



WAVERLEY ABBEY
COLLEGE

PROSPECTUS
2022–2023



Welcome



If you are considering studying with us here at Waverley Abbey College, perhaps you are now pausing to reflect on your journey before deciding on the direction you should be going in.

As we begin this prospectus, I'd like to tell you about Waverley Abbey College's journey. It started with the vision of Selwyn Hughes, the founder of CWR. He saw the need to develop a place where people could study within a Christian context and framework. It was at the opening of Waverley Abbey House that he expressed his wish that this would, one day, be the location of a Christian university. He saw that the university would equip God's people to study in a range of subjects for the benefit of the nation.

I believe that these values are reflected in how our students feel about their studies with us. We can see this in our National Student Survey results for student satisfaction. We are proud to have achieved 80% overall student satisfaction for each of the last three years. Our student learning experience remains one of our highest priorities.

Whether or not you wish to travel with us on your journey for a while, we pray a blessing of discernment on you for the way ahead at this time.

Bob Stradling
Principal

'Thank you for all your input, support and encouragement to help me become a counsellor. Since gaining my diploma in 2016, I have been building a small private practice, which includes providing counselling for homeless people.'

Ali

Our Campuses

Waverley Abbey College currently teaches from two campuses in the UK, based in Farnham and Bradford.

Farnham Campus

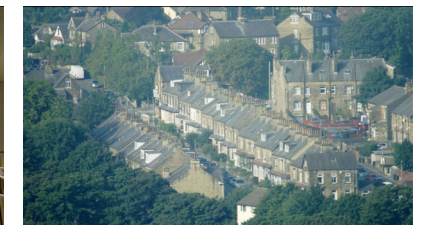
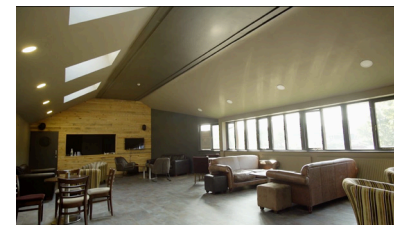
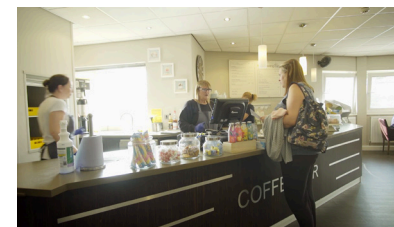
Waverley Abbey House
Waverley Lane
Farnham
Surrey
GU9 8EP



The Farnham campus teaches all courses.

Bradford Campus

Church on the Way
158 Bradford Road
Idle
Bradford
BD10 8SA



Course options at Bradford comprise: The Introduction to Christian Care and Counselling, Diploma of Higher Education in Counselling, and the Waverley Certificate in Christian Counselling.



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The Waverley Integrative Framework

The Waverley Integrative Framework (WIF) underpins all of our teaching.

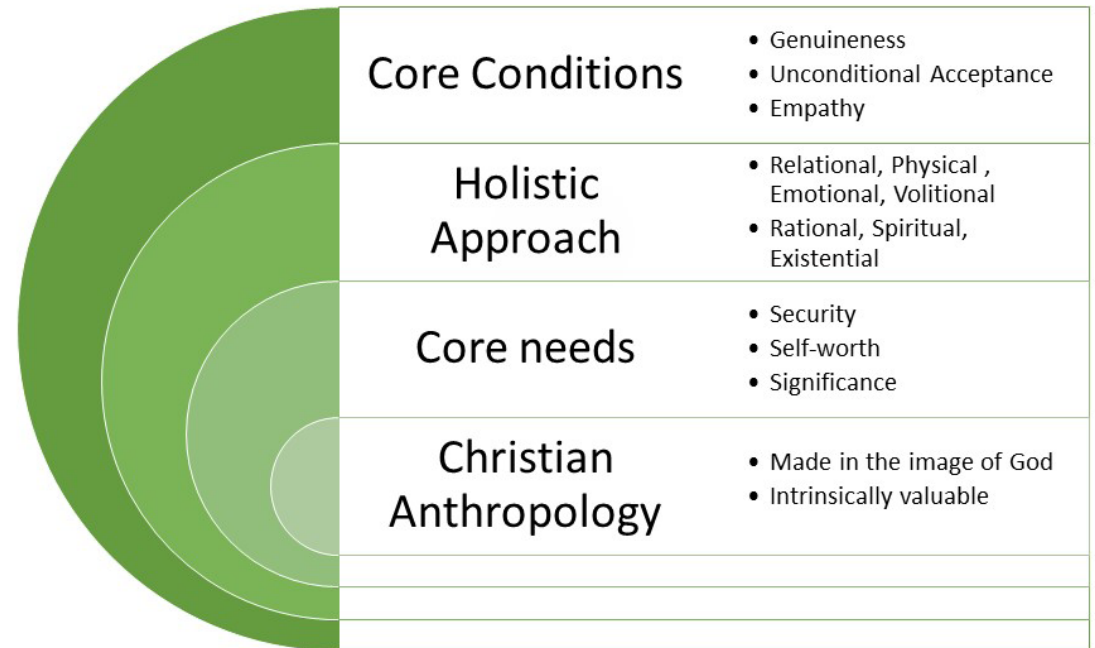
The WIF is a relational approach that emphasises the importance of the relationship and adherence to the core conditions of:

- genuineness
- unconditional acceptance
- empathy

It reflects on all core aspects of human functioning, namely:

- relational
- physical
- emotional
- volitional
- rational
- spiritual

Considering the core needs each person has for security, self-worth and significance, the WIF approach has a Christian world-view at its foundation. It is underpinned by Christian anthropology that understands humans as created in the image of God and thus relational at the core of their being, and intrinsically valuable.



About Waverley Abbey College

The College Community

Waverley Abbey College seeks to achieve a wide and diverse student community with all the cultural and educational benefits that this brings to the College and its student body. It offers a non-discriminatory policy towards applicants irrespective of gender, age, ethnicity, culture, class, sexuality, disability, religion or belief, and is committed to providing equal opportunities for all students. The College actively encourages applications from underrepresented groups.

We firmly believe that everyone has potential and no matter where you are in your academic journey, we will endeavour to find a pathway for your learning.

Mature Students

We are aware that some mature candidates may not have formal qualifications or may not have studied for many years. However, we take into account an applicant's life experience and personal journey and will consider each and every applicant.

Study Skills and Tutor Support

We offer a free study skills day for all students at the beginning of the academic year. This is valuable for those who have not studied at Higher Education level before or for those who want to brush

up on their study skills. All students on our Counselling Higher Education programmes are placed with a personal tutor. Tutors offer the opportunity for students to talk about their experiences and the challenges and joys of studying, as well as providing support throughout their programme.

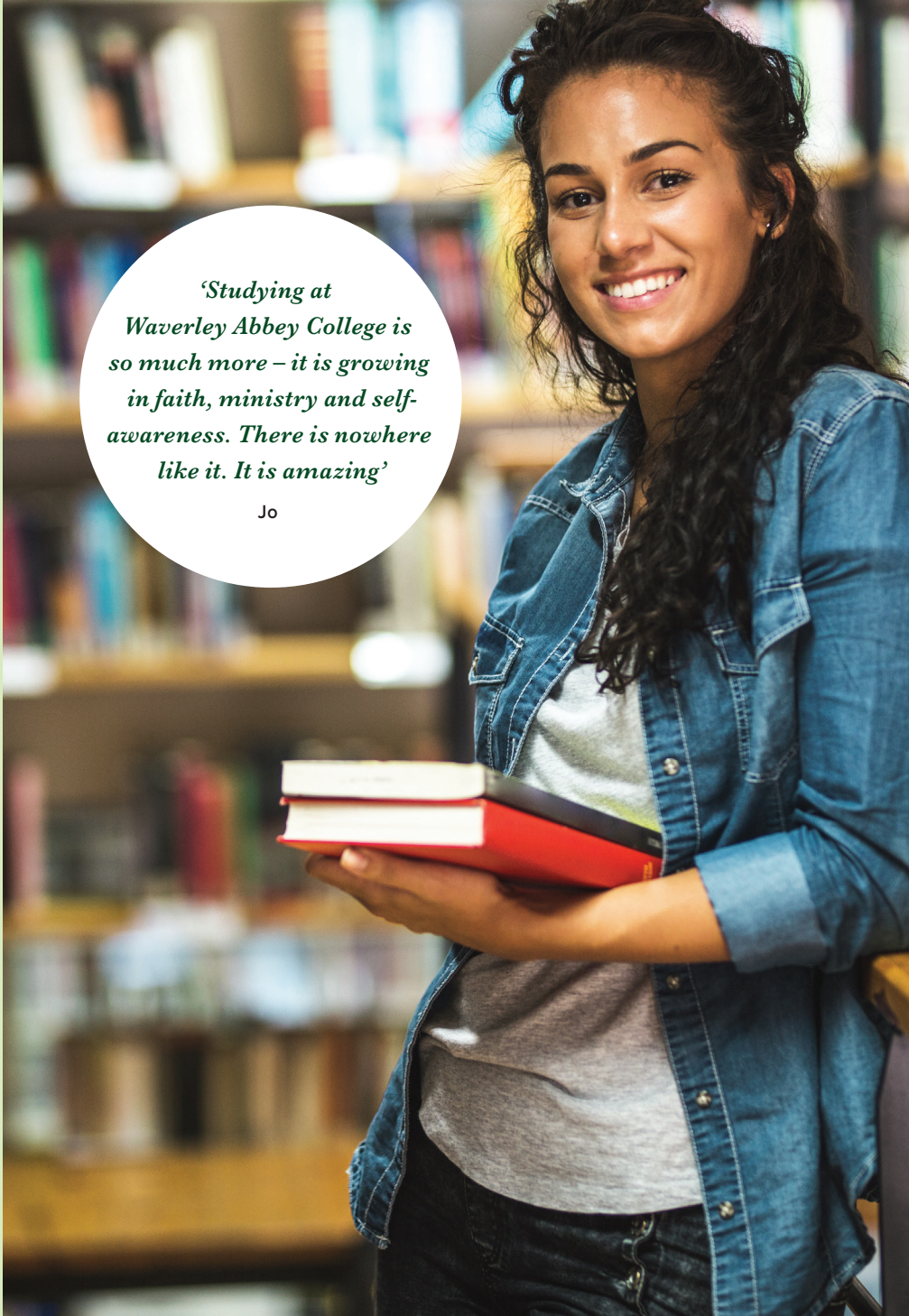
Learning Support

Students with specific learning needs can be offered assistance in the form of study support and adapted resources. During the application process, applicants will be asked to identify any learning needs. Once assessed, we will work to put in place the support required.

