

£7.25

£6.99

£10.99

£12.99

£11.99

£11.50

£11.50

### RISE 'N' SHINE PREAKFAST

SERVED ALL DAY. VEGETARIAN AND VEGAN OPTIONS AVAILABLE.

#### MORNING GLORY MUFFIN

English muffin, sausage patty, bacon, egg, homemade rosti & cheese. Served with a hash brown.

### AVOCADO TOAST 📝

Smashed avocado on toasted sourdough.

Extra toppings: Bacon, halloumi, egg, vegan bacon, hash brown, homemade rosti, chorizo: £1.50. vegan Sausage, vegan mozzarella, vegan cheddar: £1.70

### PURGERS

GLUTEN-FREE OPTIONS AVAILABLE

### THE ORIGINAL BURGER

Lincolnshire beef patty, American cheese, lettuce, pickles, onions and our original burger sauce.

### THE DOUBLE-DECKER

Double beef burger, bacon, American cheese, lettuce, onions and burger sauce.

#### **BUTTERMILK CHICKEN**

Our own buttermilk marinated chicken thigh, crispy bacon, chipotle mayo and lettuce.

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GLUTEN-EREE OPTIONS AVAILABLE

#### $\mathcal{V}$ MEATLESS BURGER

A plant based burger patty, cheese, lettuce, tomatoes and our original burger sauce.

### 'IT'S NOT CHICKEN' BURGER 🌾

A plant-based fried chicken style burger with chipotle mayo, 'THIS Isn't Bacon' and shredded lettuce.

Extra toppings: Bacon, halloumi, egg, vegan bacon, hash brown, homemade rosti, chorizo: £1.50. vegan Sausage, vegan mozzarella, vegan cheddar: £1.70

### JUMPO HOT DOG

TRADITIONALLY MADE FRANKFURTERS: ASK STAFF FOR THE HOT DOG FLAVOUR OF THE WEEK.

VEGAN AND GLUTEN-FREE HOT DOG AVAILABLE.

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£4.25
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£7.99

£7.99

### SALADS

GLUTEN-FREE, VEGAN AND VEGETARIAN OPTIONS AVAILABLE

### HARISSA SWEET POTATO SALAD

Roast sweet potato with kale and mixed leaves. Served with feta cheese, pomegranate, and a maple, spring onion and garlic dressing.

### **BROCOLLI AND KALE SALAD**

Grilled tenderstem brocolli, pickled red cabbage, lentils and chickpeas. Served with a feta and a chipotle, paprika and honey dressing.

..... Extra toppings £1.50; feta cheese, bacon, halloumi, avocado, vegan bacon and vegan feta. .....

We aim to cater for most dietary requirements to the best of our ability with a range of gluten-free, vegetarian and vegan alternatives. However, please be advised that we cannot guarantee that food is prepared in an entirely nut or gluten free environment. Please enquire with staff if you have special allergies; we are here to help.

### SMALL PLATES

#### HALLOUMI FRIES £4.99 With toasted sesame seeds and chilli jam.

#### QUESADILLAS

An assortment of grilled corn tortillas:

- Black bean and feta.

- Chipotle chicken and cheese.

- 3 cheese and jalapeño.

Served with fresh guacamole and tortilla chips.

VEGAN OPTIONS AVAILABLE

#### **BAO BUNS**

Steamed hirata buns with your choice of either pulled beef or vegan jackfruit. Served with crushed peanuts a soy dip.

#### CAULIFLOWER WINGS V £5.99

Tempura cauliflower with our sweet chilli sauce. Toasted sesame and spring onion.

### CHILLI AND CORNBREAD

Mixed bean and sweet potato chilli con carne served with homemade cornbread. VEGAN OPTION AVAILABLE.

### TOFU BITES V

Tofu bites with our sweet chilli sauce. Served with toasted sesame seeds and spring onions.

### HOMEMADE SOUP OF £4.99 THE DAY

GLUTEN EREF OPTIONS AVAILABLE

SKIN-ON-FRIES	£1.99
HAND CUT AND TRIPLE COOKED.	
SWEET POTATO FRIES	£2.99
DIRTY FRIES	£4.99

Fully loaded with your choice of either vegan jackfruit or pulled beef. Topped with grilled cheese, onions, gochujang ketchup and sweet mustard.

