

The names listed below are counselors and other resources which Canyon Ridge endorses on the basis that they are Christians and desire to help people become healthy, emotionally and mentally, while moving them towards spiritual growth.

Rasheda Anderson, LCPC

Mustard Seed Counseling Center

1515 E. Tropicana Ave, Las Vegas, NV 89119

https://msccenter.org/

P: 702.417.1366

Specialties:

Biblically based, individual, family, group, grief, and trauma

Chris Caldwell, MFT, M.A. COUNSELING

Life Spring Counseling Center

6859 W. Charleston Blvd, Las Vegas, NV 89117

https://www.lifespringcounselingcenter.org/

P: 702.939.5433

Specialties:

Co-dependency, communication, conflict, individuals, marital/couples, mood disorders, men's issues, and sexuality

Nancy Caldwell, LCSW

Life Spring Counseling Center

6859 W. Charleston Blvd, Las Vegas, NV 89117

https://www.lifespringcounselingcenter.org/

P: 702.939.5433

Specialties:

Childhood trauma (physical, sexual), family, work, foster care, adoption, marriage, women, depression



James Ellison, MS, PhD-C, LMFT-Intern, LCADC-Intern, MFT/CFTR

Life Spring Counseling Center

6859 W. Charleston Blvd, Las Vegas, NV 89117

https://www.lifespringcounselingcenter.org/

P: 702.939.5433

Specialties:

Trauma; EMDR, Certified in Critical Incident Response for workplace violence, Certified Family Trauma Professional, Certified Clinical Trauma Professional levels I&II

Shonna Erickson, MFT, LADC, M.A. Psychology

Steps For Success

2764 Lake Sahara Dr. Suite 110, Las Vegas, NV 89117

https://www.psychologytoday.com/us/therapists/shonna-erickson-lasvegas-nv/66960

P: 702.220.7386

Specialties:

Marital issues, mood disorders, anger, anxiety, depression, co-dependency, obsessive/compulsive, addictions – alcohol, drugs, food, gambling, sexual, abuse – emotional, physical, sexual, EMDR

Emily Burggraf, LCSW

Steps For Success

2764 Lake Sahara Dr. Suite 110, Las Vegas, NV 89117

https://www.psychologytoday.com/us/therapists/emily-burggraf-lasvegas-nv/52086

P: 702.776.9152 ext. 1

Specialties:

Anxiety, depression, co-dependency, abuse



Linda Ann Waggoner, MFT, LADC, Advanced EFT Training

The Wellness Center at ICLV

3425 Cliff Shadows Pkwy LV, NV 89129

https://www.psychologytoday.com/us/therapists/linda-ann-waggoner-lasvegas-nv/120813

Specialties:

Trained in Emotionally Focused Therapy for Marriages and Family Counseling, individual, PTSD – childhood to adulthood, teens, anxiety, depression, addictions, and co-dependency

Nichole Henderson, MS, MFCT-I, ADC-I

Victorious Beginning, LLC

9402 W. Lake Mead, Las Vegas, NV 89134

https://victoriousbeginnings.com/

P: 702.530.3124

Specialties:

Couples Christian counseling, pornography and sexual addictions, sex and intimacy Christian counseling, anxiety, and depression, grief and loss, sexual abuse/sex trafficked survivors, parenting (Love and Logic), group counseling

Jimmy Monaghan, NCC, CCMHC, ACS, CCTP, LPC, LAC, CPC, LCADCM LCADC-S

Rise Consulting and Counseling, LLC

https://riseupnevada.com/

P: 702.389.0024

Specialties:

Relationship therapy, adolescent issues and substance abuse counseling and interventions. Solution-focused, strength-based, reality therapy and Cognitive Behavioral Therapy.



Additional Resources

Coach4Life with Karen Williams

A Life Coaching service that helps to identify and define goals, then helps to charts a plan to accomplish them. What to expect when working with a coach: <u>Clarity</u>, <u>Accountability</u>, and <u>Results</u>.

Services:

Pre-marital coaching, Marriage coaching, Relationship coaching, Routine Life coaching

https://coach4lifellc.com/

Grace Marriage @ Home:

This resource is a pathway for continual growth in your marriage. Whether you're newly married or you've been married for decades, it takes grace and intentionality to have a thriving marriage. With **Grace Marriage @ Home**, you'll get monthly video sessions, bonus bi-weekly content and access to members only communities. <u>Don't just co-exist</u>. <u>Grow Together.</u>

Members of the Canyon Ridge Community can get a discount with promo code: CRCC

https://www.gracemarriageathome.com/about1