**Griggs Preserve is a haven for wildlife thanks to its tremendous natural resources.**

Trails wind through beautiful forestland to a scenic vista overlooking the Sheepscot River. There, look right towards the reversing falls at Sheepscot Village and left to the railroad bridge in Wiscasset.

In 1980, Margaret Dunham Griggs donated the land to Sheepscot Valley Conservation Association (now Midcoast Conservancy) and expressed a strong desire to see some direct public benefits come from the donation, especially the possibility of educational use of this land.

**The 36-mile Rockland Branch railway borders the property to the North. It was established by Maine Central Railroad in 1901 to carry passengers from Brunswick to Rockland. The line is currently owned by the Central Maine and Quebec Railway and is used for freight trains. Downriver to the south, the old "Iron Bridge" carried trains across the river from Moose Point, in Wiscasset, to Flying Point in Edgecomb; legend has it that Flying Point earned its name from the Native Americans who went there to hunt ducks and other migratory birds.**

**WHAT YOU MIGHT SEE**

The White Shad Run Trail loops through huge white pines, stone walls, rock outcrops, woodpecker hideouts, and even a porcupine den. As you hop over the babbling spring and walk alongside the railroad tracks, keep an eye out for deer, turkeys, raptors, porcupines and pileated woodpeckers.

Along the Blue Heron Leg, a short loop off the main trail, continues along the river and overlooks a small pond teeming with wildlife, you might see and hear songbirds in the branches above.

The Red Salmon Loop goes around a bog and crosses a natural spring where ferns and mosses are abundant, and a carpet of wildflowers blooms in the spring.

**DURING YOUR VISIT**

Stay on trails  
Keep all cars in parking lot  
Carry out what you carry in  
Keep dogs on leash under control  
please clean up after your pets  
Open during daylight hours  
Wear blaze orange during hunting season  
No fires

**HOW TO GET THERE**

From Wiscasset:  
Take Rte 1 north. In 2 miles, turn left on Cochran Road. In 1.25 miles, turn left on Trails End Road. In 0.2 miles, park on the left.

From Damariscotta:  
Take Route 1 south. In 5.6 miles, turn right onto Cochran Road. In 1.25 miles, turn left onto Trails End Road. In 0.2 miles, park on the left.

**GET INVOLVED**

Support from members and volunteers makes this preserve possible.

**Join Today**

Unlimited use of preserves without day use fees  
Discounts on cabins, camp sites, events, classes and workshops  
Special events for members  
Keep Midcoast Maine a beautiful place for all  
Be a member visit www.midcoastconservancy.org

**Volunteer**

You can help maintain trails and buildings, staff recreational events, lead guided walks, and more. You too can make a difference in your community!

Midcoast Conservancy  
207-389-5150  
midcoastconservancy.org

Griggs Preserve  
Newcastle, Maine

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*Images: [Photo: Cabot Woodrow, Pineson Chen]*

**WE ARE ALL ON THE SAME TRAIL**
Griggs Preserve

Trails that traverse mixed deciduous and coniferous forests along the tidal portion of the Sheepscot River with views across the railroad tracks to salt marshes.

Total Acres: 87
Total Trail Length: 1.4 miles

Map Key

- - - - - White Shad Run
  Trail Length: 1 Mile
  Difficulty: Easy
  Highlights: Hilltop Pines

- - - - - Red Salmon Loop
  Trail Length: 1/8 Mile
  Difficulty: Moderate
  Highlights: Beautiful Bog

- - - - - Blue Heron Leg
  Trail Length: 1/4 Mile
  Difficulty: Moderate
  Highlights: Sheepscot River Views

Midcoast Conservancy Property
50-foot contour line
Interpretive Trail
Pamphlet available at the preserve kiosk and at www.midcoastconservancy.org

Updated: June 2017