Disabled Access

We offer a one-day-a-week, non-residential Diploma of Higher Education in counselling for those with limited mobility. This programme is held on the ground floor. Certain programmes are delivered via distance education, which are accessible remotely.

Our Bradford Campus has disability access and all programmes are non-residential.



'Studying at Waverley Abbey College is so much more – it is growing in faith, ministry and self-awareness. There is nowhere like it. It is amazing'

Jo

About

Finance

Student Loans Company

Our Higher Education Counselling programme is allied to Medicine, and students are therefore eligible to apply for a loan for the full BA (Hons) programme through the Student Loans Company, even if they hold a previous degree.

Applicants for the Certificate of Higher Education or the Diploma of Higher Education will only be eligible to apply for a student loan if they do not hold a previous degree.

Applicants for the MA programmes are eligible for a Postgraduate loan up to the age of 60 provided they do not already hold an MA award. Please note that student finance is not available for Postgraduate Diplomas and Postgraduate Certificates.

MA in Spiritual Formation students are eligible to apply for student finance if they do not already have a previous MA. Students are eligible to apply for finance for the BA (Hons) Top-Up if they do not hold a previous degree.

The Disabled Students Allowance is available for those studying at Postgraduate Diploma and Postgraduate Certificate as appropriate subject to eligibility.

Applications should be made directly with Student Finance England via:

[gov.uk/apply-online-for-student-finance](https://www.gov.uk/apply-online-for-student-finance)

Selwyn Hughes Scholarship Fund

Applicants are welcome to apply for the above scholarship for Year 1* of any of our Higher Education programmes. The scholarship will cover the tuition and university registration fee for one year, and eligibility is based on merit and not on financial needs. For more details, visit **[waverleyabbeycollege.ac.uk](https://www.waverleyabbeycollege.ac.uk)**

*Please note that this scholarship is not available to those applying for direct entry to Years 2, 3 or 4 of a programme.

College Bursary Fund

From the second year of study bursaries are made annually from the College Bursary Fund to assist students who may not otherwise be able to continue with their studies without extra assistance. Conditions of eligibility and application details are available on our website **[waverleyabbeycollege.ac.uk](https://www.waverleyabbeycollege.ac.uk)** or contact the Student Finance Officer via: **studentfinance@waverleyabbeycollege.ac.uk**

Library

Our library is home to a wonderful collection of more than 4,000 books ranging from Bible encyclopaedias and commentaries to the most recent counselling, psychotherapy and spiritual formation text books. It offers a quiet place to study during residence. We also have an online library, which students can access remotely. It currently holds: 470 full-text journals in psychology and behavioural sciences; 650 psychology eBooks; and full-text articles and reviews from more than 525 theology journals.

The library is growing in line with the College and every new module we deliver brings with it new reading material.

The Administration Team

The College Registry and Programme Administration teams provide continuous support throughout your student journey from initial enquiry through to graduation, offering information on:

- Programme enquiries and Open Days
- Student support services
- Support for student enrolment, dates and fees
- Virtual learning systems
- Timetabling, exams and graduation support
- Student finance

Deciding on a Programme

We hold Open Days throughout the academic year, both face-to-face and online, where you will have the opportunity to:

- Hear more about the programmes
- Discuss individual needs with tutors
- Meet the Admissions team
- Discuss finance opportunities
- Explore the campus (and the grounds at Waverley Abbey house, if you are visiting the Farnham campus).

Our Open Days are regularly advertised on our website and on social media. You can register your interest online and sign up for the next one, to find out more about what we can offer.

Counselling Faculty

Farnham Campus

Dr Heather Churchill

DCPsych (Middex), MTh (Middlesex) BA (Hons) (Brunel) Registered Member BACP (Senior Accred, Counsellor/Psychotherapist). Fellow of Association of Christian Counsellors and Registered Accredited Counsellor and Supervisor

Heather is Head of Counselling and has many years of experience as a trainer, counsellor/ psychotherapist and supervisor. She has co-authored two books: *Insight into Helping Survivors of Childhood Sexual Abuse* and *Insight into Shame*, and has published a number of articles in the *Accord* journal of the Association of Christian Counsellors. In her private clinical practice, Heather specialises in counselling adults who have experienced abuse in childhood. She is currently conducting a reflexive audit on the work she has undertaken in developing Higher Education counselling training within a Christian paradigm.

Dr Janet Penny

BA (Hons); MSc; PGPDip; CPsychol, AFBPsS; HCPC Registered Psychologist; Chartered Psychologist; Associate Fellow of the British Psychological Society

Janet is the Deputy Head of Counselling Training. As well as having a private clinical practice, Janet is a research supervisor for doctoral candidates at the Metanoia Institute and London School of Theology. Her own doctoral research was on power dynamics and the development of intra-cultural competence within Christian counselling. She has many years' experience teaching in Higher Education focusing on the integration of faith and psychology in Christian counselling and research methodology.

Dr Owen Ashley

BSc (Hons); MA (Couns); PhD; Registered Member, MBACP (Senior Accredited); PG Cert HE; Registered Member, ACC (Accredited); Counsellor and Supervisor

Dr Owen Ashley worked as a counsellor in general medical practice for many years, where he also ran stress management and assertiveness training groups, and he currently has a private counselling practice. He has been a practising counsellor/ psychotherapist for 30 years and has 20 years' experience as a counselling trainer and supervisor. Stress management and Christian theology/spirituality are his particular areas of interest. Owen has a BSc (Hons) in Sociology, an MA in Counselling and a PhD evaluating CWR's Waverley Integrative Framework of Christian Counselling. He leads Year 1 of both deliveries of the Undergraduate Counselling programme.

Sara Lister

BSc (Hons) Nursing; MSc Nursing Studies; PG Dip Adult Education; MA Integrative Psychotherapy from Christian Perspective; Registered Member, BACP; Registered Nurse

Sara is the programme leader for MA in Counselling. She is also part of the team at the Royal Marsden Hospital, London, providing psychological support for patients, and managerially responsible for the psychological support team, the chaplains and staff counselling service. Sara's academic interests relate to the impact of clinical work on those in the caring professions, strategies for self-care, psychological support for those with life-limiting illness, and spirituality.

Phil Shepherd

BSc (Hons) Pure Maths; Advanced Diploma in Counselling; MA (Distinction) in Counselling Studies; Certificate in Supervision; Accredited Member, ACC; Registered Member, BACP

Phil is tutor and leader of Year 1 of the MA in Counselling programme. In his spare time, he runs a small private counselling practice in North Wales and works for a local business counselling agency. His particular interests are in mindfulness and diversity issues in counselling.

Debbie Quick

MA Integrative Psychotherapy; BA (Hons) in Theology and Counselling; Diploma in Counselling Supervision; Certificate in Couples Counselling; BACP and ACC accredited

Debbie is the Year 2 Programme Leader for the Undergraduate Counselling Week/Weekend programme. She has been counselling since 2006. From her private practice in Bromley, Debbie currently counsels individuals and couples, supervises other counsellors and is completing a Diploma in Transformational Coaching.

Sharon McLean

MA in Counselling and Psychotherapy

Sharon started her counselling journey in 2002 working in pastoral care in her local church in Tooting, London, then received her Diploma in Counselling and Supervision. Sharon has a private practice and practises in community agencies offering individual, couples and family counselling as well as supervision. Sharon is a Year 1 tutor on the day course Dip HE in Counselling. She is also a trainer in pastoral care and runs a Pastors' Supervision Support Network.

Dr Gill Harvey

D.Psych; MA Relational Counselling and Psychotherapy; BA (Hons) in Social Policy and Psychology; Foundation Degree: Counselling; Diploma in Counselling Supervision; Diploma in CBT; Diploma in Therapeutic Counselling; Certificate in Person Centred Couples Counselling; ACC (Accredited); BACP (Senior Accredited); Gill is programme leader for the MA in Therapeutic Counselling and Psychotherapy. She is a therapeutic counsellor/ psychotherapist, supervisor and trainer working mainly in private practice. Gill has completed a research doctorate at the Metanoia Institute/Middlesex University, the title of her thesis being: 'Both sides of the coin: Counsellors' stories of the influence of a fundamentalist religious upbringing on mental health and wellbeing in adulthood'. She is particularly interested in the relationship between counselling and spirituality, as well as early developmental religious experiences and adult mental health and wellbeing.

