

CONSULTATION SERVICE DELIVERY MODEL

pragmatic - strengths based - holistic

INDEPENDENT LEARNING PATHWAY*

	content	resources	time
ORIENTATE	<ul style="list-style-type: none"> • Understanding neurodiversity • Hopes & wishes • Needs & wants • Obstacles & challenges • Strengths & passions 	Follow-up consultation notes with findings & recommendations	One off session 1.5 > 2 hours in-person 1-hour follow-up notes
NAVIGATE	<ul style="list-style-type: none"> • Managing neurodiversity • Transitions & connections • Course choices & expectations • Support avenues & funding 	Follow-up consultation notes with goals, tasks, tips, & recommendations	One to two sessions 1.5 > 2 hours in-person 30 min > 1-hour follow-up notes
DEVELOP	<ul style="list-style-type: none"> • Academic skills & strategies • Workload management • Coursework & exam tips • Self-management • Assistive technology & tools 	Follow-up consultation notes with targeted micro-goals, tasks, tips, & recommendations	Sessions targeted to need 45 min > 1-hour in-person 15 min > 30 min follow-up notes
TRACK	<ul style="list-style-type: none"> • Resilience & wellbeing • Goal-keeping • Scheduling • Sustaining focus 	Brief follow-up notes with targeted micro-goals, tasks, tips, & recommendations	Fortnightly sessions (or flexible) 30 min > 1-hour in-person 15 min follow-up notes

*Wired Consulting uses a needs-based approach so services may not always be linear.