

A REWARD GATEWAY COMPANY

MoveSpring is a fun, easy-to-use activity and wellness challenge platform for companies and organizations. Connect any activity tracking device and get stepping as a group!

Engage through our iOS app, Android app or on a web browser.





10 Challenge Modes

Ten different challenge modes including individual, team and collaborative styles plus a fundraiser option. Compete on steps, distance, and active minutes or even healthy habits!

Best in class for a fun, easy-to-use step challenge experience.

CONNECT ANY DEVICE

We integrate with most of today's leading consumer wearable and smartphone providers including iPhone, Android, Fitbit, Apple and more.

E DELIVER RELEVANT CONTENT

Keep your people engaged with content. Upload your own content or choose from our library of curated health and wellness content. Publish videos, articles and posts.

O CREATE COMMUNITY

Group, team and individual chat fosters community and social motivation. Admins have access to chat to send announcements and even provide coaching.





A simple admin center that saves time

Our admin center keeps program management easy and efficient. Create challenges, communications and content in less than 60 seconds. Run reports to see challenge stats, as well as user activity and engagement with our platform.