



**2023 Canada Games Centre Invitational Meet**  
**Canada Games Centre, Halifax, NS**  
**Sunday, July 30<sup>th</sup>, 2023**

**Host:**

Canada Games Centre Swim Academy

**Location:**

Canada Games Centre  
26 Thomas Raddall Dr, Halifax, NS B3S 0E2

**Co-Meet Managers:**

Jillian Claxton:

[claxtonj@canadagamescentre.ca](mailto:claxtonj@canadagamescentre.ca) &

Ramie Wang: [ramieybwang@gmail.com](mailto:ramieybwang@gmail.com)

**Head Official:**

Lilani Kumaranayake: [Lilani.Kumaranayake@novascotia.ca](mailto:Lilani.Kumaranayake@novascotia.ca)

**Facilities:**

8-lane, 25 metre pool.

**Facility Rules:**

Full pool deck access is for swimmers, coaches and officials working the designated session. Guardians/spectators must enter the pool deck through the changerooms past the gates and remain in the designated spectator area(bleachers) on deck. Please be mindful regarding spectating and limit your time to your swimmers' events.

**Pets are not permitted inside the facility.** Washroom and changing areas will be available inside the facility. There is no smoking/vaping on the property or in the facility. Personal tent may be set up on the front lawn of the centre.

**Canteen:**

Canada Games Centre is unable to provide a canteen. Subway is onsite and will be available for breakfast and lunch. Preordered platter lunch options are also available. Order form will be sent out closer to the Meet.

**Parking:**

Parking is available in the Canada Games Centre parking lot. Please do not park in the fire lane beside the front entrance.

**Warm-Up & Meet Start Times:**

Warm-ups: 7:30am

Meet Start: 8:45am

**Entries:**

Deadline for entries is **Thursday, July 27<sup>th</sup>, 2023 @ noon.**

Entries must be e-mailed to

[summerswim@sportnovascotia.ca](mailto:summerswim@sportnovascotia.ca). Entries must be submitted in hytek format, if your club does not own hytek team manager then please email an excel spreadsheet and include the following: complete swimmer names, genders, date of birth, event #, event, entry time. Age Group Swimmers may swim in three (3) individual events and one (1) relay event. Participation Swimmers may swim in four (4) individual events.

**Officials:**

Please submit the list of officials (including their level and preferred position(s)) your club will be providing via e-mail to Lilani: [Lilani.Kumaranayake@novascotia.ca](mailto:Lilani.Kumaranayake@novascotia.ca) by **Wednesday, July 26<sup>th</sup>, 2023**. The first draft of the list of officials will be sent out the following day with the meet reports.

**Meet Rules:**

Current Swimming Canada rules will govern the meet. [The Swimming Canada Warm-Up Safety Procedures will be in effect.](#)

**Eligibility:**

Age categories: 10 & Under, 11-12, 13-14, 15 & Over (will be scored 15-16 & 17-18) All swimmers must submit official entry times (NT entries are not permitted) for individual events. These times can be from the previous season or times achieved in club time trials or in practice. For relay events please use the following formula if you do not have a relay time: take 45% of the 100m time to calculate the 50m time.

**Age Determination:**

The age of the individual as of June 30<sup>th</sup> at 11:59pm of the current season will determine the age group of the individual. Special requests may be brought forward to Swim Nova Scotia by a club president for consideration.

**Awards:**

Ribbons will be awarded for 1<sup>st</sup>-8<sup>th</sup> place for individual events.

## 2023 Canada Games Centre Invitational Meet Order of Events

| Warm-Ups: 7:30am |            |                                    | Meet Start: 8:45am |      |
|------------------|------------|------------------------------------|--------------------|------|
| Girls Events     | Age Group  | Event                              | Age Group          | Boys |
| 101              | Open       | Participation Mixed 25m Backstroke | Open               | 101  |
| 1                | 10 & Under | 25m Backstroke                     | 15 & Over          | 2    |
| 3                | 11-12      | 50 Backstroke                      | 11-12              | 4    |
| 5                | 13-14      | 100m Backstroke                    | 13-14              | 6    |
| 7                | 15 & Over  | 100m Backstroke                    | 15 & Over          | 8    |
| 102              | Open       | Participation Mixed 25m Butterfly  | Open               | 102  |
| 9                | 10 & Under | 25m Butterfly                      | 10 & Under         | 10   |
| 11               | 11-12      | 50 Butterfly                       | 11-12              | 12   |
| 13               | 13-14      | 50 Butterfly                       | 13-14              | 14   |
| 15               | 15 & Over  | 50m Butterfly                      | 15 & Over          | 16   |
| 17               | 10 & Under | 100m Individual Medley             | 10 & Under         | 18   |
| 19               | 11 & Over  | 200m Individual Medley             | 11 & Over          | 20   |
| Lunch Break      |            |                                    |                    |      |
| 103              | Open       | Participation Mixed 50m Freestyle  | Open               | 103  |
| 21               | 13-14      | 50m Breaststroke                   | 13-14              | 22   |
| 23               | 15 & Over  | 50m Breaststroke                   | 15 & Over          | 24   |
| 104              | Open       | Participation Mixed 100 IM         | Open               | 104  |
| 25               | 13-14      | 100m Freestyle                     | 13-14              | 26   |
| 27               | 15 & Over  | 100 Freestyle                      | 15 & Over          | 28   |
| 29               | 12 & Under | 100m Freestyle                     | 12 & Under         | 30   |
| 31               | Open       | 200m Freestyle Relay               | Open               | 32   |
| 33               | Open       | 100m Freestyle Relay               | Open               | 34   |