

RESILIENT NC

Supporting Statewide Efforts to Build Community Resilience

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About this Report

The Kellin Foundation was charged by the Winer Family Foundation to identify community resiliency initiatives across North Carolina and understand how states across the country have implemented statewide efforts for building resilience.

The research team scanned the work of agencies and organizations locally and across the country and interviewed almost 40 key leaders. Information about the initiative was gathered, with a focus on what has worked and lessons learned.

A set of eight initial strategies are recommended for building a Resilient NC. These strategies are intended to be planned and executed across systems and across the lifespan using a science-based, trauma-responsive, and equity focused approach.

What is Community Resilience?

Community resilience is a dynamic process at the community and systems level in which communities respond and adapt to stresses and challenges. The science is clear that resilience is built, and that communities play a key role in promoting safe, secure, nurturing environments for all.

Building a Resilient NC: 8 Strategies



Why Now?

North Carolina has built significant momentum around cross-systems initiatives focused on trauma and resilience. The pandemic has further laid bare the great need for this work. It is critical to align and coordinate this work across the state, and identify additional strategies for continued growth of the movement using lessons learned from across North Carolina and the country.



Read the Report | www.KellinFoundation.org/resilient-nc.html

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