as tolerated.

Nasal cannula (up to 6L/min)



inside nostrils: around the ears.

over the nasal cannula to conserve oxvaen.

Pressure gauge

Simple face mask (5-10L/min)



Place mask over mouth and nose; tighten strap behind the head.

Reservoir mask (up to 15 L/min)



Use for people who need additional oxygen or to conserve oxygen.

On/off valve



(L/min)

Flow meter Litres per minute

Flow adjuster

Tubing connector

Humidifier

(Optional) Only use distilled or boiled water.

Oxygen cylinder



@5L/min

2h 16m

(2) @2L/min 56h 40m @2L/min 5h 40m (2) @5L/min (5)

6800L

22h 40m

Oxygen concentrator



Oxygen level (O₂) Check oxygen at

least 4x per day

Oxygen goal





Pulse oximeter

Titrating oxygen



STEP 1 If oxygen is less than 90% start flow 1 L/min

STEP 2 Wait 5 min then recheck





If oxygen is still less than 90% Increase flow by 1 L/min





Oxygen causes other materials to burn more rapidly and has led to hospital fires when not handled appropriately.

- · Keep away from flames/heat sources.
- Secure properly to prevent fall.
- · Ensure adequate ventilation.
- Turn valve off before attaching regulator.



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