Elementary School Family Life Education
Instructional Topics

+Lessons taught by classroom teacher
*Boys and girls taught separately

**Grade K**
+ Germ awareness and appropriate actions
+ Importance of family relationships and support
+ Privacy of one’s own body
+ Awareness of the differences between good and bad touches

**Grade 1**
+ Germ awareness and appropriate actions
+ Tips to promote personal safety
+ Privacy of one’s own body
+ Awareness of the differences between good and bad touches

**Grade 2**
+ Germ awareness and disease prevention
+ Assertiveness, safety skills, and stranger awareness (including awareness and strategies needed to avoid exploitation & abuse)

**Grade 3 (one 60 minute lesson)**
+ Germ awareness and disease prevention
+ Awareness and strategies needed to avoid exploitation and abuse
* Positive self-image - characteristics and attributes
* Correct terminology for body parts, including private body parts
* Privacy of one’s own body parts
* Good touch, bad touch
* How to identify inappropriate touches and confusing situations

**Grade 4 (one 90 minute lesson)**
+ Awareness of stranger danger and ways to stay safe
+ Awareness of and responding to various types of harassment
+ Awareness and strategies to prevent exploitation and abuse
* Mental, emotional, and social needs
* Physical and emotional changes associated with puberty
* Reproductive anatomy and functions

**Grade 5 (two 90 minute lessons)**
+ Awareness and strategies to prevent exploitation and abuse
* Review of puberty and reproductive anatomy and functions
* Human reproduction
* Basic principles of heredity
* Fetal development
* Sexually transmitted infections, including HIV/AIDS