Anna Clarkstone

BA (Hons) in Counselling; BACP and ACC accredited

Anna has been the Year 3 leader of the Undergraduate Counselling programme at Waverley Abbey College for seven years, as well as lecturing in Gestalt theory and the Enneagram. She runs a private practice in Bournemouth, Dorset. Anna began her studies at Waverley Abbey College in 2002. Recent awards include a Diploma in Supervision, a Certificate in Online Counselling and MA TCP.

Donna Maddox

BA (Hons) in Theology and Counselling; Certificate in Counselling Supervision; Advanced Certificate in Lifespan Integration Therapy; BACP and ACC accredited

Donna is a lead tutor on the Undergraduate Counselling Year 1 and 2 Week/Weekend programme and leader of the Year 2 DAY programme. Donna also runs a small private practice seeing both clients and supervisees and is an accredited registered member of the NCS. Her key areas of interest are trauma, abuse and dissociation.

Sally Berry

MA (Oxon); MA in Relational Counselling and Psychotherapy

Sally is the Year 4 and 5 leader of the Undergraduate Counselling programme. She is particularly passionate about the person-centred approach and internal family systems. She has worked as a counsellor for Release Counselling, part of the YMCA St Paul's Group, for the past 11 years

Nina Smith

Dip HE Counselling; MA in Therapeutic Counselling and Psychotherapy (MATCP), Dip Gen Nurse; BSocSci (Hons) Business and Administration

A tutor on Year 1 of the MA in Counselling programme, Nina also runs a general private practice in Bath, with a focus on trauma, spiritual abuse and recovery from coercive control. She is a qualified practising supervisor and volunteers with OMF to assist with debrief counselling.

Bradford Campus

Liz Mole

BA (Hons) in Counselling, MA in Relational Counselling and Psychotherapy.

Liz has many years' experience as a counsellor in private practice and has been a tutor on the Undergraduate Counselling programme at Waverley Abbey College. Liz is supported by a team of local tutors.

Counselling Programmes

An awareness of the significant need to help people suffering from mental health issues, continues to grow. We continue to recognise the need to train people to support those who are struggling with everyday life.

Waverley Abbey College can provide you with the training you need to become a professional counsellor. Whatever your starting point in academic learning, we have a pathway to help you on your academic journey.

The DipHE, BA (Hons) and MA programmes equip students to work towards accreditation with a professional body, such as the British Association for Counselling and Psychotherapy (BACP) and/or the Association of Christian Counsellors (ACC).

For applicants who may not initially meet the requirements to study at Higher Education level, our Waverley Award provides an access route. The Waverley Award also acts as an entry qualification for the MA in Counselling programme if you wish to study at Postgraduate level (and already have a degree).

The MA in Therapeutic Counselling and Psychotherapy has been designed and developed for qualified, practising counsellors who wish to deepen and develop their knowledge and skills in specific areas.



Higher Education Programmes

Postgraduate

- MA in Counselling
- MA Therapeutic Counselling and Psychotherapy

Undergraduate

- BA (Hons) in Counselling
- Diploma of Higher Education in Counselling
- Certificate of Higher Education in Counselling

Our Higher Education programmes are quality assured by Middlesex University and you will receive a Middlesex award on successful completion.

Waverley Award

- Waverley Certificate in Christian Counselling
- Continuing Professional Development (CPD)
- Waverley Certificate/Diploma in Counselling Supervision

Short courses

- Introduction to Christian Care and Counselling



This course is not validated by a university.

Introduction to Christian Care and Counselling

This five day course is designed for anyone who wants to learn about themselves and how to help others effectively, no matter how much or how little previous knowledge and experience they have. It is a reflective course, interactive and personal, using both practical methods and theory.

The course is ideal for anyone who is:

- Thinking about full counselling training
- Looking for basic training for pastoral care
- Wanting to help people in everyday life
- Running a small group
- In part-time or full-time Christian ministry

Entry Requirements

There are no formal entry qualifications required for this course.

Programme Content

Understand yourself and others from a Christian perspective, with the aim of developing and expanding your listening skills.

Most people need help at times as they journey through life. A sympathetic listening ear is always appreciated, but sometimes people need more. We can help equip you to play a part in the lives of those who are struggling, enabling them to move forward and discover the freedom to grow into all that God desires them to be.

Over the course, you'll cover topics including:

- The biblical basis for care and counselling
- Reasons and causes for problems
- Developing basic counselling skills
- A clear framework for the counselling process

Duration

Five days

Assessment

There is no assessment on this course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet

Location

Farnham and Bradford.

Mode of Study

This course is taught over five consecutive days at Farnham, and as a one day a week over five weeks at Bradford.

Next Steps

After completing this course, students may want to apply for accredited counselling courses or the Spiritual Formation programme.



This course is not validated by a university, but is taught alongside the first year of the undergraduate programme.

Waverley Certificate in Christian Counselling

Entry Requirements

For more information please visit our website

Programme Content

Students taking this programme will cover:

- Counselling Theory and the Waverley Integrative Framework of Counselling
- Counselling Skills and Practice
- Personal and Professional Development

Duration

One year part-time

Entry Points

Students enter the programme at the beginning of the academic year in September.

Assessment

Students are required to complete written assignments, exams and a self-reflective journal during the academic year.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet. Students are also required to undertake 15 hours of self-funded personal therapy.

Location

Farnham and Bradford.

Mode of Study

This programme is taught over seven weekends and two weeks (Monday to Friday), as a residential option, or as a one day a week programme. In Bradford, the course is only taught as a one day a week programme*.

Next Steps

On successful completion, students are eligible to apply for direct entry into: (i) Year 2 of the Certificate of Higher Education in Counselling, (ii) Year 2 of the Diploma of Higher Education in Counselling, (iii) or, Year 2 of BA (Hons) in Counselling programmes.

Students with a previous degree may be eligible to apply for Year 1 of the MA in Counselling programme.

*Subject to demand.

The Higher Education Counselling Curriculum

The Counselling programme is designed to provide a robust and effective Undergraduate training scheme that ensures that students who exit with a Diploma of Higher Education or a BA (Hons) in Counselling degree are professional, competent and ethical practitioners. All graduates will have attained the standards of proficiency required by professional counselling bodies, as ensured by the Quality Assurance Agency's subject benchmark statements.

Access Course

Applicants for direct entry to Years 2, 3 or 4 of the undergraduate programme who have not previously trained in counselling with the College, will be required to complete a three-day Access Course before progressing with their studies. Dates and fees can be found on the webpage.

NB: there is a fee for Recognition of Prior Learning applications; please see Dates and Fees.

Year 1

- Counselling Theory and the Waverley Integrative Framework of Counselling
- Counselling Skills and Practice
- Personal and Professional Development

Year 2

- Developmental Psychology and Psychopathology
- Counselling Skills: Clinical Practice 1
- Supervision and Professional Development
- Self-Awareness and Personal Growth

Year 3

- Integrative Approaches and Mental Health
- Advanced Counselling Skills: Clinical Practice 2
- Reflective Practice

Year 4

- Fieldwork and Professional Development 3
- Integration: Theory and Practice
- Counselling and Spirituality

Year 5

- Counselling Literature Review (can be undertaken in Year 4)





Certificate of Higher Education (Cert HE) in Counselling

This programme is validated by Middlesex University and is 120 credits at level 4 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

This course is designed for those who want to study counselling at undergraduate level.

Entry Requirements

A minimum of two A-level passes and GCSE English Grade C/6 (or above) ELTS equivalent international English qualification 6.5 and/or a minimum of three years' related life experience and other qualifications may be taken into account.

Programme Content

Students taking this programme will cover the curriculum for Years 1–2.

Students who exit with a Cert HE will not have completed the requirements for professional accreditation and/or registration.

Duration

Two years part-time

Entry Points

Students enter the programme at the beginning of the academic year in September.

Assessment

Students are required to complete written assignments, exams and journals during the programme.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet. Students are also required to undertake 30 hours of self-funded personal therapy.

Location

Farnham and Bradford*

Mode of Study

This programme is taught over seven weekends and two weeks (Monday to Friday) for Years 1 and 2 as a residential option at Farnham.

This programme is also available as a one day a week option at Farnham and Bradford.

Next Steps

On completion of this programme, students could progress to the Diploma of Higher Education or BA (Hons) programmes in Counselling.

*NB: The residential mode of study is not available at Bradford.



Diploma of Higher Education (DipHE) in Counselling

This programme is validated by Middlesex University and is 240 credits at levels 4 and 5 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

'Life-changing and life-affirming. I loved my three-year journey at Waverley'

Lisa – Diploma of Higher Education (DipHE) in Counselling

This programme is designed for those who wish to study at undergraduate level and apply for professional accreditation to practise as a counsellor.

Entry Requirements

A minimum of two A-level passes and GCSE English Grade C (or above), and/or a minimum of three years' related life experience and other qualifications may be taken into account.

Programme Content

Students taking this programme will cover the curriculum for Years 1–3

Duration

Three years part-time

Entry Points

Students enter the programme at the beginning of the academic year in September.

