UNSAFE ABORTION: MESSAGES

LAST UPDATE: MARCH 2022

If you need an abortion
If you or someone you know needs an abortion, always seek proper medical advice. You can get advice on the law about abortion and where to get help from [insert info].

What is an unsafe abortion?
An unsafe abortion is any procedure used to stop a pregnancy done by someone who isn’t a trained doctor / health professional. An unsafe abortion is any method used to end a pregnancy before birth that is done by someone who is not a trained doctor / midwife or other health professional.

Why is unsafe abortion dangerous
Unsafe abortion is dangerous because it can lead to severe complications which make the woman very ill, can stop her from having children later and can lead to death.

What help is available?
If you or someone you know has had an unsafe abortion and has a lot of bleeding or fever, visit your local health centre immediately. If you are worried about going, take someone you trust with you. You should be treated with respect and confidentiality. Contact [insert info] to find out where your nearest health facility is. If you have any worries about getting help please contact [insert info].

REFERENCES
For more information on this topic, we recommend you read the following references.

World Health Organization (2022). Abortion
https://www.who.int/health-topics/abortion#tab=tab_1

https://www.who.int/news-room/fact-sheets/detail/abortion
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