

Ketamine-Assisted Therapy (KAT)

Current Fees for Services List

Here is a list of the services we offer at Sub Rosa Therapy that are billed to health insurance policies:

- ❖ Psychological Assessment – billed to insurance, patient is responsible for associated co-pays and/ or payment to annual deductible, out-of-pocket fee: \$500.00

The psychological assessment may be waived if the patient has a referral or an established diagnosis from a licensed mental health professional. The purpose of the assessment is screening to discover if the patient has a mental health condition that might be exacerbated by KAT and if the patient has a mental health condition that the medical literature supports is appropriate and might be helpful. The assessment is combined with clinical interviewing by licensed staff to determine whether KAT is legally and ethically appropriate for the client.

- ❖ Medical Evaluation – billed to insurance, patient is responsible for associated co-pays and/ or payment to annual deductible, out-of-pocket fee: \$250.00

The medical evaluation cannot be waived and is required for the administration of ketamine off-label for mental health purposes. The evaluation includes taking the medical history and conducting a physical examination. The medical provider will also confirm the mental health diagnosis to be treated and go over Sub Rosa Therapy's Informed Consent with the patient. The patient will have the opportunity to ask questions or voice concerns about the Informed Consent during the medical evaluation.

- ❖ Preparation and integration therapy sessions billed to insurance, patient is responsible for associated co-pays and/ or payment to annual deductible, out-of-pocket fee: \$175.00

Ketamine Assisted Therapy (KAT) consists of therapy sessions with 1-6 ketamine sessions to deepen the therapeutic work of the patient with their therapist. Therapy sessions may either occur with a therapist at Sub Rosa or with an outside licensed-therapist who is

willing to collaborate with Sub Rosa in service-delivery and who feels comfortable doing psychedelic preparation and integration work.

Here is a list of services we offer at Sub Rosa that are **not** billable to health insurance policies:

- ❖ Individual KAT session - \$600.00

A 10% fee will be charged for KAT sessions that are cancelled within 24 hours of the session time.

- ❖ 2-person KAT session - \$700.00

A 10% fee will be charged for KAT sessions that are cancelled within 24 hours of the session time.

- ❖ 4-person KAT session - \$400.00

Where appropriate, KAT cohorts are available and allow patients to access KAT in a group therapy format for 3-6 weeks of KAT. Please inquire if you are interested in this option.