Assessment

Students are required to complete various assignments, exams and journals during the academic year.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet. Students are also required to undertake 30 hours of self-funded personal therapy.

Location

Farnham and Bradford*

Mode of Study

This programme is taught over seven weekends and two weeks (Monday to Friday) for Years 1 and 2, and four weekends and two weeks (Monday to Friday) in Year 3 as a residential option at the Farnham Campus. This programme is also available as a one day-a-week option at Bradford.

Next Steps

On successful completion of the Diploma of Higher Education in Counselling, students are able to apply for professional accreditation once the requirement of clinical hours has been met (awarding accredited status is at the discretion of the professional body). Students may also continue on to the BA (Hons) in Counselling programme (offered at Farnham only) or potentially apply for Postgraduate study. Alternatively, students may apply for the BA (Hons) Top-up in Spiritual Formation.

*NB: The residential mode of study is not available at Bradford.



BA (Hons) in Counselling

This programme is validated by Middlesex University and is 360 credits at levels 4, 5 and 6 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

'I left Waverley feeling fully equipped for a counselling career. The course was extensive and thorough and the pastoral support excellent – thank you.'

Tracy – BA (Hons) Counselling

This programme is designed for those who wish to study at undergraduate level and apply for professional accreditation to practise as a counsellor.

The BA (Hons) in Counselling is a five-year programme; however, the final Year 5 module can be studied in Year 4. We strongly recommend that students apply initially for the five-year programme and make the final choice on whether to complete in four or five years towards the end of their third year of study.

Entry Requirements

A minimum of two A-level passes and GCSE English Grade C (or above), and/or a minimum of three years' related life experience and other qualifications may be taken into account.

Programme Content

Students taking this programme will cover the full curriculum for Years 1–5.

Duration

Four or five years part-time.

Entry Points

Students enter the programme at the beginning of the academic year in September.

Assessment

Students are required to complete written assignments, exams and journals during the programme.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet. Students are required to undertake 30 hours of self-funded personal therapy during Years 1 and 2.

Location

Farnham

Mode of Study

This programme is taught over a number of weekends and a few weeks (Monday to Friday) only. Follow other patterns of study for years 1-3, see the Certificate and Diploma.

Next Steps

On successful completion of the BA (Hons) in Counselling programme, students are able to apply for professional accreditation once the requirement of clinical hours has been met (awarding accredited status is at the discretion of the professional body). Students may also apply for one of our Postgraduate programmes.



MA in Counselling

This programme is validated by Middlesex University and is 180 credits at level 7 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

Access Course

Applicants who have not completed their counselling certificate with the College are required to provide evidence of the equivalent counselling certificate which qualifies them to a 3 day access course before progressing with their studies. Dates and fees can be found on the College website.

This programme is suitable for those who wish to become accredited as professional counsellors.

Entry Requirements

This programme is designed for those who already have a previous degree, which can be in any subject, and a certificate in counselling equivalent to the Waverley Certificate of Christian Counselling.

Programme Content

YEAR 1

- Counselling Theory – Approaches and Integration 1
- Counselling Translation – Theory to Practice 1
- Developing Personal and Professional Practice 1

YEAR 2

- Counselling Theory – Approaches and Integration 2
- Counselling Translation – Theory to Practice 2
- Developing Personal and Professional Practice 2

YEAR 3

- Research for the Helping Professions

In both Years 1 and 2 students are required to undertake 50 hours of placement work with clients. Also required 20 hours of individual supervision and 20 hours of personal therapy in each of Years 1 and 2.

Duration

Three years part-time

Entry Points

Students enter the programme at the beginning of the academic year in September.

Assessment

Students are required to complete written assignments, exams and journals during the programme.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet. Students are required to undertake 40 hours of self-funded personal therapy.

Location

Farnham

Mode of Study

This programme is taught in eight blocks each for years 1 and 2 of three days.

Next Steps

On successful completion, students are able to apply for professional accreditation once the requirement of clinical hours has been met (awarding accredited status is at the discretion of the professional body). Students can also apply for the MA in Therapeutic Counselling and Psychotherapy or take doctoral level studies.



MA in Therapeutic Counselling and Psychotherapy

This programme is validated by Middlesex University and is 180 credits at level 7 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

This course is designed for professionally qualified counsellors who wish to take their knowledge and skills to the next level.

Entry Requirements

A degree or Diploma of Higher Education in Counselling, which will have typically included 450 tutor contact hours and a clinical practice requirement of at least 100 hours, is required for entry to the programme. If applicants hold a Diploma in Counselling they will normally be required to hold a first degree in another subject 2:1 or above.

Programme Content

Students taking this programme will complete three modules in Year 1 and three in Year 2. They will have the option of taking the Research Dissertation either in Year 2 or as a stand-alone module in Year 3.

- Counselling and Spirituality*
- Counselling Integration and Theological Perspectives
- Systemic Therapy with families, couples and individuals
- Complex Issues in Counselling: Areas of Avoidance, Blocks and Impasses
- Counselling and Psychotherapy Supervision
- Cognitive Behaviour Therapy for Psychological Disorders: Theory and Practice
- Trauma, Abuse and Dissociation
- Transcultural Counselling
- Research Dissertation (completed in Year 2 or 3)

Duration

Two or three years part-time

Entry Points

Students enter the programme at the beginning of the academic year in September.

Assessment

Students are required to complete written assignments, exams and journals during the programme.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet.

Location

Farnham

Mode of Study

This programme is taught in two- or three-day blocks, depending on the module being taught.

Next Steps

Students can progress to doctoral level study.

*This module is mandatory for students and will be taken in Year 1 or Year 2.



This course is not validated by a university, but students will be taught alongside those in the MA Therapeutic Counselling and Psychotherapy Programme.

Waverley Certificate/Diploma in Counselling Supervision

This short programme equips counsellors with the necessary skills, knowledge and professional development to enable them to provide supervisory support and guidance to counsellors in clinical practice.

Entry Requirements

You will need to have at least a Diploma of Higher Education in Counselling, two years of post-qualifying experience and have gained over 300 hours of practical client experience.

Programme Content

The programme is taught in two parts. Successful completion of Part 1 leads to the award of a Certificate in Counselling Supervision. Completion of both Parts 1 and 2 leads to the award of a Diploma in Counselling Supervision. You can therefore take Part 1 and Part 2 consecutively or separately.

The programme includes:

- Understanding the roles, responsibilities, tasks and complexities of supervision
- Considering ethical and legal responsibilities of supervision, including boundaries and contract issues
- Developing the necessary skills to establish an effective working alliance
- Sustaining a supervision session with a counsellor or a group of counsellors
- Analysing and self-evaluating the supervisory process, including your own practice of supervision
- Understanding group dynamics and complexities of group supervision
- Managing issues of difference and diversity

The Diploma in Counselling Supervision was approved by the Association of Christian Counsellors (ACC) as meeting their standards in 2014, enabling delegates to apply for accreditation with the ACC as a supervisor (once other qualifying criteria have been met). Please note that awarding accredited status is at the discretion of the awarding body.

Duration

Part-time

Entry Points

This programme is normally taught alongside students studying for the MA in Therapeutic Counselling and Psychotherapy; please contact the College for dates.

Assessment

Students are required to complete written assignments and a verbatim recording and transcript.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet.

Location

Farnham

Mode of Study

Each part consists of two separate three-day teaching blocks (four blocks in total) in an academic year. Completion of the full Diploma provides 60 hours of tutor training as required by the ACC for accreditation as a supervisor.



Leadership Faculty

Bob Stradling, College Director

BA (Hons); MA; Cert HE, FHEA

After qualifying as a chartered accountant, Bob moved into commercial training and from there into the Higher Education sector where he has worked for over 25 years in a range of institutions and roles, helping to provide leadership often in situations where significant change was required.

Clare Williams

BA Oxon; MA Leadership; Cert Theological Studies

Clare is Programme Leader for the Integrating Leadership & Faith certificate and diploma. She has an MA in Leadership and is currently completing her second masters in Culture, Diaspora and Ethnicity at Birkbeck, University of London. Clare is a trained Christian apologist, and she enjoys helping people to share their faith.

Dr Joanna Williamson

DMin Global Leadership; MA Theology, Politics and Faith Based Organisations; MA Applied Theology; BA Christian Education; BA Biblical Studies; Certificate: Spiritual Formation; PhD Intercultural Education (pending)

Joanna co-founded One Rock International which provides training, mentoring and spiritual formation to marketplace leaders, seminaries and entrepreneurs. This ministry has taken her to over 30 countries in the past 15 years, including most recently, Brazil, Colombia, Singapore, Malaysia, China, Taiwan, India and Rwanda. She also founded SheLives and helps to lead a young adult congregation at Westminster Central Hall.

Joanna has a passion for study and is currently researching a second PhD in Intercultural Education. Her study interests span a wide field including narrative theology, the four Gospels, spiritual formation, apologetics, political and public theology, Christian biography and global leadership trends. Joanna has been influenced by the life and writings of Dallas Willard, a philosopher and church reformer, and serves on the board of Renovaré Britain and Ireland as well as Sanctus in Germany. Joanna's publications include *Going Forward on Your Knees: Lessons from the Life of Hudson Taylor* and *Amy Carmichael: A Life Well Placed*. She is currently researching Spiritual Formation and Leadership for a future publication.

