Alcohol continues to be the most often used substance by Mainers across the lifespan, particularly for youth and young adults.

Past month alcohol consumption among high school students declined from 32% in 2009 to 23% in 2019; however, a third who drank any alcohol in the past month reported binge drinking.

In 2020, there were 1,265 crashes that involved drivers impaired from alcohol and/or drugs. Rates were highest among drivers between 21 and 24.

Juvenile liquor law violations decreased by 23% from 2018 to 2019 and juvenile OUI arrests had a 30% decrease from 2015.

In Maine, adults with higher incomes are more likely to binge drink in the past month compared to those with lower incomes.

A higher percentage of Maine youth, 12 to 20, reported alcohol use in the past month (22.4%), compared to the Northeast (20.3%), and the US (18.7%).

Underage Alcohol Use in the Past Month, 12 to 20: 2018-19

This fact sheet is a product of the Maine State Epidemiological Outcomes Workgroup (SEOW). For more info, visit www.maineseow.com