



Dr. Shanita Brown

SPEAKER | COUNSELOR | EDUCATOR

Dr. Shanita Brown is a speaker, board certified licensed clinical mental health counselor and educator that believes in fostering transformative and empowering dialogue about intimate partner violence, Black women and mental health wellness.

With over 15 years of experience in the clinical mental health field, Dr. Brown is carving out an important dimension within counselor education, the Black community, and counseling profession by intersecting Black women, domestic violence, spirituality, and mental health. She is passionate to break the silence and empower change through education, empowerment and clinical services.

She is a sought out expert in mental health wellness, domestic violence and Black women. She is a servant leader dedicated to disseminating her work in a variety of ways to increase awareness and influence the next generation of advocates and leaders. Dr. Brown's extensive service includes work with the N.C. Domestic Violence Commission Taskforce, and most recently served on the Board of Directors for N.C. Coalition Against Sexual Assault, and National Board for Certified Counselors Minority Fellowship Advisory Council. Dr. Brown has traveled throughout the country providing educational workshops and presentations to diverse audiences, including mental health professionals, collegiate campuses, advocates, faith leaders, and professional athletic organizations. She has received numerous awards, most recently the 2021 Jane E. Myers Counseling in Wellness Award by the North Carolina Counseling Association.

Available as a keynote speaker, panelist, workshop facilitator, consultant and trainer.



2K



1K



360



1.4K

As Featured On & Partnerships:



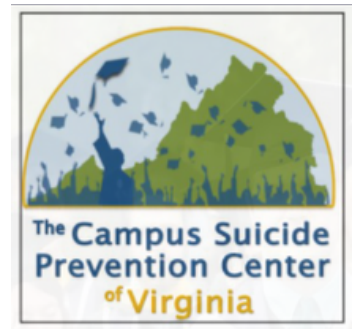
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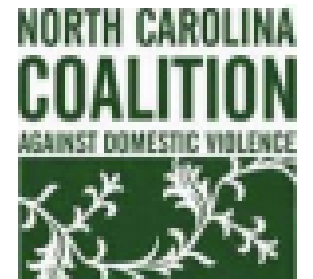


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A CALL TO MEN

The Next Generation of Manhood



NORTH CAROLINA COUNSELING ASSOCIATION



NASPA Student Affairs Administrators in Higher Education

THERAPY for BLACK GIRLS

MOST REQUESTED TOPICS

As a speaker and trainer, Dr. Brown utilizes a blend of research, theory, clinical training, media and compelling narratives to foster dialogue and positive change. Dr. Brown captivates audiences with fresh perspectives allowing individuals to leave with practical insight. Dr. Brown's expertise ranges from violence against women and girls, particularly women of color, mental health wellness, and engaging faith communities in IPV prevention.



- **LevelUp: Enhancing the Collegiate Campus's Response to Domestic & Sexual Violence:** Strategies to strengthen campus resources for survivors of domestic & sexual violence.
- **Engaging the Faith Community Response to Domestic Violence:** Examines systemic barriers, the Black Church, cultural specific interventions and best practices for faith leaders to develop a sanctuary of healing, support and peace.
- **Creating Culturally Relevant Student Programming in Higher Education:** Culturally responsive practices that positively cultivate safe spaces for students of color.
- **Other topics include:** Best Clinical Practices for Serving Black Survivors of Domestic & Sexual Violence, If It Isn't Love: Healthy v. Unhealthy Relationships, I'm Drowning and Can't Get Up: Stress Management Tools for Thriving, Coping with Racial Microaggressions, Transforming Trauma Into Triumph

TESTIMONIAL

Dr. Shanita Brown is beyond phenomenal as a counselor, speaker, and author. She constantly engages her mastery of knowledge around sexual assault, and domestic, sexual, and intimate partner violence to ensure it resonates with the audiences she encounters. Her contributions are always spot on and her engagement on our panel for the film "What's Love Got To Do With It?" were invaluable and connected to our audience of students, staff, and faculty members in ways that challenged the dominant narrative regarding how violence manifests.

DR. ANGELA GAY

ASSISTANT DIRECTOR OF THE WOMEN'S CENTER,
NC STATE UNIVERSITY

LET'S CHAT!



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