#### £8.25 CHICKEN SHAWARMA

MARINATED AND GRILLED CHICKEN THIGH ON A SKEWER. SERVED WITH FLATBREAD, CRUNCHY SALAD AND A FRESH GARLIC AND YOGHURT DIP.

## SANDWICHES

GLUTEN FREE OPTIONS AVAILABLE

### **BLT TOASTED CLUB**

A large 3-tier sandwich with back bacon, lettuce, tomato & mayo. £5.50

### SANDWICHES

Choose from either: tuna & Cucumber, egg mayo or cheese.

### **VEGAN MOZZARELLA AND TOMATO** CIABATTA

£5.99

£6.99

GLUTEN FREE OPTIONS AVAILABLE

FRIES

SERVED WITH BREAD

£6.99

£5.50

£6.99

£7.50

# RISING CAFE DRINKS MENU

LONG BLACK	£2.90
AMERICANO	£2.90
AMERICANO WITH MILK	£3.10
FLAT WHITE	£3.10
CAPPUCCINO	£3.10
CORTADO	£3.00
MACCHIATO	£3.00
ESPRESSO	£2.40
мосна	£3.50
LATTE	£3.10
	£3.10
	£3.99
SINGLE ORIGIN HOT CHOCOLATE	
Venuzuela (58% cacao) smooth	
Peru (70% cacao) dark	
Ivory Coast - white	£3.60
	£3.60
TURMERIC LATTE	£3.60
PURE GRADE MATCHA	£4.25
CHAI LATTE	E4.25
DIRTY CHAI LATTE	
Chai served with cinnamon and espresso.	
COFFEE SYRUPS: (50P) HAZELNUT, BISCOFF, CH SALTED CARAMEL & VANILLA. ALTERNATIVE MILK (40P) Cream (50p)	OCOLATE,

## COLD DRINKS

<b>CO 170</b>
£2.70
£2.10
£2.60
£2.20
£2.10
£3.80
£3.80

### SMOOTHIES

£4.99

SUPER GREEN

Avocado, spinach, spirulina, basil, apple and lime.

**GINGER BEETS** Ginger, beetroot, pineapple and blueberries.

STRAWBERRY FANTASY

Strawberry and Banana

ACAI KICK Acai, strawberry, blueberry and mango.

## LOOSE-LEAF TEA

£2.60

### **BLACK TEA**

ENGLISH BREAKFAST:

A traditional blend of Sri Lankan broken leaf tea. EARL GREY:

Ceylon tea, vanilla and blue cornflowers.

CHAI:

A medium-bodied black tea with fragrant cinnamon, cardamom, ginger and clove.

CHOCOLATE DIGESTIVES: Sri Lankan black tea, cocoa shells, fenugreek, cocoa nibs and liquorice root.

### **GREEN TEA**

GORGEOUS GEISHA: A fruity blend with sencha, strawberries & cream. JADE MOUNTAIN: A nutty blend with roasted rice, hazelnut praline & cocoa. JAPANESE SENCHA: Pure green tea. JASMINE TREASURES: Chinese jasmine green tea, ginger, goji berry, ashwagandha and jasmine blossom.

### **OOLONG TEA**

BRIGHTON ROCK: Chinese Ti Guan Yin oolong, peppermint, red peppercorns, blue pea flower and sprinkles. COCONUT MILK OOLONG Taiwanese oolong, coconut flakes and desiccated coconut.

### **ROOIBOS TEA**

CAFFEINE FREE

BREAKFAST'S READY HONEY: A sweet blend of rooibos, honey bush and sunflower petals. GINGERBREAD STICKY CHAI: A spicy and sweet blend of rooibos, cardamom, cinnamon, fresh ginger, vanilla pieces, mallow flowers, fennel, cloves, coriander, peppercorns and wildflower honey.

### HERBAL & FRUIT TISANES

CAFFEINE FREE

PEPPERMINT LEMON & GINGER COLD WEATHER WARRIOR: Peppermint, eucalyptus, aniseed, lemongrass, echinacea and

chilli. STRAWBERRY LEMONADE: Apple pieces, hibiscus, elderberries, blackberry leaves, lemon slices & orange peel.