Leadership Programmes

As the world is changing, new possibilities emerge for the future. How can you upgrade your leadership toolbox to meet the challenges and make the most of the opportunities?

Waverley Abbey College offers four Higher Education programmes in Leadership. (Subject to validation)

Undergraduate

- Certificate of Higher Education in Integrating Faith and Leadership
- Diploma of Higher Education in Integrating Faith and Leadership

Postgraduate

- MA in Public Leadership
- Postgraduate Diploma in Public Leadership

These programmes provide a great opportunity to equip you for the volatile and complex world we live in. Learn to lead with hope, while investing in your academic studies and professional credentials.



The Curriculum for Integrating Faith and Leadership

The programme will be suitable for those who want to understand how their faith can be applied and integrated into range of settings both sacred and secular. The course uses a Christian anthropology to help students understand how faith and leadership can work together and help to give the student a better understanding of themselves so that they may more effectively lead others in a range of contexts. Throughout the course students will be reflecting on their own experience whilst comparing it to the experience of other students on the course.

Years 1 and 2 focus on helping to develop the individual student. Years 3 and 4 builds on the topics that studied in Years 1 and 2 and focus on developing the student's leadership of teams and other groups.

Generally, each module will have three elements:

- Theory: studying theories of leadership,
- History: looking at historic approaches that have been used in the past
- Theology: applying a Christian anthropology to the topics.

Students will cover:

Year 1

- Leadership and the Waverley Integrative Framework
- The leader as learner
- Leadership styles and dysfunctional behaviour

Year 2

- Leadership, wellbeing and a rule of life
- Personal effectiveness and strength-based leadership
- Developing the leader's voice

Year 3

- Leading for others
- The leader as teacher
- Leadership, liturgy and sacrament

Year 4

- Building and leading healthy teams
- Developing communicating and implementing strategy
- Leading community engagement

Certificate of Higher Education in Integrating Faith and Leadership (Subject to validation)

This course is designed for those who want to study leadership at undergraduate level. The programme is suitable for anyone who wants to understand how their faith can be applied and integrated into range of settings both sacred and secular.

Entry Requirements

Students will normally have:

- Two A-levels or equivalent; or,
- three years of relevant experience.
- If English is not your first language, IELTS (or equivalent) Level 6 or higher with a minimum grade of 5.5 in each section.

Programme Content

Students taking this programme will cover Years 1 and 2 of the curriculum for Integrating Faith and Leadership.

Duration

Two years part time

Entry points

To be confirmed

Assessment

Students will be required to write essays, reports and case studies, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the webpage for up-to-date information.

Students will also be required to fund:

- books and other study materials
- Student membership of the Chartered Management Institute

Students will need access to:

- a personal computer or laptop, which accommodates sounds and video.
- internet

Location

Distance education

Mode of Study

This is a distance education programme. Lectures and workshops will be delivered online. See the dates and fees for more information on lecture times.

Next Steps

On completion of this programme, students could progress to the Diploma of Higher Education in Integrating Faith and Leadership or advance in their current leadership context.

Diploma of Higher Education in Integrating Faith and Leadership (Subject to validation)

This course is designed for those who want to study leadership at undergraduate level. The programme is suitable for anyone who wants to understand how their faith can be applied and integrated into range of settings both sacred and secular.

Entry Requirements

Students will normally have:

- 2 A-levels or equivalent; or,
- three years of relevant experience.
- If English is not your first language, IELTS (or equivalent) Level 6 or higher with a minimum grade of 5.5 in each section.

Programme Content

Students taking this programme will cover Years 1, 2, 3 and 4 of the curriculum for Integrating Faith and Leadership.

Duration

Four years part-time

Entry points

To be confirmed

Assessment

Students will be required to write essays, reports and case studies, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the webpage for up-to-date information.

Students will also be required to buy:

- books and other study materials
- Student membership of the Chartered Management Institute

Students will need access to:

- a personal computer or laptop, which accommodates sounds and video.
- internet

Location

Distance education

Mode of Study

This is a distance education programme. Lectures and workshops will be delivered online. See the dates and fees for more information on lecture times.

Next Steps

On completion of this programme, graduates can go on to study the Spiritual Formation BA (Hons) (Top-up) at Waverley Abbey College. Graduates will also be equipped to advance in their current leadership context and/or continue further study in theology, leadership and the social sciences.



The Curriculum for Public Leadership

The Public Leadership programme offers an innovative, robust, and integrated approach to leadership, which is rooted in the theological reflection and biblical hermeneutics.

It's suitable for those who work in any sphere of public service such as health, education, uniformed services, central or local government, politics or the charity sector. It's for people and who are interested in developing their leadership potential and understanding how their faith can be used as a force for positive change.

With leaders across all spheres and sectors facing adaptive challenges, the MA in Public Leadership offers a wide range of resources that will equip students for a long-haul engagement in their respective fields.

Throughout the course students will develop and apply collaborative skills. They'll explore creative solutions to issues in today's society. Students will engage with case studies, and benefit from a wide variety of seminars with guest speakers from different sectors of public leadership.

Alongside well-grounded academic credentials, the course gives students a professional edge, elevating their leadership capabilities and propelling them with courage and competence into the future.

Students taking this course will cover:

Year 1

- Introduction to Public Leadership
- Love, Faith, Hope in Public Discourse
- Culture and Context

Year 2

- Leading in Context
- Organisations in Context
- Public Life, Private Faith

Year 3

- Integrative Project

Postgraduate Diploma in Public Leadership (Subject to validation)

This programme is suitable for those who work in any sphere of public service such as health, education, uniformed services, central or local government, politics or the charity sector, and who are interested in developing their leadership potential and understanding how their faith can be used as a force for positive change.

Entry Requirements

Students will normally have an existing Higher Education award and three years of work experience or significant experience over an extended period at senior level.

Programme Content

Students taking this programme will cover Years 1 and 2 of the curriculum for Public Leadership.

Duration

Two years part-time

Entry points

To be confirmed

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the webpage for up-to-date information.

Students will also be required to buy:

- books and other study materials

Students will need access to:

- a personal computer or laptop, which accommodates sounds and video
- internet

Location

Distance education

Mode of Study

This is a distance education programme. Lectures and workshops will be delivered online. See the dates and fees for more information on lecture times.

Next Steps

On completion of this programme, students can progress to the MA in Public Leadership. Graduates will also be equipped to advance in their current leadership context and/or continue further study in theology, leadership and the social sciences.

MA in Public Leadership (Subject to validation)

This programme is suitable for those who work in any sphere of public service such as health, education, uniformed services, central or local government, politics or the charity sector, and who are interested in developing their leadership potential and understanding how their faith can be used as a force for positive change.

Entry Requirements

Students will normally have an existing Higher Education award and three years of work experience or significant experience over an extended period at senior level.

Programme Content

Students taking this programme will cover Years 1, 2, and 3 of the curriculum for Public Leadership.

Duration

Three years part-time

Entry points

To be confirmed

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the webpage for up-to-date information.

Students will also be required to buy:

- books and other study materials

Students will need access to:

- a personal computer or laptop, which accommodates sounds and video
- internet

Location

Distance education

Mode of Study

This is a distance education programme. Lectures and workshops will be delivered online. See the dates and fees for more information on lecture times.

Next Steps

On completion of this programme, graduates will be equipped to advance in their current leadership context and/or continue further study in theology, leadership and the social sciences.



Theology Faculty

Dr. Micha Jazz, Faculty Leader

Dr Micha Jazz PhD is Dean and Head of the Theology Faculty at Waverley Abbey College. With degrees from the Universities of Oxford and Southampton, Micha has previously worked internationally in the third sector and in church leadership as a communicator, broadcaster, and writer. His doctorate is multi-disciplinary covering the fields of linguistics, theology, and history, where he produced the first English translation from Syriac of a sixth century martyrdom text. His interests lie in early Church history with an emphasis on Patristics, Epistemology, and Prayer. His role is to focus upon development of the College as it moves towards becoming a Christian University. He lives as a contemporary lay friar and acts as Guardian of St. Cuthbert's Oratory, a house of prayer and contemplation.

Dr David Wise

David believes that every person has been created by God with potential. His passion is to help people realise more of their potential, to become more of the person that God has created them to be. David has served as a Baptist pastor in churches in and around London for 37 years. For more than 20 years, he has been mentoring Christian leaders and he is accredited by the European Mentoring and Coaching Council as a senior practitioner. Between 2011 and 2018, David also worked as a part-time tutor and module leader on Masters programmes in Missional Leadership. David is the programme leader for Spiritual Formation and is currently researching the creation of genuinely multi-ethnic local church congregations for a doctorate in Practical Theology.

Dr Ian Stackhouse

Ian has served as the senior minister of Millmead Guildford Baptist Church since 2004 and has been in pastoral ministry overall for nearly 30 years. He has also travelled in the UK and overseas, ministering in churches, seminaries, conferences and retreats. Ian has authored four books – The Gospel-Driven Church being his PhD thesis – and has contributed various other chapters and articles. Ian is module leader for pastoral care on the Spiritual Formation Programme.

Usha Reifsnider

MA Practical Theology
Usha is a British Gujarati Christ follower from the West Midlands. She is the Framework, Skills and Ethics module leader. Usha serves as mission partner with Go To the Nations (formerly Calvary International) and as a diaspora mission consultant in North America and Europe. Usha is currently researching anthropological aspects of diaspora and migration for her PhD at the Oxford Centre for Mission Studies. She is a member of the Centre for Majority World Mission and serves on the leadership team for Lausanne Europe 20/21. Usha is the module leader for skills and ethics on the Spiritual Formation programme.

