

FRUITS & GRAINS

- Fresh Fruit Bowl v

Seasonal fresh fruit with a honey & lime dressing

80
- Proud Mary Granola Bowl v

Toasted house-made granola, fresh fruit, orange blossom honey, double thick yoghurt (N)

90
- Poached Pear Oats vG

Oat milk soaked oats, poached pear &apple crumble, caramelized banana, blueberries, coconut flakes

80

SWEET BREAKFAST

- French Toast

Sourdough french toast, maple syrup, seasonal fruit, mascarpone, coconut flakes

95
- Belgian Waffle

Chocolate torte, macerated strawberries, vanilla gelato, chocolate sauce

95
- Buttermilk Hotcakes

Caramelized banana, crispy bacon, whipped ricotta, maple syrup, berry compote, butterscotch toasted walnuts

110

ON TOAST

- Choice of toasted sourdough | health | 60% rye | gluten free (+18)
- Smashed Avo vG

Chilli flakes, red onion, lemon, rocket

+Add bacon 35 | haloumi 30 | egg 12

95
- Pumpkin & Hummus v

Honey roasted pumpkin, hummus, poached egg, sundried tomato, turmeric onions, goats cheese, pepitas, olive oil

\*Vegan option available

90
- Creamy Mushrooms v

Creamed field mushrooms, poached egg, sundried tomatoes, edamame beans, miso dust, fresh radish, chives

105
- Salmon Deluxe

Smoked salmon trout, crème fraiche & chive scrambled eggs, fresh dill

+Add avo 35

155
- Bacon & Avo

Crispy bacon, avocado, jalapeño cream cheese, tomato gremolata

+Add poached egg 12

100

EGGS YOUR WAY

- Choice of toasted sourdough | health | 60% rye | gluten free (+18)
- Cafe Omelette

Classic omelette with toast

Add your favourite additions below

65
- Scrambled | Poached | Fried

Two eggs with toast

Add your favourite additions below

55
- + ADDITIONS

Egg

12

Oven-roasted Tomatoes

10

Fried Onion | Spring onion

10

Sautéed Spinach | Beans

20

Cheddar | Feta | Haloumi

30

Goats Cheese | Avo

35

Grilled Mushrooms

25

Crispy Bacon

35

Smoked Hickory Ham

35

Pork Sausage

35

Smoked Salmon

55

BAGELS & CROISSANTS

- Smoked Salmon Bagel

Lemon cream cheese, capers, red onion, tomato, watercress & dill on a toasted bagel

155
- Bacon & Egg Bagel

Streaky bacon, fried egg, bourbon bacon jam, cheddar, watercress & pickled relish mayo on a toasted bagel

115
- Cheese & Bacon Croissant

Crispy bacon, smoked cheddar, scrambled eggs & lemon watercress on a toasted croissant

+Add avo 35

105
- Butter Croissant

Preserves & Cheese

60

## PROUDLY BAKED

Daily selection of  
fresh pastries at the  
cafe bar

## BREAKFAST COCKTAILS

<b>Proud Bloody Mary</b>	125
<b>Mimosa</b>	105
<b>Valentina</b> Non-alc bubbly, cranberry & orange juice	95

## BRUNCH

### Mary's Bennys

*English muffin, hollandaise, poached eggs*

**Hickory Ham**, togarashi, chorizo crumble 110

**Smoked Salmon**, sautéed spinach, dill, trout roe 155

**Bombay Frittata** vG 105

Lightly curried potato & tofu frittata, baby spinach, Cape Malay coconut sauce, crispy onions, gremolata, fresh coriander

**Labneh, Greens & Eggs** v 120

Poached eggs, grilled sweet potatoes, crunchy spinach & cauliflower, avo, labneh, lemon & pea shoots, lavash bread

**Red Shakshuka** v 115

Za'atar baked eggs, harissa roasted tomatoes, red peppers, sweet potato, onions, chilli feta crumble

**Turkish Eggs** v 135

Poached eggs on lachha paratha, chilli chimichurri, lemon yoghurt, fresh dill, za'atar

**Asian Omelette** 135

Sugar-cured prawn & kimchi open omelette, feta, sprouts, coriander, spring onion, chilli oil

**Salmon & Crème Fraiche Waffles** 135

Sourdough waffles, avo whip, cherry tomatoes, chive crème fraiche, grilled halloumi, poached egg, smoked salmon, spring onion

**Prawn Fish Cakes** 145

Crispy prawn fish cakes, herb & trout roe cream, dill, spring onion & mint salad, poached egg, shaved radish, cracked black pepper

**Croque Madame** 135

Grilled ham & cheese brioche french toast, topped with a fried egg, béchamel sauce, Gruyère & Parmesan cheese

**Proud English** 145

Crispy bacon, pork sausage, grilled mushrooms, smokey beans, oven-roasted tomatoes, two eggs your way, toast

**Breakfast Burger** 145

Beef patty 150g, tomato relish, cheddar, rocket, fried onions, bacon, aioli, fried egg, soft bun, triple fried chips

**Steak Egg & Bravas** 165

Coal-grilled sirloin 200g, poached | fried egg, wagyu fat patatas bravas, confit tomato, aioli