This message set is currently under development. If you can help us with this, please get in touch at info@cdacnetwork.org.

How to treat heavy bleeding

Put pressure on the wound with whatever is available to stop or slow down the flow of blood. As soon as possible, call for assistance. Keep pressure on the wound until help arrives.

Self-care of wounds

If you have been injured, keep your wounds clean using soap and water and seek treatment as soon as possible. Contact [insert info] to find out where your nearest health facility is.

REFERENCES

For more information on this topic, we recommend you read the following references.