Jennifer Campbell

BA (English); HED (Education); DipTh, BD (Biblical Studies); MPhil (Systematic Theology)
Jennifer has dual citizenship of South Africa and the UK, having studied, worked and lectured in both countries in diverse church (Evangelical Anglican) and college appointments (Methodist, Reformed, Charismatic, Ecumenical). Jenny has mobilised visionary leadership in local congregations and communities as a speaker, team builder and spiritual director (www.eaglesinflight.net). Jennifer is the module leader for Approaches to Spiritual Formation on the Spiritual Formation programme.

Jess Stott

BA (Education); Waverley Abbey Certificate in Counselling; MA (Spiritual Formation)
Jess has worked cross-culturally for 20 years, working with charities and NGOs in Southeast Asia and South Asia, as well as with refugees in America and the UK. She works cross-culturally in her local community alongside local charities as a Wellbeing Coach and Welcome Church coordinator. She is an accredited Intercultural Coach with European Mentoring and Coaching Council, and a spiritual mentor. She is currently finishing her dissertation for the MA in Spiritual Formation programme. Jess is also a Tutor on the Spiritual Formation programme, and offers pastoral and academic support to students. Her passions include spending time with Jesus, her young family, and coming alongside others to encourage and equip them for what God has called them to.

Chris Blakeley

MA(Cantab) English; MBA (London); MSc Organisational Psychology; MCIPD
Chris is a Benedictine Oblate and provides spiritual direction and retreats - largely supporting people in leadership and church ministry in deepening their contemplative practice. He also runs a leadership development consultancy, Waverley Learning, supporting leaders in church, secular and not-for-profit organisations. Chris founded the Crossroads Retreats Charity which provides support to people in times of major transition or loss. He recently co-authored a book on Leading With Love. Chris is a module leader for Spiritual Direction on the Spiritual Formation programme.

Alison Cansdale

MA in Christian Mentoring (Missiology)
Alison is an accredited senior practitioner mentor/coach with the European Mentoring and Coaching Council (EMCC). She is also a qualified therapeutic coach (FTCT) and a qualified pastoral supervisor, providing individual and group supervision. She is a member of the Association for Pastoral Supervision and Education (APSE). She lectures in Christian mentoring and coaching at theological colleges, ranging from Certificate to Masters degree level. Alison is module leader for Mentoring and Coaching on the Spiritual Formation programme.

Andrew Gregg

PG Dip and MSc in Microelectronics and Microcomputer Applications
Andrew has extensive chaplaincy experience. He worked with Work Place Chaplaincy in Scotland for seven years, before becoming its national director in 2020. As chaplain and training and vocation director, he worked closely with the Baptist College piloting a module in Chaplaincy and Spiritual Care. He oversaw a chaplaincy placement module for Scottish Episcopal Church and United Reformed Church students. Andrew also coordinated a Street Pastors initiative in Scotland, working with police, NHS, drug and alcohol charities and businesses. He was a trustee of Love Inverness, which managed Street Pastors. Andrew has undertaken mission trips to Albania, working closely with a charity to support food and education programmes for children in remote areas. Andrew is module leader for Chaplaincy on the Spiritual Formation programme.

Keith Foster

Keith has worked in an eclectic mix of roles and settings. He served in the military for nine years, following which he worked in industry for around 15 years. Moving into ministry, he spent six years as a community pastor and 12 years as a senior teaching pastor. He previously taught Theology and Mission at a West Midlands Bible college, Formission. Keith has been working towards his doctorate, focussing on research into "Evangelical third-places that facilitate gospel conversations with the new marginalised". And now he is the programme leader for the Contemporary Chaplaincy programme.

Theology Faculty

The Theology Faculty includes courses taught in Chaplaincy and Spiritual Formation

Chaplaincy

There are three ways to study Chaplaincy at Waverley Abbey College:

- Contemporary Chaplaincy
- Waverley Certificate in Chaplaincy
- Postgraduate Certificate in Chaplaincy

On commencement of any of these courses you'll be eligible to apply to Waverley Abbey Ministries (WAM) to become an Associated Waverley Abbey Minister in training, which is affiliated to Churches in Communities (CiC).

Following training, and on completion of an appropriate placement, you may then apply via WAM, to become an Associate Minister or Chaplain with CiC.

An additional pathway is offered whereby after a further twelve months of membership of CiC through WAM, you may apply for ordination with CiC, at this point you would be a Waverley Abbey Associate Reverend Minister or Chaplain.

A Waverley Abbey Minister or Chaplain, as part of the membership with WAM, will be offered supervision, annual CPD, and administration for annual renewal of professional credentials.

There are three key differences between these courses, summarised below:



	Contemporary Chaplaincy	Waverley Certificate in Chaplaincy	Postgraduate Certificate in Chaplaincy
Placement Requirement	Students will require a placement alongside studies and guidance will be given on conducting and evidencing this placement.	Students may choose to arrange their own placement alongside their studies, however, support for placement is not part of the course.	Students may arrange their own placement alongside their studies, however, support for placement is not part of the course.
Delivery	Online over 30 weeks	Part-time at Farnham Campus through residential blocks over three terms in one year	
Further Content Information	The contents of each course differs. Please read the description of each of the courses to find out which one is right for you		

Please read the description of each of the courses to find out which one is right for you. If you have any questions, please do get in touch with the admission team at admissions@waverleyabbeycollege.ac.uk or call **01252 784 731**.

Contemporary Chaplaincy

This programme is designed to equip those serving or looking to serve in a broad range of community or church based settings

Entry Requirements

There are no formal qualifications required for this course. Acceptance onto the course will be assessed through application and interview.

Programme Content

Students taking this course take six modules. The modules are:

- Chaplaincy - An Introduction
- A Theology of Chaplaincy
- Models of Chaplaincy - Measuring our Impact
- Faith and Non-Faith Contexts - Understanding our Culture
- The Chaplain and self-care
- Chaplaincy Skills and Practice

Duration

One year, part-time

Entry Points

Cohorts will begin throughout the academic year

Assessment

The course will be assessed through assignments for each module. In addition, a Personal Development Plan will be produced for the end of course assessment. This PDP will include a journal, live presentation and a 2,000-word written analysis.

Costs

Course fees are subject to change. Please see the webpage for up-to-date information. Students will need to purchase a number of books. Students need access to a laptop and the internet throughout the course.

Students wishing to be considered for ordination on successful completion of the course, will need to pay the associated fees for this. In addition, an annual subscription will be payable to Waverley Abbey Ministries for continued accreditation/affiliation.

Location

Online distance learning through the Waverley Abbey College Virtual Learning Environment.

Mode of Study

Delivery of the course will be through 30 x weekly 2-hour, online cohorts (term-time only).

This will be enhanced through assignments and ministry placement, with a recommended, collective weekly commitment of between 8-10 hours.

The five taught modules will each take six weeks, with the sixth (PDP) module running throughout the course.

Students need to arrange a placement alongside their online studies

Next Steps

You can apply for recognition from Churches in Communities, via Waverley Abbey Ministries to become a fully accredited Waverley Abbey Associate Minister or a fully accredited Waverley Abbey Chaplain.

Having been in membership of Churches in Communities through Waverley Abbey for at least 12 months as a Waverley Abbey Associate Minister or a Waverley Abbey Chaplain, you can seek to be ordained by Churches in Communities as a Reverend Minister or Chaplain with Waverley Abbey.

The Contemporary Chaplaincy course covers theology and theory; contemporary practice and self-reflection. The course will enable students to explore chaplaincy in a number of ministry contexts. These contexts fall under two main categories: Regulated (NHS, Prisons, Armed Forces) and non-regulated (schools, retail, sports, private organisations, industrial, community etc).

Students who want to serve within the regulated sector will need to meet the specific assessment requirements of the relevant sector they are interested in. This can range from further qualifications (i.e. a diploma in Theology), sector specific training, and/or age limits (i.e. The Armed Forces).

Spiritual Formation Programmes

Do you want to be better equipped to help others on their spiritual journey? Our programmes provide robust and effective spiritual formation training.

Students engage with knowledge and conceptual frameworks drawn from theology, psychology, social sciences, historical studies, counselling, leadership studies and psychotherapy. This requires an integrative framework to bring these different disciplines into a coherent whole. We help students develop in their own spiritual formation, and equip them with a wide range of tools to help others to grow and develop their spiritual lives.

There are three separate entry points in the academic year. These entry points apply for the MA, the Postgraduate Diploma, the four Postgraduate Certificates, the BA (Hons) Top-Up, the Waverley Diploma and the four Waverley Certificates. Students begin their programme with a two-day induction prior to their first module. Any module can be taken as a stand-alone course for continuing professional development. In one term you complete one module, so three modules are completed in a full calendar year. The order in which a student takes the modules is dependent on the course taken and the start date. This is agreed at interview.

For all programmes (with the exception of a single Continuing Professional Development module) students will take the following two core modules:

Skills, Ethics and Framework

- Foundational relationship and communication skills
- Awareness of relevant ethical parameters
- Insight into the Waverley Integrative Framework of human functioning

Approaches to Spiritual Formation

- The way in which the Church through the ages has understood a Christian being formed into the image of Jesus Christ
- The way in which culture and historic context has shaped spiritual formation
- How psychological approaches in the last 100 years have impacted the process of spiritual formation



Higher Education Programmes

Postgraduate

- MA in Spiritual Formation
- Postgraduate Diploma in Spiritual Formation
- Postgraduate Certificate in Chaplaincy
- Postgraduate Certificate in Pastoral Care
- Postgraduate Certificate in Spiritual Direction
- Postgraduate Certificate in Mentoring and Coaching

Undergraduate

- BA (Hons) Top-Up in Spiritual Formation

Waverley Award

- Waverley Diploma in Spiritual Formation
- Waverley Certificate in Chaplaincy
- Waverley Certificate in Pastoral Care
- Waverley Certificate in Spiritual Direction
- Waverley Certificate in Mentoring and Coaching
- Continuing Professional Development (CPD)

Waverley Certificate in Chaplaincy

Entry Requirements

There are no formal entry qualifications required for this course, but candidates may find it helpful to have some experience in this area.

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Chaplaincy

Students will:

- Embark on, and theologically reflect upon, a model of chaplaincy within their own context
- Discover a variety of models of chaplaincy and understand how their own spiritual formation can benefit those who have yet to connect with the Christian faith
- Explore pioneering models of chaplaincy in unexpected places alongside contemporary models of traditional chaplaincy within a post-Christendom culture

Duration

One year part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet.

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Your next steps on completion of the course depend on whether you have taken a 12-month placement alongside your studies. Support and guidance for your placement is not part of the course.

With a 12-month placement

You can apply for recognition from Churches in Communities via Waverley Abbey Ministries (WAM) to become a fully accredited Waverley Abbey Associate Minister or a fully accredited Waverley Abbey Chaplain. Having been in membership of Churches in Communities through WAM for at least 12 months as a Waverley Abbey Associate Minister or a Waverley Abbey Chaplain, you can seek to be ordained by Churches in Communities as a Reverend Minister or Chaplain with Waverley Abbey. The Waverley Certificate in Chaplaincy is theory based, and with a relevant placement, will also enable students to explore chaplaincy in a number of ministry contexts. These contexts fall under two main categories: Regulated (NHS, Prisons, Armed Forces) and non-regulated (schools, retail, sports, private organisations, industrial, community etc). Students who want to serve within the regulated sector will need to meet the specific assessment requirements of the relevant sector they are interested in. This can range from further qualifications (i.e. a diploma in Theology), sector specific training, and/or age limits (i.e. The Armed Forces).

Without a 12-month placement

You can apply for recognition from Churches in Communities via WAM to become a Waverley Abbey Associate Minister in training or a Waverley Abbey Associate Chaplain in training.

Waverley Certificate in Pastoral Care

Entry Requirements

There are no formal entry qualifications required for this course, but candidates may find it helpful to have some experience in this area.

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Pastoral Care

Students will:

- Understand the difference between pastoral care and counselling
- Value the importance of worship/liturgy in pastoral care
- Understand the importance of congregational life in the delivery of good pastoral care, as well as spiritual formation
- Become more culturally aware

Duration

Up to two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet.

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for a role as a pastoral carer in a range of settings.

Waverley Certificate in Spiritual Direction

Entry Requirements

There are no formal entry qualifications required for this course, but candidates may find it helpful to have some experience in this area.

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Spiritual Direction

Students will:

- Support and encourage someone in deepening their relationship with God through an enriched understanding of prayer
- Identify faith shifts, transitions and crises, and help people navigate their journey of spiritual development and transformation
- Gain self-awareness in relation to their own faith development and relationship with God through a series of experiential exercises
- Explore their understanding of how God works in and through relational processes

Duration

Up to two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- Accommodation costs while staying at the College
- Books and other study materials
- A three-day retreat as part of the Spiritual Direction module

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for a role as a spiritual director.

Waverley Certificate in Mentoring and Coaching

Entry Requirements

There are no formal entry qualifications required for this course, but candidates may find it helpful to have some experience in this area.

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Mentoring and Coaching

Students will:

- Be able to apply for professional/vocational accreditation with the European Mentoring & Coaching Council (EMCC) as a result of the module (subject to other checks)
- Embark on a transformative journey, helped by others in the group, with mentoring and coaching practice
- Be encouraged with the skills already gained in the area of mentoring and coaching and develop these further

Duration

One year part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- Accommodation costs while staying at the College
- Books and other study materials
- Application for accreditation by and membership of the EMCC (optional)

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for membership of the EMCC, and apply for leadership/ministry roles in a church or other Christian or secular organisation.

Waverley Diploma in Spiritual Formation

While not validated by a university, this course is taught alongside the students studying the MA in Spiritual Formation.

Entry Requirements

This programme is suitable for those interested in Spiritual Formation and personal development without going through the rigors of assessment for a Higher Education award. There are no formal entry qualifications required for this course, but candidates may find it helpful to have some experience in this area.

Programme Content

Students taking this course take six taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Spiritual Direction
- Chaplaincy
- Pastoral Care
- Mentoring and Coaching (successful completion allows students to achieve professional accreditation with the European Mentoring and Coaching Council (EMCC))

Duration

Two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students are required to keep a personal journal throughout the duration of the course. Each term students submit a 500-word synopsis of their journal. Students are also required to undertake a number of interventions to practice the various skills that they will learn throughout the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- A three-day retreat as part of the Spiritual Direction module
- Accommodation costs while staying at the College
- Books and other study materials
- Application for accreditation and membership of EMCC (optional)

Location

Farnham

Mode of Study

Three modules are delivered each year, one per academic term. Most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for membership of the EMCC.

This programme is validated by Middlesex University and is 120 credits at level 6 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

BA (Hons) Top-Up in Spiritual Formation

This programme is suitable for those interested in spiritual formation both for themselves and in helping others that they interact with to grow and develop spiritually.

Entry Requirements

Students are required to have obtained at minimum a Diploma of Higher Education in a related subject, or an equivalent professional qualification.

Programme Content

Students taking this course take six taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Spiritual Direction
- Chaplaincy
- Pastoral Care
- Mentoring and Coaching (successful completion allows students to be accredited with the European Mentoring and Coaching Council (EMCC))

Duration

Two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- A three-day retreat as part of the Spiritual Direction module
- Accommodation costs while staying at the College
- Books and other study materials
- Application and membership of EMCC (optional)

Location

Farnham

Mode of Study

Three modules are delivered each year, one per academic term. Most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for membership of the EMCC, apply for leadership/ministry roles in a church or other Christian or secular organisation, or undertake study at Masters level.



This programme is validated by Middlesex University and is 60 credits at level 7 of the Higher Education Framework.

You will receive a Middlesex award on successful completion.

‘The course has helped open the door for me to volunteer at my local prison chaplaincy.’

Jennie – Postgraduate Certificate in Chaplaincy

Postgraduate Certificate in Chaplaincy

This programme is suitable for those interested in becoming a chaplain or developing themselves in an existing chaplaincy role.

Entry Requirements

Students are required to have obtained a minimum of one of the following:

- A previous degree or equivalent professional qualification, **or**
- At least three years of significant experience in ministry and related life experience

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Chaplaincy

Students will:

- Embark on, and theologically reflect upon, a model of chaplaincy within their own context.
- Discover a variety of models of chaplaincy and understand how their own spiritual formation can benefit those who have yet to connect with the Christian faith.
- Explore pioneering models of chaplaincy in unexpected places alongside contemporary models of traditional chaplaincy within a post-Christendom culture.

Duration

One year part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet.

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Your next steps on completion of the course depend on whether you have taken a 12-month placement alongside your studies. Support and guidance for your placement is not part of the course.

With a 12-month placement

You can apply for recognition from Churches in Communities via Waverley Abbey Ministries (WAM) to become a fully accredited Waverley Abbey Associate Minister or a fully accredited Waverley Abbey Chaplain. Having been in membership of Churches in Communities through Waverley Abbey for at least 12 months as a Waverley Abbey Associate Minister or a Waverley Abbey Chaplain, you can seek to be ordained by Churches in Communities as a Reverend Minister or Chaplain within Waverley Abbey. Completion of the Postgraduate Certificate in Chaplaincy, with a relevant placement, will also enable students to explore chaplaincy in a number of ministry contexts. These contexts fall under two main categories: Regulated (NHS, Prisons, Armed Forces) and non-regulated (schools, retail, sports, private organisations, industrial, community etc). Students who want to serve within the regulated sector will need to meet the specific assessment requirements of the relevant sector they are interested in. This can range from further qualifications (i.e. a diploma in Theology), sector specific training, and/or age limits (i.e. The Armed Forces).

Without a 12-month placement

You can apply for recognition from Churches in Communities to become a Waverley Abbey Associate Minister in training or a Waverley Abbey Associate Chaplain in training.

This programme is validated by Middlesex University and is 60 credits at level 7 of the Higher Education Framework.

You will receive a Middlesex award on successful completion.

*'Incredible learning
experience, led by wise
and caring people.
Highly recommend'*

Nina – MA Therapeutic Counselling and Psychotherapy

Postgraduate Certificate in Pastoral Care

This programme is suitable for those interested in becoming a pastoral carer or developing themselves in an existing pastoral care role.

Entry Requirements

Students are required to have obtained a minimum of one of the following:

- A previous degree or equivalent professional qualification, **or**
- At least three years' significant experience in ministry and related life experience

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Pastoral Care

Students will:

- Understand the difference between pastoral care and counselling
- Value the importance of worship/liturgy in pastoral care
- Understand the importance of congregational life in the delivery of good pastoral care, as well as spiritual formation
- Become more culturally aware

Duration

Up to two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students are required to fund books and have access to a computer and the internet.

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for a role as a pastoral carer in a range of settings. Students could also progress to the MA in Spiritual Formation.

This programme is validated by Middlesex University and is 60 credits at level 7 of the Higher Education Framework.

You will receive a Middlesex award on successful completion.

Postgraduate Certificate in Spiritual Direction

This programme is suitable for those interested in becoming a spiritual director or developing themselves in an existing role.

Entry Requirements

Students are required to have obtained a minimum of one of the following:

- A previous degree or equivalent professional qualification, **or**
- At least three years' significant experience in ministry and related life experience

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Spiritual Direction

Students will learn how to:

- Support and encourage someone in deepening their relationship with God through an enriched understanding of prayer
- Identify faith shifts, transitions and crises, and help people navigate their journey of spiritual development and transformation
- Gain self-awareness in relation to their own faith development and relationship with God through a series of experiential exercises
- Explore their understanding of how God works in and through relational processes

Duration

Up to two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- Accommodation costs while staying at the College
- Books and other study materials
- A three-day retreat as part of the Spiritual Direction module

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next steps

Students could apply for a role as a spiritual director. Students could progress to the MA in Spiritual Formation.

This programme is validated by Middlesex University and is 60 credits at level 7 of the Higher Education Framework. You will receive a Middlesex award on successful completion.

'I have been overwhelmed by the level of input and support, having completed my first module. To receive accreditation for the module external to the course was the icing on the cake!'

Lisa – Postgraduate Certificate in Mentoring and Coaching

Postgraduate Certificate in Mentoring and Coaching

This programme is suitable for those interested in becoming a mentor or coach, or developing themselves in an existing role.

Entry Requirements

Students are required to have obtained a minimum of one of the following:

- A previous degree or equivalent professional qualification, **or**
- At least three years of significant experience in ministry and related life experience

Programme Content

Students taking this course take three taught modules:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Mentoring and Coaching

Students will:

- Be able to apply for professional/vocational accreditation with the European Mentoring & Coaching Council (EMCC) as a result of the module (subject to other checks)
- Embark on a transformative journey, helped by others in the group with mentoring and coaching practice
- Be encouraged with the skills already gained in the area of mentoring and coaching and developing these further.

Duration

One year part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- Accommodation costs while staying at the College
- Books and other study materials
- Application for accreditation by and membership of the EMCC (optional)

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for membership of the EMCC, and apply for leadership/ministry roles in a church or other Christian or secular organisation. Students could progress to the MA in Spiritual Formation.



MA in Spiritual Formation

This programme is validated by Middlesex University and is 180 credits at level 7 of the Higher Education Framework.

You will receive a Middlesex award on successful completion.

‘The course has been a “good kind of hard”... it has challenged and provoked me to greater depth and understanding.’

Jess – MA in Spiritual Formation

This programme is suitable for those interested in spiritual formation, both for themselves and in order to help others they interact with.

Entry Requirements

Students are required to have obtained a minimum of one of the following:

- A previous degree or equivalent professional qualification, **or**
- At least three years of significant experience in ministry and related life experience

Programme Content

Students taking this course take six taught modules in the first two years and a Research Dissertation in the third year. The taught modules are:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Spiritual Direction
- Chaplaincy
- Pastoral Care
- Mentoring and Coaching (successful completion enables students to apply for accreditation with the European Mentoring and Coaching Council (EMCC))

Duration

Three years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- A three-day retreat as part of the Spiritual Direction module
- Accommodation costs while staying at the College
- Books and other study materials
- Application and membership of EMCC (optional)

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Students could apply for membership of the EMCC, go on to leadership or ministry roles in a church or other Christian or secular organisation, or undertake study at doctoral level.



Postgraduate Diploma in Spiritual Formation

This programme is validated by Middlesex University and is 180 credits at level 7 of the Higher Education Framework.

You will receive a Middlesex award on successful completion.

This programme is suitable for those interested in spiritual formation, both for themselves and in order to help others they interact with.

Entry Requirements

Students are required to have obtained a minimum of one of the following:

- A previous degree or equivalent professional qualification, **or**
- At least three years of significant experience in ministry and related life experience

Programme Content

Students taking this course take six taught modules in the first two years and a Research Dissertation in the third year. The taught modules are:

- Framework, Skills and Ethics
- Approaches to Spiritual Formation
- Spiritual Direction
- Chaplaincy
- Pastoral Care
- Mentoring and Coaching (successful completion enables students to apply for accreditation with the European Mentoring and Coaching Council (EMCC))

Duration

Two years part-time

Entry Points

Students can enter the programme at the start of any of the taught modules (at three points during the year).

Assessment

Students will be required to write essays, give presentations and keep a personal journal throughout the duration of the course.

Costs

This course fee is subject to change. Please see the web page for up-to-date information. Students will have to fund the following items:

- A three-day retreat as part of the Spiritual Direction module
- Accommodation costs while staying at the College
- Books and other study materials
- Application and membership of EMCC (optional)

Location

Farnham

Mode of Study

Part-time – most taught modules are delivered in two blocks of three days each.

Next Steps

Go on to leadership or ministry roles in a church or other Christian or secular organisations.

One Day Seminars

Our one-day seminars are for people interested in wellbeing and exploring faith and spirituality.

There are no entry requirements for these courses. The dates and price for each course are updated from time-to-time. Courses are either delivered in person at the Farnham Campus, or via e-learning. Please check the website for more details.



Building community through small groups

How to develop biblical community with wise and godly leadership.

Facilitator: Andy Peck

Who is this for?

Small group leaders and church leaders keen to utilise small groups better, or develop small groups from scratch.

Renewing your mind: What the Bible says

How has God has equipped us all to become like Christ? Discover how the Bible's view of the mind overlaps with the latest teaching of neuro science.

Facilitator: Andy Peck

Who is this for?

Christians who are keen to understand the importance of the mind in spiritual growth.

Understanding the Bible in today's world

Navigate the Bible. Learn tools for wise interpretation and application. Read the Bible for all it's worth.

Facilitator: Andy Peck

Who is this for?

Anyone keen to grasp the outline of the Bible, how it hangs together and how we can interpret it for today.

Quest for a way of life that works

Find a way to root your spirituality in your day-to-day life

Facilitator: Jill Weber, Leader of 24/7 Prayer Seed Community

Who is this for?

Anyone who wants to live with more focus and intentionality. Anyone who is feeling overwhelmed with the demands of life or feel constantly caught up in the 'thick of thin things.'

Spiritual Direction

Cultivate silence, wisdom and discernment. Take your first steps in spiritual direction.

Facilitator: Jenny Campbell

Who is this for?

Anyone wishing to take first steps into understanding the reasons, purposes, and content of spiritual direction in the Christian tradition.

Please check our website for more details on our one day seminars.

waverleyabbeyresources.org/one-day-seminars



Single Module or Continuing Professional Development (CPD) Opportunities

A number of the modules on the Therapeutic Counselling and Psychotherapy can be taken as a single module or CPD.

- Certificate in Counselling Supervision
- Diploma in Counselling Supervision
- Waverley Certificate in Integrating Christian Faith/Religion/Spirituality with Counselling Psychotherapy

Entry Requirements

For Counselling entry requirements please check the website.

The following MA in Spiritual Formation modules can be taken as stand-alone modules or CPD.

- Mentoring and Coaching
- Pastoral Care
- Spiritual Direction
- Chaplaincy

Entry Requirements

There are no formal entry qualifications for any of these Spiritual Formation modules.





Next Steps

Entry Requirements

For any Waverley Abbey College programme, we require individuals to have a reasonable level of spiritual and personal maturity. See our programmes for the different entry requirements of each programme.

Application Process

Applications for our programmes are available on the respective course details pages at waverleyabbeycollege.ac.uk

Please contact us at:

admissions@waverleyabbeycollege.ac.uk or call Admissions on **01252 784731** if you have any questions about the application process.

We will review your application against the entry requirements and will contact you for an interview, as part of the admissions process. You should be notified within two weeks of your interview whether your application has been successful.

Open Days

Dates for our Open Days, which provide an opportunity for you to view the facilities of the College and to meet with tutors, are regularly updated on the College website.

We hope to see you soon at Waverley Abbey College

Further resources

We are Waverley Abbey Trust, a charity serving the global Church with practical resources and teaching, in the areas of spiritual formation, leadership and mental health & wellbeing. We support you to grow in your Christian faith, understand the times in which we live, and serve God in every sphere of life.

Through the resources we provide, the students we welcome to our college, and the visitors we host, we are mobilising a prayerful community rooted in scripture. We share a passion for revival in our communities, across our towns and cities, throughout our nation and to the ends of the earth.

waverleyabbeytrust.org





**WAVERLEY ABBEY
COLLEGE**

Covid-19 Update

Please note that the prospectus outlines the mode of study, which is subject to change in accordance with Covid-19 government guidelines.

Throughout the academic year, the delivery and method of teaching will be regularly reviewed and adapted if needed in line with student needs and changing government guidelines.

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